

Youth MOVE National Crisis Response Shared Resources

Below is a collection of resources from some of our partners to respond to a cultural crisis that has been compounding over the last few years, and specifically to recent events of shootings and violence in our country.

SAMHSA Disaster/Distress Hotline: 1-800-985-5990



In response to the Robb Elementary School shooting in Uvalde Texas, the National Child Traumatic Stress Network has developed resources to help children, families, educators, and communities navigate what they are seeing and hearing, acknowledge their feelings, and find ways to cope together. These resources include:

- [Talking to Children about the Shooting](#)
- [Helping Youth After a Community Trauma: Tips for Educators \(En Español\)](#)
- [Talking to Children: When Scary Things Happen \(En Español\)](#)
- [Talking to Teens about Violence \(En Español\)](#)
- [Tips for Talking to Students about Violence](#)
- [Coping After Mass Violence: For Adults](#)
- [For Teens: Coping After Mass Violence\(En Español\)](#)
- [Helping School-Age Children with Traumatic Grief: Tips for Caregivers \(En Español\)](#)
- [Helping Teens with Traumatic Grief: Tips for Caregivers\(En Español\)](#)
- [Helping Young Children with Traumatic Grief: Tips for Caregivers \(En Español\)](#)
- [Guiding Adults in Talking to Children about Death and Attending Services](#)
- [After a Crisis: Helping Young Children Heal](#)
- [Age-Related Reactions to a Traumatic Event](#)
- [Once I Was Very Very Scared](#) – Children’s book for young children
- [After the Injury](#)— Website for families with injured children
- [Health Care Toolbox](#)— Website for pediatric health providers working with injured children
- [Pause-Reset-Nourish \(PRN\) to Promote Wellbeing \(En Español\) \(for responders\)](#)

The Upswing Fund

for Adolescent
Mental Health

- Centers for Disease Control and Prevention: [6 Guiding Principles to a Trauma-Informed Approach](#)
- Nat'l Center for School Mental Health: [Supporting Students, Staff, Families, & Communities Impacted by Violence](#)
- Nat'l Child Traumatic Stress Network (NCTSN): [Resources for Addressing School Shootings](#)
- NCTSN: [Helping Teens with Traumatic Grief - Tips for Caregivers](#)
- NCTSN: [For Teens Coping after Mass Violence](#)

Additional Resources

- The National Child Traumatic Stress Network (NCTSN) has [created many excellent resources for students, staff, and families affected by school shootings.](#)
- **Crisis Text Line** - text SHARE to 741741 to reach a volunteer Crisis Counselor