

Amira S. Malas

Greensboro, NC 27409 • (828)-284-3292 • asmalas@uncg.edu

Education

University of North Carolina Greensboro (GPA 3.81)

August 2023- May 2026

Bachelor of Science in Public Health: Community Health Education - Advocacy and Public Writing Greensboro, NC

Guilford College (GPA 3.4)

August 2021- May 2023

Bachelor of Science in Public Health

Greensboro, NC

Professional Experience

Interpersonal Violence Intern

July 2024- August 2024

Family Services, Inc. (FSI)

Forsyth, NC

- Researched and drafted a proposal narrative for an Office for Victims of Crime (OVC) grant, award amount up to \$500k
- Utilized Canva to create a brochure for landlord engagement
- Audited case files, utilized funder checklist, and created strategic plans for improvement
- Provided administrative support for the emergency shelter front desk, and coverage for the crisis line
- Edited the Safety Net Housing Needs Assessment report, and incorporated stakeholder interviews
- Completed 20+ hours of training on topics related to IPV including domestic violence, sexual assault, human trafficking, advocacy, trauma, etc.

Paid Summer Intern

May 2023- August 2023

CRHI Health-e-Schools

Spruce Pine, NC

- Interviewed 12 school nurses on effectiveness of school-based telehealth; findings presented to CRHI's healthcare board exhibiting professional communication skills
- Contacted 16 health centers all over North Carolina to gather information about programs
- Developed up-to-date spreadsheets of those 16 clinics and health centers including location and services provided, as well as CEO's of each department
- Volunteered to hand out food boxes and participate in hands-on Sizzlin' Summer series activities in Burnsville, NC
- Designed supply lists and updated medical equipment as needed; sorted and organized files, spreadsheets, and reports

Relevant Projects

Out of the Garden Baseline Survey Analysis

January 2023- May 2023

Guilford College

Greensboro, NC

- Compiled and analyzed thousands of data points collected from baseline survey researching food insecurity; exhibiting organizational skills and an exceptional work ethic
- Topics included in baseline research included gender, marital status, income, diet, and blood pressure
- Created both Excel spreadsheet and written report of findings from external research completed through use of scholarly articles and peer reviewed journals
- Participated in volunteer food program providing food to those in need; displaying empathy, and possessing an open mind

Leadership Experience/Affiliations

P.E.O Sisterhood

June 2023- Present

Chapter T

Spruce Pine, NC

- Philanthropic Educational Organization founded and established by women for women to celebrate advancement and development in women's education
- Has served over 122,000 women by providing \$415 million through scholarships, grants, and loans
- Serving as a member on STAR Scholarship Committee conducting interviews for potential recipients

First Degree Black Belt: ATF Taekwondo

March 2007- March 2023

Asheville Academy of Taekwondo

Asheville, NC

- Dedicated to instructing numerous lower level belts on taekwondo's expansive history and proper execution of techniques; teamwork and leadership
- Adhered to tenets of taekwondo; courtesy, integrity, perseverance, self-control, and indomitable spirit, incorporating tenets into everyday life

Skills

Hard Skills: Proficient in Microsoft Excel, proficient in Google Sheets

Soft Skills: Advocacy, reliability, time management, willingness to learn