

# Arcadia-Loup City Cross Country Invitational

**Date:** Tuesday, September 9, 2025

**Time:** 5:30 p.m. Boys first, Girls second, JH third

**Place:** Loup City Golf Course

**Course:** ALL high school competitors will run (3.1 miles). Junior high runners will run (approximately 2 miles)

**Entry Fee:** \$50 per team, \$100 per school

**Schools:** Arcadia-Loup City, Amherst, Ansley-Litchfield, Central Valley, Chambers-Wheeler Central, Elm Creek, Fullerton, GICC, Kenesaw, Overton, Pleasanton, Palmer, Sandhills-Thedford, SEM

**Scoring:** Varsity run everyone, score 3

**Medals:** Medals for top 15 Boys and Girls, as well as team champion plaques. Junior high top 10 will receive ribbons.

**General:** Please do not arrive before 3:30, the golf course is not prepared to accommodate until that time.

**Coaches:** Please send your entries to Kyle Knaub ([kyle.knaub@lcpublic.org](mailto:kyle.knaub@lcpublic.org)) **by 12:00 pm Monday Sept. 8th.** (Just list all of your high school runners. Also, make sure to list all of your junior high runners)

## Parking



## Map of the Course:

