

PERSONAL GOAL WORKSHEET

OVERALL GOAL

Think BIG? Where do you see yourself in 3-5 years?

END OF THE YEAR GOAL!

Where do you see yourself by the end of the year?

PERSONAL

What are 3 personal goals you are ready to ACHIEVE?

What action steps can you take?

1. _____
 - a. _____
 - b. _____
 - c. _____
2. _____
 - a. _____
 - b. _____
 - c. _____
3. _____
 - a. _____
 - b. _____
 - c. _____

RESULTS

What will the RESULT be by achieving these goals?

[By ACHIEVING _____ I will _____]

- _____
- _____
- _____

SHORT-TERM TANGIBLE GOALS (finish strong) RECURRING ACTIONS – create habits!

What 3 things can you do in the next 90 days that WILL help you see that you CAN make progress?

1. 90 days

2. 60 days

3. 30 days

These are items you can do daily/weekly. All work toward your overall GOAL! How many times?

1. _____
2. _____
3. _____

PROFESSIONAL GOAL WORKSHEET

OVERALL GOAL

Think BIG? What is your BIG VISION for your business?

END OF THE YEAR GOAL!

Where do you see your company by the end of the year?

PROFESSIONAL

What are 3 professional goals you are ready to ACHIEVE?

What action steps can you take?

1. _____
 - a. _____
 - b. _____
 - c. _____
2. _____
 - a. _____
 - b. _____
 - c. _____
3. _____
 - a. _____
 - b. _____
 - c. _____

RESULTS

What will the RESULT be by achieving these goals?

[By ACHIEVING _____ I will _____]

- _____
- _____
- _____

SHORT-TERM TANGIBLE GOALS (finish strong) RECURRING ACTIONS – create habits

What 3 things can you do in the next 90 days that WILL
All work toward your overall GOAL!

These are items you can do daily/weekly.
How many times?

- 90 days _____
- 60 days _____
- 30 days _____

1. _____
2. _____
3. _____