## **Chris Valois**

## **High School: Graduated 1993**

- On the Football and Hockey Squads
- Track and Field:
  - Placed Sixth at State in the 400
  - School Record:

■ 5th 400: 49.99

■ 5th 1600 Relay: 3:23.95

## **College: University of Wisconsin-Stout**

• Two-time All-American in the 400 (Outdoor) and 1600 (Indoor) Relays