

# Open Educational Resources for Personal Development

## [Education and Career Planning Open Course](#)

This online course, Education and Career Planning, is a unique open course which is the result of a collaboration between 7 colleges and BCcampus Open Education. The goal of Career Planning is to enhance the life and employment readiness skills of adult learners. Students will be prepared to pursue occupational and educational goals in a changing and diverse world. The topics include career exploration, communication skills, personal awareness, living skills, job search, interpersonal skills, and career management.

## [How To Learn Like A Pro!](#)

Features the “big six” effective learning/study skills topics: learning styles and preferences, time and materials management, critical thinking and reading, note-taking, memory principles, and test-taking techniques. Each of the six units featuring a combined total of twenty-three lessons and accompanying exercises (with a dash of humor here and there) were developed with the diverse student body of the community college in mind as well as learners in other educational venues.

## [Student Success Handbook](#)

A PDF for students taking a personal development course and wish to be successful in college. Units/chapters contain such topics as study skill techniques, self-awareness (the power of positive self talk, cultural diversity, self-responsibility, self-empowerment, a personal plan of action, choosing your major, and other strategies for student success.

## [University Success](#)

A digital textbook that students can access for free that provides a how-to manual for navigating life during college or university.

## [A Guide for Transitioning to College for Non-traditional Students](#)

A site that offers free access to a digital textbook, aiming to help non-traditional students navigate life in college.

## [Blueprint for Success in College and Career](#)

A site offering free access to a digital textbook that teaches students on how to remain successful in college and career life.

## Other OER Resources

- *Modifying an Open Textbook: What You Need to Know*,  
<https://press.rebus.community/otnmodify>
- InfoKit on Open Educational Resources,  
<https://www.jisc.ac.uk/guides/open-educational-resources>

# Textbook Affordability Program

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## Background

In [response to student concerns](#) about the current price of course materials, SBCC has secured a grant to provide professional development opportunities and support for faculty interested in switching from high-cost, traditionally published textbooks to free or low-cost Open Educational Resources.

Please consult the [flow chart and stipend structure](#) for Open Educational Resources adoption guidelines and incentives.

## Get Help

- For questions about OER, stipends, and the SBCC Textbook Affordability Program contact program coordinator [Camerin Poulson](#)
- For assistance finding OER and supplemental library materials contact Reference Librarian [Michelle Bone](#), Instruction Coordinator Librarian [Ellen Carey](#), or [Camerin Poulson](#).
- For technical and design assistance incorporating OER into your course contact the [Faculty Resource Center](#).
- For questions about how to offer print copies of your OER through the bookstore contact [Shane Bandy](#)

- To get a print copy of your OER placed on the library reserve contact [Camerin Poulson](#).
- For questions about acquiring accessible OER materials to support students with disabilities please contact [Laurie Vasquez](#), Assistive Technologies Specialist. To understand the interaction between accessibility and OER materials please use the [accessibility checklist](#) as a guide.