Hello Host friend! We are so glad that you have signed up to take the next step to help bridge divides in your own community. We have come up with an agenda on how we feel the evening should go. Don't like it? That's fine! Please plan your evening as you see fit, we welcome creativity, togetherness, and most of all...the desire to bring people together. Let's go!

6:00pm: Set Up

- Set up two spaces: a place for everyone to eat and a place for conversation
- Set out name tags and sign-in information
- Music (check out our Love Anyway Spotify playlist)
- Set up light snacks for introductions/games
- Prep your main potluck dish and gather serving utensils for other potluck dishes
- Test video capabilities

6:30pm: Welcoming Guests

- Grab a name tag (optional)
- Sign-in (text the word "feast" to 72000)
- Snacks/drinks

6:45pm: Introductions

Introductions

- Have everyone introduce themselves and ask an icebreaker question
  - Sample Icebreaker questions:
    - What is the significance of your name?
    - What is one boring fact about yourself?
    - Where did you sit on the first day of school?
    - What is your favorite kitchen appliance, why?
    - Who is one person that you look up to that is not related to you?
    - What is one childhood memory that is around food?
    - What is one thing your best friend would say about you?

- Go over the Ground Rules:
  - Listen silently to understand, not to offer advice or try to fix each other's struggles.
  - We are not here to convert each other; we are here to listen, learn, and celebrate our unique identities.
  - Use words "I" and "me" instead of "you" and "we" when sharing.

- Everyone is welcome to share, but not everyone has to share.
- Please monitor your own sharing to make sure that everyone who wants to share has the opportunity.
  Prioritize listening over being heard.
- We are all at a different point in our journey. No tone policing or shaming people for using the wrong language. Take the heart and spirit of what the person is saying.
- You are welcome to speak your truth, but so is everyone else. You won't always agree and you might even be offended by each other. This is your chance to love anyway, practice active listening, build relationships, and learn from each other.
- You can disagree with someone's ideas, beliefs, or opinions. You may not disagree with their experience.
- Debating ideas is welcome. Yelling, shaming, calling names, or attacking people is not.
- All emotions are welcome—sadness, anger, frustration, despair, and resentment are ok. It's ok to cry. It's ok to lament. It's ok to be mad. Our response to negative emotions in these gatherings is to embrace, not reject.
- Everything that is shared is confidential.
- Relax and have fun!

• Partner Up Game (optional): Set a 5 minute timer. Everyone has to partner up with someone they don't know and talk about 3 things that are different about each other. Share with the group.

7:15pm: Eat & Game

- Everyone grabs a plate and 5 blank index cards. Try to sit next to someone you don't already know.
- Give everyone 15-20 minutes to eat and talk.
- Great Minds Think Alike Game
  - Create 5-10 categories (clothing brands, NBA teams, NFL teams, soccer teams, something you'd find at a beach, animals with patterns, something you eat with rice, something you wear daily, etc.)
  - Call out a category. Everyone writes the first 3 things that come to mind (no peeking). After every category, find out which teams wrote something that their partner did and award 1 point/answer.
  - Pick a winner (prize optional). Discuss that no matter how different we are in some areas, there are many things and ways of thinking that we share in common with even people that are different from us.
  - Alternatively, you can also choose to have a discussion with questions from our exclusive

conversation decks, if you are one of the first 150 ppl to sign up, we will mail them to you for free!

Clean up together

7:45pm: What's next?

- Group discussion:
  - How did learning that you can do a gathering like this again make you feel?
  - What does love anyway mean to you?
  - What is one community issue that you and your feast attendees could work on together?

8:15pm: Closing

• Encourage everyone to text "gathering" to 72000 for more info on monthly gatherings. Guests will also receive an email soon.

- Celebrate the group being a part of something that changed the world.
- Take a picture! (if you post on socials, please tag us or email us with your pictures- we would LOVE to share your pics to help encourage others to take the next step towards peace) #loveanyway2024

8:30pm: Bonus (optional)

- Find something fun/meaningful to do in your area as a group
  - Plan a volunteering opportunity together!
  - Think of a community problem or challenge that you and your guests face, commit to meeting again to discuss solutions!