

Mantak Chia - Fusion of the 5 Elements

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The Fusion of the 5 Elements Meditation is the next step on the path of Taoist meditation. With the help of this traditional Taoist practice, you will learn to take your transformation of negative emotions to the next level and nourish your higher spirit. These meditation practices are targeted upon strengthening the body and the spirit on all levels.

This is the Taoist Jewel – a more advanced Inner Alchemy meditation and energy practice for powerful emotional transformation.

Learn to:

- Develop your ability to perform deep emotional transformation in your organs
- Expand your spiritual growth by connecting to the Nature and the Universe
- Attract more healing energy from high frequency sources

What You Will Get:

- 4-days workshop
- 22 hours of video lessons
- A mix of practical exercises and theory
- Morning Qigong routine
- Booklets written by Mantak Chia

DAY 1

Jan 23: Morning Qigong with Thomas Hicklin
Jan 23 [Part 1] Fusion of the Five Elements
Jan 23 [Part 2] Fusion of the Five Elements
Jan 23 [Part 3] Fusion of the Five Elements

DAY 2

Jan 24: Morning Qigong with Jutta Kellenberger
Jan 24 [Part 1] Fusion of the Five Elements
Jan 24 [Part 2] Fusion of the Five Elements
Jan 24 [Part 3] Fusion of the Five Elements

DAY 3

Jan 25: Morning Qigong with Olivier Barre
Jan 25 [Part 1] Fusion of the Five Elements
Jan 25 [Part 2] Fusion of the Five Elements
Jan 25 [Part 3] Fusion of the Five Elements

DAY 4

Jan 26: Morning Qigong with Aisha Sieburth

Jan 26 [Part 1] Fusion of the Five Elements

Jan 26 [Part 2] Fusion of the Five Elements

Jan 26 [Part 3] Fusion of the Five Elements