

Glastonbury Athletics Department

Sports Information Night

The following topics will be covered during the Athletics Sports Information Night, along with team rules and expectations.

Rules of Eligibility- GHS and CIAC

- ❖ You are eligible to participate in GHS athletics if:
 - o You are enrolled in and maintaining a minimum of six (6) credits a year
 - o You have passed at least four units of work (credits) at the end of the last regular marking period as of the official day grades are issued, with the exceptions of fall eligibility.
 - Marking period grades, not semester grades, are used to determine scholastic eligibility.
 - For fall eligibility, students have received credit for four (4) units (credits) at the close of the previous year.
 - Scholastics failures cannot be made up for eligibility purposes in any manner until the next marking period closes and grades are official.
 - Incompletes must be made up within 10 days following the date grades were official.
- ❖ For questions about academic eligibility, speak with the athletic director or your school counselor.

❖ A document is posted on the GHS Athletics Website explaining the [CIAC's Rules of Eligibility](#). In addition to the academic eligibility items listed above, here are a few rules we will highlight:

- o In addition to the academic requirements above, you are eligible to participate in athletics if:
 - You are 19 years of age or younger and will not turn 20 years old during a season
 - You changed schools with a change of legal address
 - You have not been in attendance for more than eight (8) semesters.
 - You do not practice with an outside team in the same sport while a member of the school team after the first scheduled game in any season, with few exceptions in the sports of cross country, golf, swimming, tennis, gymnastics, indoor and outdoor track.
 - Your work habits and conduct both in and out of school make you worthy to represent the ideals, principles and standards of GHS
- o Please reach out to the athletic director with any questions on any of these items.

Physicals:

Physicals for athletic purposes are valid for a period of 13 months. Athletes who have physicals that expire during the season will be required to submit an updated physical to the athletic department, to avoid disruption to their participation. Once the physical has

expired, the athlete will not be eligible to participate in any capacity until a new physical has been submitted.

School Attendance:

- ❖ Attendance is expected at all times. Students must meet the minimum daily requirements in order to be eligible to participate in after school activities.
- ❖ If a student-athlete is sent home by the nurse, he or she may not return for any after school activities, including practices and games.
- ❖ Uniforms may not be used for PE classes.
- ❖ Any extenuating circumstances with regard to meeting the full day requirements must be pre-approved. This can be done by contacting the athletic department.

School Suspensions:

- ❖ Student-athletes who are suspended from school are not permitted to participate in any game, contest, practice or school activity, nor may a student appear on school grounds or at a school activity on any day while suspended from school. This includes away contests.
- ❖ The suspension is in effect until the student is readmitted to classes.

Study Hall

- ❖ Student-athletes must be supervised at all times while on school grounds.
- ❖ Student-athletes who stay after school for practices that don't begin at 2:30 pm must check in at study hall immediately after dismissal. Study hall is available until 4:00pm.

- ❖ There is no expectation on you to do school work however you do need to create a quiet environment where others can do their work.
- ❖ Behavioral issues in study hall may result in students being excluded from practice that afternoon and sent home.
- ❖ Study hall is located in F205/F207. Listen to the daily announcements for any change of location of the study hall.

Substance Abuse:

The use, possession or distribution of drugs and alcohol as well as other illicit drugs and drug paraphernalia will result in your dismissal from the team. Use, possession or distribution of tobacco products or paraphernalia will result in a two week suspension from your team. As per Board of Education policy, e-cigarettes, vaping products and paraphernalia are included in the tobacco policy.

- ❖ You should also know that your actions when not in season or between seasons for example, can result in your inability to participate fully in the next season.
- ❖ Again, if you violate the code of conduct as described in the handbook while not in season or in between the season, your participation in the next season can be impacted.
- ❖ Athletes who violate the substance abuse policy while serving as a captain will lose that leadership position. Athletes who violate the policy cannot serve as a captain for the remainder of their career.

- ❖ Make good choices, refrain from the social temptations and put your best self forward as you have committed.

Transportation:

- ❖ Transportation is provided to and from athletic contests.
- ❖ Student-athletes are expected to ride the bus both ways.
- ❖ **If alternate arrangements are necessary, parents should complete the alternate transportation form located on the team page on the athletic website.**
- ❖ Students may be released to their parents/guardians only.
- ❖ Student athletes are not permitted to drive to and from athletic contests. The exception to this is in town practices and games

Pick up/drop off:

- ❖ **When picking up your student athlete, we ask that you please use the parking lots and not the access road outside of the gymnasium. When picking up at the field house, please use legal parking spots and do not block the driveway and/or crosswalks.** This helps to create a safe and efficient flow of traffic at a very busy time of day. This is especially important during the winter season when it is darker, earlier.

Athletic Trainers/Insurance

- ❖ We have welcomed new athletic trainers Mr. Abraham and Ms. Sides.
- ❖ The athletic trainers schedule is posted weekly (on the practice schedule [available online](#)). It typically includes coverage Monday through Friday and Saturdays when necessary.
- ❖ The schedule is based on the game and practice schedule.
- ❖ Student-athletes who need treatment should see the athletic trainers in the high school office immediately after school.
- ❖ **In the event of a serious injury, the school district does have secondary insurance coverage. While every effort will be made to share this information with parents at the time of injury, it is important that you contact the athletic department to initiate the claim process.** A simple phone call will start the process. Any questions should be directed to the athletic director.

Game Day- Tickets/Spectators

- ❖ Tickets will be sold through the district's ticketing platform, TicketLeap, for all varsity ice hockey and basketball games. Tickets must be purchased [online](#). **We do not accept cash at games.**
- ❖ Booster passes will be accepted at all regular season home games. Admission will be provided to immediate family members only. You must have your booster pass on you at the gate. **Photo copies are not acceptable.** High school aged students of families with passes can stop by the athletic department for a sticker that can be shown in lieu of a booster pass. The form to purchase a Booster Pass is available

on the athletic website. Passes are: \$75 for an annual membership, \$250 for a lifetime membership.

- ❖ Students middle school aged and younger will not be admitted to games without adult supervision. Adults must stay for the duration of the game when accompanying these students to the game.

Game Day- Parking Challenges

- ❖ When attending games or events on campus, all spectators, fans, athletes and coaches are expected to park in designated spaces in the various lots around the school and field.
- ❖ At the fieldhouse- there is no parking permitted in the turn around at the end of the fieldhouse (jr. lot). Additionally, cars should not park on the grass, inside the gated area or in any other area marked with no parking signs, identify emergency access or fire lanes. This includes directly in front of the field house. This creates a safety hazard and or may prevent emergency vehicles from accessing the facilities as needed.
- ❖ At the gym/school building, vehicles should not park or stand on the access road when dropping off items or waiting for your student-athlete. Instead, please utilize the senior or staff parking lots located directly across or adjacent to the gym.

Game Day- Volunteers on Fields/Court

- ❖ Only authorized personnel will be permitted on the game field/inside the fence area for all athletic contests.
- ❖ Each team may appoint one (1) team photographer. Our opponent will be afforded the same opportunity.
- ❖ Sideline passes will be issued to each team to be given to the appointed photographer.
- ❖ **Photographers may not stand behind team benches or anywhere that interferes with site management.**

Other Questions

- ❖ Reach out to a member of the athletic department.