
Inner Wings — 1:1 Coaching Tiers

Tier	Investment	What's Included
Starter	\$297	- One 45-minute private power coaching call - Customized action plan & clarity worksheet - Email follow-up summary with 3 key takeaways - Ideal for quick breakthroughs or overcoming specific challenges
Focused	\$797	- Three 45-minute coaching sessions over 4–6 weeks - Personalized exercises and reflection prompts - Email support between sessions - Progress tracking and deeper mindset work
Deep Dive	\$3,500	- Bi-weekly 60-min coaching calls for 3 months (6 total) - Unlimited Voxer or messaging support - Tailored leadership & identity work with frameworks - Exclusive tools (templates, meditations) - Priority scheduling & call recordings
Full Evolution	\$7,500	- Weekly or bi-weekly 60-min calls for 6 months - Unlimited priority Voxer + email support (24–48 hr response) - Custom rituals, mindset rewiring, and leadership plan - Deep dive into branding, boundaries & impact - Complimentary VIP intensives & masterminds - Energy & resilience coaching

The Hive — Group Coaching Tiers

Tier	Investment	What's Included
Basic	\$222/month	- Two live 60-min group calls monthly - Hot-seat coaching & laser Q&A - Monthly themed focus (visibility, offers, etc.) - Private community hub - Monthly challenges & worksheets

VIP	\$555/month	- All Basic features - One 45-min private call monthly - Priority Voxer messaging - VIP-only workshops & bonus content - Early retreat & mastermind access
Annual VIP	\$6,000/year	- All VIP features - Annual VIP retreat invitation (virtual/in-person) - Quarterly mastermind calls w/ guest experts - Personalized yearly growth plan & check-ins - Exclusive swag, toolkits, & branded resources

The Cocoon — Group Program Tiers

Tier	Investment	What's Included
Standard	\$888 – \$1,500	- 8–10 week group coaching experience - Weekly live calls - Guided reflections & journaling prompts - Private online community - Replays & mindset tools
Premium	\$1,800 – \$2,500	- All Standard features - Two 1:1 sessions during program - Personalized feedback on assignments - Optional VIP half-day workshop - Bonus toolkit with meditations & guides

Metamorphosis Method™ — Signature Program Tiers

Tier	Investment	What's Included
Group Program	\$2,222 – \$3,500	- 12-week signature program - Weekly live sessions - Private mastermind community - Leadership & identity curriculum - Weekly tools & implementation guides - Group hot seats & accountability

VIP Hybrid	\$4,500 – \$6,500	- All Group features - Four 1:1 coaching sessions - Priority email & Voxer support - Customized brand strategy sessions - Invitations to VIP-only events
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The Butterfly Effect — Workshops & Mini Programs

Tier	Investment	What's Included
Masterclass	\$44 – \$111	- 60–90 min live or recorded workshop - Focused on one transformation topic - Downloadable worksheet/action guide - Optional Q&A or group chat
Half-Day Workshop	\$197 – \$333	- 3–4 hour live coaching & exercises - Deep dive into transformation topic - Group breakouts & hot seats - Workbook & resource bundle
1-Day Immersive	\$444 – \$777	- 6–8 hour full-day experience - Combines mindset, strategy & energy work - Live coaching & peer interaction - Access to recording & follow-up session

Add-On Options (Available Across All Containers)

Add-On	Investment	Description
VIP Days / Intensives	\$497 – \$997	90–120 minutes of deep customized coaching
Private Messaging Support	\$197 – \$497/month	Voxer or Slack access for quick feedback & accountability
Creative Toolkits & Workbooks	\$77 – \$222	Downloadable resources to enhance transformation
Exclusive Retreats & Masterminds	<i>Priced Separately</i>	High-touch in-person or virtual experiences