

FOR IMMEDIATE RELEASE
Media Contact: Megan Lowe
meganlowedances@gmail.com
909-859-9069

Megan Lowe Dances presents:

Action Potential

*A site-specific dynamic dance and live music adventure created for
Emeryville's Athletic Playground*

August 17th-25th, 2019

Saturday 6:00pm & 8:00pm | Sunday 7:00pm



at the Athletic Playground

Tickets: actionpotential.eventbrite.com

Action Potential is a site-specific dynamic dance and live music adventure by [Megan Lowe Dances](#), created for Emeryville's [Athletic Playground](#). Audiences will be led on an innovative journey through the rooms of Athletic Playground, while dancers artfully activate ladders, planks, bars, mats, blocks, lofts, walls, and each other. Megan, [Sonsheree Giles](#), and [Shira Yaziv](#), join together for six energetic, athletic, and virtuosic performances, demonstrating prowess in site-specific dance, contact improvisation, and dynamic partnering. [Girl Swallows Nightingale](#) will paint a vivid musical canvas that shifts its colors between modern rock, jazz, theater, funk, and pop, to underwater soundscapes and dreams of outer space. Witness one of six invigorating shows—August 17th-25th, Saturdays 6pm/8pm and Sundays 7pm—and watch a space come to life and transform.

After Megan, her partner, and roommate experienced a life threatening assault and home invasion while saving two strangers' lives from an enraged attacker, Megan attributes having healthy active bodies as a primary reason why they were able to make it through this horrific moment in time without more damage, and for the potential to take action to help shield those in need from further harm. As they continue to heal physically, financially, and emotionally, the process of creating dance with people Megan loves has helped her process this trauma, and move forward. In *Action Potential*, performers channel their inner superheroes, climbing, lifting, assisting, jumping, and flying.

--

ABOUT MEGAN LOWE DANCES

Megan Lowe Dances (MLD) is committed to investigating, highlighting, and relating to others and to spaces in unique ways through movement. Promoting the visibility and viability of dance, they aim to create stimulating perspective shifting performances that are exciting and accessible to a variety of audiences. MLD seeks to create innovative dances outside of the traditional proscenium stage theater, and for unique architectural spaces both indoors and outside, giving viewers alternative ways of viewing dance, and the environment around them. With each location, they dive in and create a work specific to that place and time by drawing inspiration from its architecture and history—by climbing, falling, and folding into and out of those floors, walls, windows, stairs, ledges, edges, and bodies, testing the laws of physics.

Founded by Megan Lowe in 2013, MLD creates works presented both live and on film, and their dances have been seen at the Athletic Playground, Bandaloop Studio, Finnish Hall, Animate Dance Festival, Red Poppy Art House, California Memorial Stadium Club, Community Music Center, Subterranean Arthouse, Tiny Dance Film Festival, San Souci Festival of Dance Cinema, and SAFEhouse Arts. They are constantly on the search for new discoveries through proficient movement generation, risk-taking, tackling unusual physical situations and coming up with compelling solutions. Megan's process thrives off of collaboration, prioritizing creating relationships of respect, generosity, and gratitude for each individual worked with, and she facilitates that energy throughout the group dynamic. She feels a tightly-knit group insures a flourishing process, that is palpable for the viewer in the product of performance. Through deep connections in conversation with the space and collaborators, audiences are invited to witness and freely interpret the happening—each viewer is encouraged to have a unique experience unto themselves. The world is a cascading puzzle, and the movers of Megan Lowe Dances are pieces that are constantly seeking new ways to fit with the elements around them.

KEY COLLABORATORS

MEGAN LOWE is a performing artist, dancer, choreographer, singer, teacher, and administrator. She continues to create her own works through Megan Lowe Dances, presented both live and on film, as well as making collaborative works with dance-artist, Sonsherée Giles. Megan has performed with Flyaway Productions, Scott Wells & Dancers, Kambara + Dancers, Miriam Wolodarski/Sense Object, Nancy Karp + Dancers, Lizz Roman & Dancers, Epiphany Productions, Dance Brigade, and more. She is a Teaching/Choreographing Artist for Joe Goode Performance Group, Bandaloop, and Flyaway, teaches semesterly masterclasses at UC Berkeley, and has also taught for wcciJAM, the Finnish Hall, Shawl-Anderson Dance Center, and for Athletic Playground with Shira Yaziv. Megan is a UC Berkeley Alumni with degrees in Psychology and Theater, Dance, & Performance Studies, where she currently works as the Office Manager. She has been included in nominations for numerous Isadora Duncan Dance Awards for Outstanding Performance. mloedances.wix.com/meganlowe

SONSHERÉE GILES is a dancer, choreographer, teacher, costume designer, and founder of the collaborative container, This Sweet Nothing. She enjoys making dances based on the observation of animals, landscapes, art history, and daily life experiences. Sonsherée has an MFA in performance/choreography from Mills College and from 2005-2015, she was a performing/teaching artist with AXIS Dance Company. In addition to dancing with MLD, Sonsherée has performed with Flyaway Productions, Lizz Roman & Dancers, Nancy Karp + Dancers, and more. She has taught contemporary dance in public school systems, institutions, dance festivals, and universities. Sonsherée has received an Isadora Duncan Dance Award for ensemble performance, and a Homer Avila Award for Excellence in the field of integrated dance. sonshere.com

SHIRA YAZIV is a dancer, teacher, bodyworker, and facilitator. She enjoys encouraging people to be in their bodies while learning new skills, being creative, listening and adapting to the changing present moment. Shira is the co-founder and owner of Athletic Playground, a dynamic indoor place-space, inspiring physical play through a wide variety of movement classes. She offers private sessions, weekly group classes, workshops, bodywork sessions, and yearly retreats. In addition to dancing with MLD, Shira has performed with Scott Wells & Dancers, Sebastian Grubb/BodyWagging, Zoe Klein Productions, and more. shira.yaziv.com

GIRL SWALLOWS NIGHTINGALE was hatched when Marica Petrey wrote too much music for one of her fantasy film projects and made it the perfect excuse to start a band in Oakland. With songwriting inspired by Japanese folklore, anime, science fiction, and epic saga, GSN conjures a cinematic experience, painting a vivid musical canvas that shifts its colors between modern rock, jazz, theater, funk, and pop, to underwater soundscapes and dreams of outer space. In addition to leading GSN, Marica is an award winning filmmaker, a journalist for CALIFORNIA Magazine, and founder of RADIX Troupe Productions. girlswallowsnightingale.com

PRESS PHOTOS

[Click Here for Downloadable Press Photos](#)

FACT SHEET

What:

Performances of *Action Potential*, a site-specific dynamic dance and live music adventure created for Emeryville's Athletic Playground, presented by Megan Lowe Dances.

Who:

Directed by: **Megan Lowe**

Dance by: **Megan Lowe, Sonsherée Giles, and Shira Yaziv**

Music by: **Girl Swallows Nightingale's Marica Petrey, Travis Kindred, and Mogli Maureal**

Lighting Design by: **Dylan Feldman**

When:

August 17th-25th, 2019

Saturdays at 6pm & 8pm

Sundays at 7pm

Where:

Athletic Playground

4770 San Pablo Ave, Emeryville, CA 94608

(510) 355-1626

athleticplayground.com

Tickets Online:

actionpotential.eventbrite.com

- **\$20** Early Action Ticket (**before August 1st**)
- **\$25** Pro-Active Ticket (**after August 1st**)
- **\$30** Action Time Ticket (**at the door**)
- Please be advised there will be **NO LATE SEATING**. We encourage guests to arrive at least 15 minutes before showtime.

For More Information:

mloedances.wixsite.com/meganlowe

For all press inquiries contact **Megan Lowe** at meganlowedances@gmail.com.