Defining Objectives:

I have 5 to 6 hours a day

I was scalping for 3 months but lost some money. and now moving to swing works better for me. I trade on 1D 1W

asset class

I decided to trade stocks apple,google.QQQ.SPY stock what trend well and make longs good move

I want to trade options. I have been learning a lot but still don't understand all but slowly getting there.

Risk management

I'm 28 years old and can manage my risk well and don't stress so much about losing. I know I can't win all the time. I have 1700 in my broker account and 1500 in bitcoin. Cash flow from my job is good. I don't have any responsibility.

Questions for Defining Strategy

I'm a momentum trader using a base box system and moving averages. Break out from the box is my entry riding the trend from one week to 4 weeks.