

## FOR IMMEDIATE RELEASE

Contact:

Elizabeth Rago, The Modern Domestic Woman

[themoderndomesticwoman@gmail.com](mailto:themoderndomesticwoman@gmail.com)

630-946-9102

[mdwcares.com](http://mdwcares.com)

### **Empowering Workshop in Aurora Helps People Rebuild Their Lives After Divorce**

**Aurora, IL — June 3, 2025** - Divorce can be one of life's most challenging transitions—but it doesn't have to define your future. *Rebuilding Your Life After Divorce*, a transformative and practical workshop, is coming to Wyckwood House in Aurora on **Tuesday, June 17, from 5:30 PM to 7:30 PM**, to help individuals navigate the emotional, legal, financial, and logistical complexities of divorce with clarity and confidence.

This in-depth evening event brings together a powerhouse panel of professionals offering real-world guidance on what comes next—whether you're considering divorce, newly separated, or deep in the process:

- **Alexis Benson**, Financial Advisor, Edward Jones, Geneva
- **Carrie Summers**, Therapist & Divorce Coach, Noreila Healing and Wellness, Wheaton
- **Anique Drouin**, Family Law Attorney, Drouin Family Law, Batavia
- **Katy Winans & Linda Callaghan**, Mortgage Experts, Guild Mortgage, Aurora

**Location:** Wyckwood House, 80 S River Street, Aurora, IL

**Date & Time:** Tuesday, June 17, 5:30 PM – 7:30 PM

This free event offers more than information—it provides community and connection for anyone navigating the realities of divorce. Topics will include emotional healing, financial planning, legal rights, housing options, and rebuilding with resilience.

One notable trend driving the need for events like this is the rise in *gray divorce*—a term used to describe the increasing rate of divorce among individuals aged 50 and older. Divorce at any age can carry long-term emotional and financial impacts. From navigating co-parenting stress, changing living standards, and work-life balance, to managing the high costs that come with complex or high-conflict cases, the aftermath of divorce often brings sustained stress that requires real tools and support.

“This is not just a workshop—it’s a resource for reclaiming your life,” said Elizabeth Rago, event organizer and founder of The Modern Domestic Woman. “We created this space so people don’t feel alone as they take the next brave step forward.”

**Open to all genders**, this workshop invites anyone experiencing or considering divorce to gain practical tools, ask questions in a supportive environment, and find strength in shared experience.

This event is free, but registration is required at <https://forms.gle/wyFohdWD7GSgHwpu5>

**Questions?** Contact Elizabeth at **630-946-9102** or **[themoderndomesticwoman@gmail.com](mailto:themoderndomesticwoman@gmail.com)**

### **About The Modern Domestic Woman (MDW)**

The Modern Domestic Woman is a St. Charles, Illinois-based community-driven platform dedicated to supporting women through every season of life. With a focus on mental health, empowerment, and holistic well-being, The Modern Domestic Woman fosters safe spaces and resources that promote growth, reflection, and connection. Through free educational events, thoughtful content, and intentional community partnerships, MDW is here to help women—and the people who love them—feel seen, supported, and strong. Learn more at [mdwcares.com](http://mdwcares.com).