



## IAU | APA 7th EDITION REFERENCES EXAMPLES

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### APA 7<sup>th</sup> Edition

American Psychological Association (2020)

APA 7<sup>th</sup> edition now distinguishes between the student edition of papers (BA) and professional edition of papers (MA).

### APA Essay Format

[APA Format for Case Studies - Example](#): Download this word document for an APA template to use as a basis for your papers, case studies, and references at IAU.

Please insert a title page that includes the following:

SHORTENED TITLE OF CLASS PAPER UP TO 50 CHARACTERS (in capital letters) flush left in the header; page number 1, flush right in the header

#### **Full Title of Your Class Paper**

Student's Full Name Goes Here

International American University

Class Number: Class name

Instructor's Full Name

Month Date, Year

August 10, 2021

1. **“Running head”** is not required before the [SHORTENED TITLE UP TO 50 CHARACTERS] flush left, in capitals, in the header of your paper.
2. **What are in-text citations?**

They are written in the **past tense** in APA 7th edition, and there are **two types**:

1. **Narrative citation (a direct citation)**

Introduce your **direct citation** with the author’s last name and year of publication in parenthesis.

**Work by one author:**

- Alexander (2018) stated, “...” (p.10).
- According to Alexander (2018), “...” (p.10).
- Smith (2022) explained, “...” (p.2).

2. **Paraphrased citation (parenthetical citation)**

**Paraphrase** your reference by putting the author’s words in your own and by including the author’s last name followed by the year of publication in parenthesis.

**Work by one author:**

Alexander (2018) claimed ...

Covey (2013) claimed ...

Smith (2022) claimed ...

**Parenthetical Citation:**

... (Alexander, 2018).

... (Covey, 2013).

... (Smith, 2022).

The page number is not required for a paraphrase. If it is a longer work or report, however, a page number can be included, but it must be placed at the end of the paraphrased sentence in parenthesis (APA, 2020, p.269).

.... (Alexander, 2018, p.50).

**Reference list entry:**

Alexander, P.A. (2018). Past as prologue: Educational psychology's legacy and progeny. *Journal of Educational Psychology*, *110*(2), 147-162. <https://doi.org/10.1037/edu0000200>

Chen, L., Smith, A., & Johnson, B. (2020). The impact of social media on consumer trust. *Journal of Marketing Research*, *45*(2), 178-192.

Covey, S. R. (2013). *The 7 habits of highly effective people: Powerful lessons in personal change*. Simon & Schuster.

Dweck, C. S. (2016). *Mindset: The new psychology of success* (2nd ed.). Ballantine Books.

Jones, P., Williams, R., & Brown, K. (2018). Leveraging social media

analytics for personalized marketing. *Journal of Business Analytics*, 30(4), 301-315.

Nicol, J. L., Forster, K. I., & Veres, C. (1997). Subject–verb agreement processes in comprehension. *Journal of Memory and Language*, 36(4), 569–587. <https://doi.org/10.1006/jmla.1996.2497>

Rosener, J.B. (1990). Ways women lead. *Harvard Business Review*, 68, 119-125.

Shivanna, K.R. (2022). Climate change and its impact on biodiversity and human welfare. *National Center for Biotechnology Information*, 88(2), 160-171. [Proclndian Natl Sci Acad.](https://doi.org/10.1007/s12345-022-6789-0)

Smith, J. (2022). The impact of technology on education. *Journal of Educational Technology*, 10(2), 45-60. <https://doi.org/10.1007/s12345-022-6789-0>

Smith, J., & Johnson, D. (2019). The rise of social media in consumer behavior. *Journal of Consumer Trends*, 15(3), 245-258.

### **Work by two authors:**

#### **Paraphrased citation:**

McCauley and Christiansen (2018) claimed ...

Smith and Johnson (2019) claimed ...

#### **Parenthetical citation:**

... (McCauley & Christiansen, 2018).

... (Smith & Johnson, 2019).

#### **Direct citation:**

McCauley and Christiansen (2018) stated, "...” (p.2).

**Reference list entry:**

McCauley, S. M., & Christiansen, M.H. (2019). Language learning as language use: a cross-linguistic model of child language development. *Psychological Review*, 126(1), 1-51.  
<https://doi.org/10.1037/rev0000126>

**Work by more than two (multiple) authors:**

Williams et al., (2016) claimed ...

... (Williams et al., 2016).

Williams, J.L., Kendall, B.E., & Levine, J.M. (2016). Rapid evolution accelerates plant population spread in fragmented experimental landscapes. *Psychological Review*, 126(1), 1-51. <https://DOI: 10.1126/science.aaf6268>

i. ***How do students avoid plagiarism?***a. **Paraphrase** (write another author's work in their own words)

Use the past tense of the verb as follows:

Alexander (2018) claimed ...

... (Alexander, 2018).

**Parenthetical citation:**

Bleaching of coral has had a destructive effect on the Great Barrier Reef (McMahon et al., 2019).

Climate change has been found to have a significant effect on biodiversity (Smith et al., 2019).

- i. Citing a paraphrased point.* When referring to another author's ideas, include the author's name and the year the book was published. For example, here are two ways to cite a point from a book by a single author: 1) Smith (2010) claimed the economic downturn resulted directly from abuses in the banking sector, or 2) The economic downturn resulted directly from abuses in the banking sector (Smith, 2010, p. 163).
- b. **Summarize** (is a shortened rephrasing of their own or another author's main idea).
- c. **Directly Quote** (a direct citation of another author's actual words in quotation marks).

  1. *Citing a direct quote from a book by one author:* Smith (2010) stated, "The banking sector's abuses were largely to blame for the failing economy" (p. 163). Be sure to include quotation marks and keep your direct quote brief, preferring paraphrase over quotation.
  2. *Citing two authors:* When citing from a book by two authors, introduce the quotation by separating the authors' last names with "and" followed by the year of publication in parenthesis and the exact words of the authors' in quotation marks followed by the page number in parenthesis as follows:

McCauley and Christiansen (2018) stated, "... " (p. 10).

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3. ***Citing multiple authors (3-5)***. When citing multiple authors, for example, more than three authors from a book such as Williams, Young, Evans, & Ruiz (2016), cite **the first author's last name and et al.**, followed by the year of publication as follows:

According to Williams et al., (2016), "...” (p. 2).

Williams et al., (2016) stated, "...” (p.2).

Maddi et al., (2006) stated, “Previous research has established hardiness as a dispositional factor in preserving and enhancing performance and health despite stressful circumstances” (p.1).

4. ***Citing multiple authors (21 or more)***. The full list of up to 21 or more authors' names can be included in the full reference of the source in APA 7th edition at the end of the paper (APA, 2020, p.317).

#### **APA Style for List of References**

1. The “**References**” title must be in **bold** and centered.
2. When composing the References page, for **books**, the **publisher location** is no longer needed. All that is required is the publisher’s name as follows:

Williams, B., Young, A., Evans, P. & Ruiz, A. (2016). *Human resource management* (4<sup>th</sup> ed.). Pearson.

3. For an **authored book with a DOI**, list as follows:

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3440 Wilshire Blvd. Suite 1000, Los Angeles, CA 90010 | 213.262.3939 | [www.iaula.edu](http://www.iaula.edu)

Brown, L.S. (2018). *Feminist therapy* (2<sup>nd</sup> ed.). American Psychological Association.  
<https://doi.org/10.1037/0000092-000>

Williams, B., Young, A., Evans, P. & Ruiz, A. (2016). *Human resource management* (4<sup>th</sup> ed.). Pearson.

4. In a website source, and **the author's last name is known**, list the reference as follows:

Author's Last Name, first initials. (Year, Month Day). *Article title*. Website name.

URL.

Hamman, J. (2019, November 21). *What teachers should know about dysgraphia*.

Edutopia. <https://www.edutopia.org/article/what-teachers-should-know-about-dysgraphia>

5. If **the author's last name is unknown** in a website source, begin with the title of the website source followed by the date in parentheses as follows:

Henry J. Kaiser Family Foundation. (2004, February 1). *The role of media in*

*childhood obesity*. <http://www.kff.org/entmedia/7030.cfm>

6. When you list an academic **journal article**, you would list it as follows:

Williams, J.L., Kendall, B.E., & Levine, J.M. (2016). Rapid evolution accelerates



plant population spread in fragmented experimental landscapes. *Science* 29, 353(6298), 482-485. <https://doi.org/10.1126/science.aaf6268>

7. When listing a reference that includes a **DOI (digital object identifier)**, it would be listed as follows:

Bruce, R., Etnyre & Eva J. Lee (1988). Chronic and Acute Flexibility of Men and Women Using Three Different Stretching Techniques. *Research Quarterly for Exercise and Sport*, 59(3), 222-228.

<https://doi.org/10.1080/02701367.1988.10605507>

When formatting and listing your references correctly in your “References” at the end of your paper, you create clarity for the reader, give credit to the author for their work, and show the reader where they can easily locate the source for further reference.

## APA Reference List of Most Commonly Used Reference Types

(From APA Manual 7th Edition)

### Article (Journal or Magazine located on a website with a DOI - Digital Object Identifier)

Author's Last Name, First Initial. (Date published). Title of article in sentence capitalization. ‘

Title of Journal or Magazine(italics). Volume Number (italics) (Issue). Pages. URL of web address. DOI <https://doi.org/xx.xxxx/revxxxxxxx>

Dyrud, M.A. (2001). Group projects and peer review. *Business Communication*

*Quarterly*, 64(4), 106-112. <https://doi.org/10.1177/108056990106400412>

### Online Magazine Article

Bergeson, S. (2019, January 4). Really cool neutral plasmas. *Science*, 363(6422), 33-34.

<https://doi.org/10/1126/science.aau7988>

### Online Newspaper Article

Author's last name, first initial. (Year, Month Day). Title in title case or sentence capitalization. *Title of newspaper in italics*. URL.

Plumer, B. (2022, September 1). California approves a wave of aggressive new climate measures. *The New York Times*. [Breaking news: California passes aggressive climate measures/\(nytimes.com\)](https://www.nytimes.com/2022/09/01/us/politics/california-climate-measures.html)

## Book

Author's Last Name, First Initial(s). (Date published). *Title of book in sentence*

*capitalization and italics* (edition). Publisher.

Jones, G. (2013). *Organizational theory, design, and change* (7<sup>th</sup> ed.). Pearson.

## Encyclopedia

Zalta, E. N. (Ed.). (2019). *The Stanford encyclopedia of philosophy* (Summer

2019 ed.). Stanford University. <https://plato.stanford.edu/archives/sum2109/>

## eBook

Author's Last Name, First Initial. (Date published). *Title of book in sentence*

*capitalization*. Publisher. URL of website.

Brück, M. (2009). *Women in early British and Irish astronomy: Stars and satellites*.

Springer Nature. <https://doi.org/10.1007/978-90-481-2473-2>

## Audio Book

Cain, S. (2012). *Quiet: The power of introverts in a world that can't stop talking*

(K. Mazur, Narr.) [Audiobook]. Random House Audio. <http://bit.ly/2G0Bpbl>

## Chapter in an edited book without a DOI (print version)

Author, A.A., & Author B. B; (Date published). *Title of chapter*. Edited book

information.

Weinstock, R., Leong, G.B., & Silva, J.A. (2003). Defining forensic psychiatry: Roles

and responsibilities. In R. Rosner (Ed.), *Principles and practice of forensic psychiatry* (2<sup>nd</sup> ed., pp.7-13). CRC Press.

### Online Source from a Website by One Author

Author's Last Name, First Initial. (Year published, Month, Day). *Title of article*. Website name. URL of web address

Hamman, J. (2019, November 21). *What teachers should know about dysgraphia*.

Edutopia. <https://www.edutopia.org/article/what-teachers-should-know-about-dysgraphia>

Smith, J. K. (2022, March 27). *The effects of air pollution on human health*. Environmental

Health and Safety. <https://www.ehs.com/effects-of-air-pollution-on-human-health>

Wolpert, S. (2019, July 25). *Einstein's general relativity theory is questioned but still*

*stands 'for now,' team reports*. UCLA Newsroom - Science & Technology.

[Einstein's general relativity theory is questioned but still stands 'for now,' team reports | UCLA](#)

### Online Source from a Website by One Author with a Retrieval Date

Author's Last Name, First Initial. (Year published, Month, Day). *Title of article*. Website name.

Retrieved Month Day, Year, from URL of web address

Centers for Disease Control and Prevention. (2018, January 23). *People at high risk of*

*developing flu-related complications*.

[https://www.cdc.gov/flu/about/disease/high\\_risk.htm](https://www.cdc.gov/flu/about/disease/high_risk.htm)

**Online Source from a Website by a Group Author with a Retrieval date (Author and Year of Publication unknown)**

Group Author's Last Name (n.d.). *Title of article*. Website name. Retrieved Month Day, Year,  
from URL of web address

U.S. Census Bureau. (n.d.). *U.S. and world population clock*. U.S. Department of  
Commerce. Retrieved July 3, 2019, from <https://www.census.gov/popclock/>

**Online Source from a Website by a Group Author**

Group Author's Last Name, First Initial. (Year published, Month, Day). *Title of article*. Website  
name. URL of web address

American Psychological Association. (2020). *Publication manual of the American Psychological Association*. (7th ed.). <https://apastyle.apa.org>

If the website name is the same as the group author, it is omitted.

Meditation Now. (2023, April 2). *The Benefits of Meditation*.

<https://www.meditationnow.com/benefits-of-meditation>

**Page or Section from an Online Source from an Unknown author; date unknown**

*Title of section* (italicized) (n.d.). Website name. URL.

*Timeline: Environmental Movement* (n.d.). The Canadian

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3440 Wilshire Blvd. Suite 1000, Los Angeles, CA 90010 | 213.262.3939 | [www.iaula.edu](http://www.iaula.edu)

Encyclopedia. <https://www.thecanadianencyclopedia.ca/en/timeline/environment>.

### Article from a News Website

Author's Last Name, First Initial. (Year published, Month, Day). *Title of article*. News website name. URL of web address

Avramova, N. (2019, January 3). *The secret to a long, happy, healthy life? Think age-positive*. CNN.

<https://www.cnn.com/2019/01/03/health/respect-toward-elderly-leads-to-long-life-intl/index.html>

### US Government Report

Name of Organization. (Date published) *Title of report (italicized)*. Government website name.

URL of web address.

National Cancer Institute. (2018). *Facing forward: Life after cancer treatment* (NIH

Publication No. 18-2424). U.S. Department of Health and Human Services, National Institutes of Health.

<https://www.cancer.gov/publications/patient-education/life-after-treatment.pdf>

**Parenthetical citation:** ... (National Cancer Institute, 2018).

**Narrative citation:** The National Cancer Institute (2018) claimed ...

**Direct citation:** The National Cancer Institute (2018) stated, "... " (p.20).

According to The National Cancer Institute (2018)'s report ... "...." (p.20).

### U.S. Government Act:

The Civil Rights Act (1964) explained ...

According to The Civil Rights Act (1964), "..."

The Civil Rights Act of 1964 (Title VII) explained that ... (Aiken et al., 2013).

### Religious Work:

*King James Bible*. (2017). King James Bible Online.

<https://www.kingjamesbibleonline.org/>(Original Work published 1769)

*The Qur'an* (M.A.S. Abdel Haleem, Trans.). (2004). Oxford University Press.

*The Torah: The five books of Moses* (3<sup>rd</sup> ed.). (2015). The Jewish Publication Society.

(Original work published 1962)

**Parenthetical citation:** ...(*King James Bible*, 1769/2017, 1 Cor. 13:1).

**Narrative citation:** *King James Bible* (1769/2017) ...

### Theater Play:

Shakespeare, W. (1995). *Much ado about nothing* (B.A. Mowat & P. Werstine, Eds.)

Washington Square Press. (Original work published 1623)

**Parenthetical citation:** ... (Shakespeare, 1623/1995).

**Narrative citation:** Shakespeare (1623/1995) ...

**Citing a specific part of the play (Act, Scene, page number):**

... (Shakespeare, 1623/1995, 1.3.36-37).

### Film or Video

Author's Last Name, first initials. (Director). (Date produced). *Title of film (italicized)*.

[Film]. Producer's Name.

Forman, M. (Director). (1975). *One flew over the cuckoo's nest* [Film]. United Artists.

**Parenthetical citation:** ... (Forman, 1975).

**Paraphrased citation:** Forman (1975) claimed ...

### APA References

When formatting and listing your references correctly in the "References" section at the end of your paper, you create clarity for the reader, give credit to the author for their work, and show the reader where they can easily locate the source for further reference.

#### References (online sources)

When including **online sources** in your References, "**Retrieved Month Day, Year, from**" is only included before the URL if it is stated, otherwise it is omitted as follows:

Hamman, J. (2019, November 21). *What teachers should know about dysgraphia*.

Edutopia. <https://www.edutopia.org/article/what-teachers-should-know-about-dysgraphia>

#### Online Source from a Website by One Author with a Retrieval Date

Author's Last Name, First Initial. (Year published, Month, Day). *Title of article*. Website name.

Retrieved Month Day, Year, from URL of web address



Here's an example of a formatted list of "References" in APA format, 7<sup>th</sup> edition.

### References

- Albrecht, R. (1954). The parental responsibilities of grandparents. *Marriage and Family Living*, 16, 201-204.
- Barzani, R. S. (2014). Studying the effects of business strategies on the organization's performance in regards to human resources' policies at the social security insurance companies based. *International Journal of Academic Research in Business and Social Sciences*, 4(5), 549-561.
- Chopra, M., Munro, S., Lavis, J. N., Vist, G., & Bennett, S. (2008). Effects of policy options for human resources for health: An analysis of systematic reviews. *The Lancet*, 371(9613), 668-674. [http://doi.org/10.1016/S0140-6736\(08\)60305-0](http://doi.org/10.1016/S0140-6736(08)60305-0)
- Ewing-Chow, D. (2019, August 26). *Moving From Corporate Social Responsibility to Social Purpose: The New Business Of Food*. Forbes. <https://www.forbes.com/sites/daphneewingchow/2019/08/26/moving-from-corporate-social-responsibility-to-social-purpose-the-new-business-of-food/#3344c11c4c86>
- Frynas, J. (2009). *Beyond Corporate Social Responsibility: Oil Multinationals and Social Challenges*. Cambridge University Press.
- Hartman, L. P., DesJardins, J. R., & MacDonald, C. (2014). *Business Ethics: decision making for personal integrity and social responsibility* (3rd ed.). McGraw-Hill.

Holt, D. (2016). Branding in the age of social media. *Harvard Business Review*.

<https://hbr.org/2016/03/branding-in-the-age-of-social-media>

Lepak, D., & Gowan, M. (2020). *Human resource management: Managing employees for competitive advantage* (4<sup>th</sup> ed.). Pearson Prentice Hall.

McCauley, S. M., & Christiansen, M.H. (2019). Language learning as language use: a cross-linguistic model of child language development. *Psychological Review*, 126(1), 1-51. <https://doi.org/10.1037/rev0000126>

Sustainable Brands (2017, May 24). *Unilever Named as The Company With The Most Brands in The Kantar Worldpanel Global Top 50*. Sustainable Brands.

<https://sustainablebrands.com/read/press-release/unilever-named-as-the-company-with-the-most-brands-in-the-kantar-worldpanel-global-top-50>

Williams, B., Young, A., Evans, P. & Ruiz, A. (2016). *Human resource management* (4<sup>th</sup> ed.). Pearson.

Yukl, G. A., & Gardner, W. L. (2020). *Leadership in organizations* (7<sup>th</sup> ed.). Pearson.

### **How to Format an Annotated Bibliography in APA 7<sup>th</sup> Edition**

When formatting an **annotated bibliography** in APA 7<sup>th</sup> edition, the Full Title of Your Class Paper should be in bold, centered and followed by a colon and “Annotated Bibliography” (APA, 2020, p.308).

### **Full Title of Your Class Paper: Annotated Bibliography**

The annotated bibliography is formatted as follows in APA 7<sup>th</sup> edition (APA, 2020, p.308):

- Order your references in alphabetical order and double line spaced as you would list them in your references page.
- Format your annotated reference as a new paragraph under each reference entry and ensure to indent the annotation by half an inch from the left margin except for the first line of the annotation which is not indented.
- If the annotation consists of more than one paragraph, indent the first line of the second and following paragraphs by an additional half an inch.

An example of how to format an Annotated Bibliography in APA 7<sup>th</sup> edition style can be found on the Purdue Online Writing Lab website, which is at the following link:

[https://owl.purdue.edu/owl/general\\_writing/common\\_writing\\_assignments/annotated\\_bibliographies/annotated\\_bibliography\\_samples.html](https://owl.purdue.edu/owl/general_writing/common_writing_assignments/annotated_bibliographies/annotated_bibliography_samples.html).

The following sample annotated bibliography is formatted in APA 7<sup>th</sup> edition (per the APA 7<sup>th</sup> edition manual p.308):

#### **Workplace Stress: Annotated Bibliography**

Barber, L.K., Grawitch, M.J., & Maloney, P.W. (2016). Work-life balance: Contemporary perspectives. In M.J. Grawitch & D.W. Ballard (Eds.), *The psychologically healthy workplace: Building a win-win environment for organizations and employees* (pp. 111-133) American Psychological Association. <https://doi.org/10.1037/14731-006>.

This book chapter provides an overview of the psychosociological concept of work-life balance. The authors discuss findings from studies showing harmful effects of work-life conflict on psychological and behavioral health as well as beneficial effects of work-life facilitation, wherein one role makes a positive contribution to the other. The chapter concludes with a description of work-life balance initiatives that organizations have adopted to help employees manage their dual work and nonwork obligations and some of the key factors influencing their effectiveness.

Since this is an annotated bibliography, the title should be the title of the paper followed by a colon and “Annotated Bibliography” as follows:

**Full Title of Your Class Paper: Annotated Bibliography**

**Title: Annotated Bibliography**

Birmaher, B., Brent, D. A., Chiappetta, L., Bridge, J., Monga, S., & Baugher, M. (1999).

Psychometric properties of the Screen for Child Anxiety Related Emotional Disorders (SCARED): A replication study. *Journal of the American Academy of Child & Adolescent Psychiatry*, 38, 1230-1236.

In their article, Birmaher et al., (1999) explained ...

Bryson, K., & Casper, L.M. (1999). Co-resident grandparents and grandchildren. Bureau of the Census, Current Population Reports.

[https://www.researchgate.net/publication/299409805\\_Co-resident\\_Grandparents\\_and\\_Their\\_Grandchildren](https://www.researchgate.net/publication/299409805_Co-resident_Grandparents_and_Their_Grandchildren)

Bryson et al., (1999) emphasized ...