

Independent Health Book Study

Beneath a Meth Moon, by Jacqueline Woodson

182 pages

Location in the HMS Library: REAL Woo

Laurel Daneau, having lost her mother, grandmother, and home in Hurricane Katrina, thinks things are going well with her new life as a cheerleader and the girlfriend of basketball star T-Boom, but after T-Boom introduces her to meth and she finds the drug helps her deal with her past, she must rely on the help of an artist named Moses and her friend Kaylee to overcome the addiction.

Boost, by Kathryn Mackel

248 pages

Location in the HMS Library: SPRT Mac

Thirteen-year-old Savvy's dreams of starting for her elite basketball team are in danger when she is accused of taking steroids.

Chief Honor, by Sigmund Brouwer

166 pages

Location in the HMS Library: SPRT Bro

Joseph "Gump" Larken, goalie for the Spokane Chiefs, is not bothered by playing second string to the first woman in the Western Hockey League, but he is not certain about how to handle the accusation that his closest friend on the team might be involved with illegal steroids.

Cover-Up, by John Feinstein

298 pages

Location in the HMS Library: SPRT Fei

Two teenagers learn that every player on a professional football team -- which is supposed to play in the Super Bowl -- has failed their drug test and the owner has covered up the results, and now they must find a way to prove it.

Crackback, by John Coy

201 pages

Location in the HMS Library: SPRT Coy

Miles barely recalls when football was fun after being sidelined by a new coach, constantly criticized by his father, and pressured by his best friend to take performance-enhancing drugs.

Fat Kid Rules the World, by K.L. Going

187 pages

Location in the HMS Library: REAL Goi

Seventeen-year-old Troy, depressed, suicidal, and weighing nearly three hundred pounds, gets a new perspective on life when Curt, a semi-homeless teen who is a genius on guitar, asks Troy to be the drummer in a rock band.

Go Ask Alice, author anonymous

159 pages

Location in the HMS Library: 613.8 GO

Based on the diary of a fifteen-year-old drug user chronicling her struggle to escape the pull of the drug world.

- If you choose to read this book please understand that the content is “R” rated and therefore, I will be emailing your parents to make sure they approve.

Gym Candy, by Carl Deuker

313 pages

Location in the HMS Library: SPRT Deu

Groomed by his father to be a star player, football is the only thing that has ever really mattered to Mick Johnson, who works hard for a spot on the varsity team his freshman year, then tries to hold onto his edge by using steroids, despite the consequences to his health and social life.

Hole in My Life, by Jack Gantos

199 pages

Location in the HMS Library: B Gan

The author relates how, as a young adult, he became a drug user and smuggler, was arrested, did time in prison, and eventually got out and went to college, all the while hoping to become a writer.

Lush, by Natasha Friend

178 pages

Location in the HMS Library: REAL Fri

Unable to cope with her father's alcoholism, thirteen-year-old Sam corresponds with an older student, sharing her family problems and asking for advice.

Taking the Ferry Home, by Pam Conrad

180 pages

Location in the HMS Library: REAL Con

Two sixteen-year-old girls from different social classes spend the summer together on a resort island and experience a test of their friendship when family loyalties, romance, and drug dependence interfere.

Tears of a Tiger, by Sharon Draper

162 pages

Location in the HMS Library: REAL Dra

The death of high school basketball star Rob Washington in an automobile accident affects the lives of his close friend, Andy, who was driving the car, and many others in the school.

That was Then, This is Now, by S.E. Hinto

159 pages

Location in the HMS Library: REAL Hin

Mark and Bryon have been like brothers since childhood, but now, as their involvement with girls, gangs, and drugs increases, their relationship seems to gradually disintegrate.