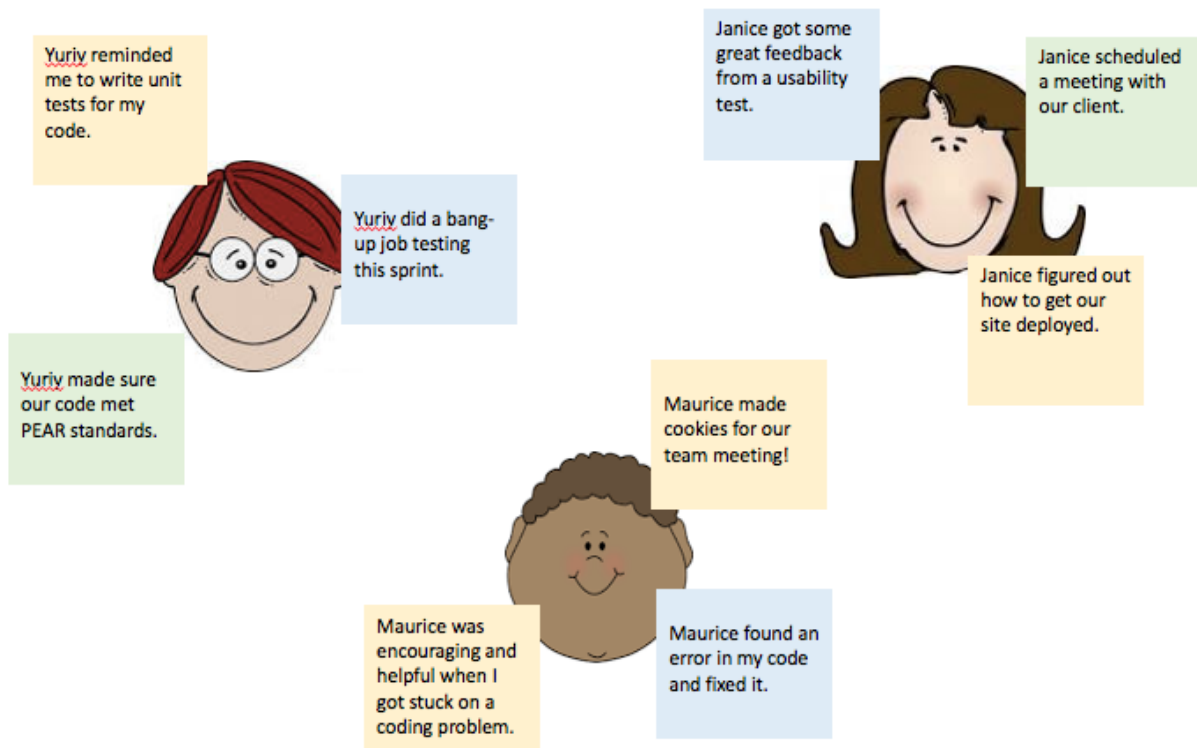


The Appreciation Retrospective

The appreciation retrospective activity fosters open appreciation feedback within a team, strengthening relationships and trust.

The activity:

1. On the board, each team member draws a self-portrait.
2. Take a few minutes in which everyone privately writes on post-it notes what you appreciate about each of your team members. Write down at least one thing for each team member.
3. Take turns reading a post-it note and then placing it near the team member's picture.
4. Celebrate your awesomeness!



This activity is based on 360 degree feedback
(https://en.wikipedia.org/wiki/360-degree_feedback#History).