

[Conscious Discipline Social Story about COVID19](#) Why Can't I Go to School?

[Conscious Discipline Story about essential workers](#) My Mommy is a Safekeeper/My Daddy is a Safekeeper

[Candid Conversations: Self Care during COVID19](#) A series of webinars with Conscious Discipline experts, including how to take care of yourself so that you can take care of and provide safety for your children.

[Handling Your Kids Disappointment When Everything is Cancelled](#) Short article for parents

[Behavioral Strategies for Home Based Learning](#) some strategies to use with students at home when they are struggling to complete the assigned tasks from their teachers.

Healthy at Home: A Toolkit for Supporting Families Impacted by COVID-19

With the growing impact of the COVID-19 virus, ReadyRosie is developing this free toolkit as a resource to support families with information and resources for supporting the children in their care. There are new ideas every week, but they can be used at any time.

[healthy at home activities/creative curriculum 0](#) Week of 3/16/20

[Healthy at Home Activities/Creative Curriculum 1](#) Week of 3/23/20

[healthy at home activities/Creative Curriculum 2](#) Week of 3/30/20

[Healthy at home activities/Creative Curriculum 3](#) Week of 4/6/20

[Healthy at Home activities/Creative Curriculum 4](#) Week of 4/13/20

[Healthy at Home activities/Creative Curriculum 5](#) Week of 4/20/20

The Illinois State Board of Education Mental Health Resources Including teletherapy support, How to talk to your child about COVID19, and ideas to cope with stress and anxiety

<https://www.isbe.net/mentalhealth>