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***No More Excuses* Action Plan Template**

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Goal / Expected Outcome: *List your "big" goal here*

Action Steps	Responsible	Deadline	Resources	Potential Barriers	Result
<i>What Will Be Done?</i>	<i>Who Will Do It?</i>	<i>By When?</i>	<i>What do you need to complete this step? (People, money, tools, etc.)</i>	<i>What could get in the way of task completion? How will you overcome them?</i>	<i>What is the outcome of the task?</i>

>>> In depth action planning training is available. I'll take you by the hand and walk you step-by-step through getting it done. Click here >> <http://www.deniseoberry.com/ap-oto>