



Attention Deficit Hyperactivity Disorder (ADHD) Management & Controlled Substance Policy

71. E. Long Lake Rd. Bloomfield Hills, MI (248)-533-0000

At Serenity Pediatrics, we want to provide excellent care for your children. Our patients diagnosed with Attention Deficit Hyperactivity Disorder (ADHD) & Attention Deficit Disorder (ADD) require special attention and treatment monitoring. In order to provide this high level of care to our patients, please read our ADHD Controlled Substance Policy below. Patients of Serenity Pediatrics who are under care for the treatment of ADHD or ADD will be enrolled into our Care Management program to help provide additional oversight and monitoring.

Initial Evaluation

Initial evaluation and diagnosis of ADHD can be scheduled with any of our Serenity Pediatrics physicians. Vanderbilt Assessment forms completed by one or more teachers and at least one parent should be completed prior to appointment. These forms are available on our website or can be emailed to you by contacting our office at (248)-533-0000.

Appointment Frequency

1 Month:

After initial evaluation and diagnosis of ADHD, a medication recheck visit will be scheduled in 1 month to discuss any immediate problems or concerns and to discuss how things are going. Additional monthly medication re-checks may be necessary based on provider determination until the treatment plan has stabilized. If your child has a dosage adjustment or medication change, a 1 month follow up appointment will be required until the provider has determined that the treatment plan has stabilized. Follow-up appointments should be scheduled with the same provider as the initial evaluation.

3 Months:

Once your child is stable on a medication dosage, additional ADHD follow-up appointments should be scheduled for every 3 months. These visits are designed to assess how your child is doing on medication, assess for any potential side effects, check blood pressure, and evaluate growth. Refill requests can be processed for 2 months after the last recheck appointment. Any prescription requests outside of 3 months will not be filled.

12 Months:

We require all children on ADHD medication to have an annual well-child examination. Your child will need to be current on their annual well visit in order to continue on ADHD medications. Your child's annual well visit can be scheduled with a 3 month medication recheck appointment.

Controlled Substance Prescription Requests

Requests for refills of ADHD medications can be made through the patient portal and or by calling our office at (248)-533-0000 during regular business hours.

Please allow our office between 48-72 hours to address your refill request. We advise parents to contact our office at least 3 business days before your child's supply of medication runs out to allow for adequate time for your request to be processed.

When calling our office for a refill request, please have the medication and dosage requested, child's name, and date of birth on hand. All controlled substance prescriptions will be e-prescribed by the prescribing physician to **one** preferred pharmacy.

Prescription Method

Most medications prescribed for ADHD are considered controlled substances. These medications are regulated and the frequency of provider prescribing is monitored by the government. Due to government regulations, these prescriptions cannot be electronically prescribed to pharmacies and typically cannot be filled for longer than a 30 day supply.

All prescriptions will be ***electronically e-prescribed*** to the patient's ***one*** preferred pharmacy. We cannot provide a paper copy of the patient's prescription in accordance with federal and state regulations. All prescriptions will be written for a 30-day supply or 90-day supply based on physician discretion. Unfortunately, due to government regulations, we cannot change the prescribing pharmacy after a prescription has been sent.

Lost or Stolen Prescriptions & Medications

If a prescription or medication is lost or stolen, the family must file a police report before any new prescriptions can be re-written.