

# When Life Meets Coaching

*Unlocking Potential Through Leadership & Coaching*



## About Curt Klaahsen

- Recently “retired” after 36 years in education as a teacher, instructional coach, athletic director, and coach-the last 17 at Mason City High School.
- 2016 State Basketball Champion & IGCA Girls Basketball Hall of Fame Member.
- Author of *When Life Meets Coaching* and *When Life Meets Coaching Sports* (April ‘25)
- IGCA Mentor Chair, dedicated to guiding and developing coaches and leaders.
- Now serving businesses and schools as a keynote speaker, consultant, and coach

## Services Offered (More specifics on p. 2)

### Keynote Speaking and/or Workshop

- ✓ Researched based and experienced strategies for success.
- ✓ Actionable steps to implement with your team immediately.
- ✓ Engaging, inspiring, sports based development tailored to your audience.

### Team Consulting

- ✓ Comprehensive assessment of your current situation.
- ✓ Custom development plan to enhance performance and culture.
  - ✓ Continuous support to ensure lasting success.

### 1-on-1 Coaching

- ✓ Personalized coaching for sports coaches and business leaders.
  - ✓ Leadership development and growth mindset training.
  - ✓ Strategies to build winning teams and cultures.

*Possible Topics for Keynotes and Workshops:*

**Championship Mindset** – Lessons from elite sports teams and top business leaders to build a winning mindset.

**Customized Workshops** – Interactive sessions tailored to your organization's unique challenges and goals.

**The Culture Playbook: Building a Winning Team in Any Situation** – Build a team environment that fosters accountability, trust, and excellence.

*Possible Topics for Team Consulting:*

**Building High-Performing Teams** – Strategies to enhance collaboration, communication, and championship culture.

**Developing Leadership at Every Level** – Empower team members to step up, take ownership, and lead.

**Bridging the Gap Between Sports & Business** – Applying elite coaching principles to create winning teams in any industry.

**Customized Game Plans** – Tailored consulting sessions to identify strengths, address weaknesses, and optimize team performance.

**Conflict Resolution & Team Dynamics** – Turn challenges into opportunities for growth and stronger team cohesion.

*Possible Topics of 1 on 1 Coaching:*

**Personalized Leadership Development** – Individual coaching to sharpen leadership skills and decision-making.

**Navigating Transitions** – Support for new and veteran coaches and leaders facing career shifts or challenges.

**Confidence & Presence** – Build the mindset and communication skills to lead with authority and authenticity.

**Strategic Planning & Goal Setting** – Create a clear vision and actionable plan for long-term success.

 **Email:** [coachklaahsen@gmail.com](mailto:coachklaahsen@gmail.com)     **Cell:** 641-420-1359

Transform your team's leadership, culture and performance—reach out today!

