

LAURI SHANNON
LCSW, LMSW, MCAP, CFMHE, PC, GAL, CDS, MEDIATOR
34931 US Highway 19N
Suite 104
Palm Harbor, FL 34684
786-423-6787
Lauri@Changingtidesfl.com

EDUCATION

Florida Certification Board	September 2023
Master's Level Certified Addictions Professional	Florida
Fordham University School of Social Work	August 2002
Masters of Social Work	New York, NY
The New School	May 1993
Masters of Science in Human Resources Management	New York, NY
State University of New York at Buffalo	August 1991
Bachelor of Arts in Psychology	Buffalo, NY

PROFESSIONAL EXPERIENCE

Changing Tides Counseling, LLC	December 2015-Present
Owner/Founder	
Palm Harbor, Florida	
<ul style="list-style-type: none">• Individual, Adults and Adolescents Therapy• Family Therapy• Dialectical Behavioral Therapy• Eye Movement Desentization Reprocessing (EMDR) Therapy• Parenting Coordination• Co Parent Counseling• Certified Guardian Ad Litem• Social Investigations• Substance Abuse Evaluations• Forensic Mental Health Evaluations• Mental Health Psychometric Testing	

Memorial Regional Hospital-Inpatient Psychiatric Unit December 2015 -June 2016
Hollywood, Florida

Licensed Clinical Therapist

- Conducted psychosocial assessments, psychotherapy support groups,
- Prepared individualized treatment plans
- Identify and refer appropriate resources

University of Miami, Crohn's and Colitis Center April 2015 -September 2015

Licensed Clinical Social Worker

- Consulted with patients
- Identified and managed psychological issues including crisis situations
- Worked with individuals, families and groups
- Planned, promoted and facilitated monthly support group

Joe DiMaggio Children's Hospital/Memorial Regional September 2011 -April 2015

Hollywood, FL Pediatric Staff Relief Social Worker: Inpatient Floater

- Worked closely with the interdisciplinary medical team to coordinate safe and appropriate discharge plans
- Conducted psychosocial assessments to identify need for social work intervention, including providing links to community and national resources
- Collaborated with Department of Children and Families in high risk cases
- Responsible for training and orienting new social work employees
- Areas of clinical experience include pediatric intensive care, inpatient rehab and pediatric oncology

Memorial Regional Hospital March 2005 -September 2011

Hollywood , FL

Staff Relief Social Worker: Inpatient Floater

- Medical Social Worker for adults
- Identified and provided social work intervention for elderly and homeless individuals
- Areas of clinical expertise included family work and gerontology
- Provided counseling and support around adjustment to illness

North Shore University Hospital at Glen Cove March 2003 -March 2005

Glen Cove, NY

Inpatient Social Worker: Medical Units

- Served primarily on the ICU. CCU. ED. telemetry, and respiratory medical units
- Provided crisis intervention and psychosocial support to patients and families
- Consulted for palliative care and bereavement cases
- Identified and provided social work intervention for elderly and homeless individuals

Samuel Field YM-YWHA May 2002-March 2003

Little Neck, NY

Coordinator of Project S.A.V.E

- Supervised psychotherapy support groups for members of S.A.V.E (Supportive Assistance for the Vulnerable Elderly)
- Assessed high risk cases

LICENSURE

- Masters of Certified Addictions Professional License-MCAP #0101128 9/27/2023
- Forensic Mental Health Evaluator 1/10/2024
- Florida Licensed Clinical Social Worker Issue Date: 04/03/2015
 - License# SW12717
- New York State Licensed Clinical Social Worker Issue Date 6/6/2025
 - License# 100345
- New York State Licensed Master Social Worker Issue Date: 03/2003
 - License# 066730

CERTIFICATIONS

- Forensic Custody Evaluator Certification (24 Hour)
NY Office For The Prevention Of Domestic Violence June 2026
- IN PROGRESS: EMDRIA Certification In progress
- Certified Forensic Mental Health Evaluator January 2024
- Psychometric Testing for Forensic Populations December 2023
- Certified Chapter 39 Guardian Ad Litem February 2023
- 2 Day Grief Treatment Certification Course June 2021
- Certified Divorce Specialist (CDS®) September 2020
- Qualified Parenting Coordinator September 2019
- Florida Supreme Court Certified Family Mediator September 2018
- Provider of The Florida required parenting class for divorcing parents Since 2017
- Gottman Institute Level 1, 2 and 3 certified in Marriage Counseling January 2016
- American Heart Association CPR for the healthcare professional
- YES Institute center for knowledge on gender October 2014
- Pediatric Trauma Symposium October 2013

CONTINUING EDUCATION

- AFCC 2 hour Webinar: The Child Behind the Case September 2026
- AFCC: The Child Behind the Case, 3 Day DE&I Webinar September 2026

• Professional Resource Network Annual Conference:	September 2026
• FSAM Conference: Advancing Addiction Medicine	August 2026
• PAR: PAI in Forensic Treatment	May 2026
• PAR: A Tale of Two Cases: Revisiting Autism, OCD, and Anxiety	May 2026
• ASAM: 57th Annual Conference	April 2026
• Reunification Therapy Training-Conflict Solutions Group	April 2026
• FLAFCC Conference	October 2025
• FLAFCC: Got Narcissist? Webinar	August 2025
• Preventing Medical Errors:Mental Health Professionals	March 2025
• Parting the Fog: The Future of Social Work and Artificial Intelligence	March 2025
• I've been Supoenaed. Now what? Ethical Responses to calls to testify	March 2025
• EMDR: EMDRIA Approved Training Intensive Parts I & II: 40 hours	February 2025
• FLAFCC Conference	September 2024
• ASAM Fundamentals of Addiction Medicine Workshop 8 hours	June 2024
• Fundamentals of Dialectical Beahavioral Therapy-40 hour	May 2024
• Solutions-Focused Brief Therapy, NYU School of Social Work	February 2024
• Assessment and Co-Occuring Disorders: 5 hours	February 2024
• Expert Witness Academy-2024 National Board of Forensics Conference-12 hrs	January 2024
• Level C Diagnostic Testing for Forensic Populations-40 hour	December 2023
• FLAFCC Conference	October 2023
• Addiction Health Summit, FLASAM	October 2023
• Clinical Supervision Foundations 12 hours	September 2023
• Managing Risk in the SW Profession	September 2023
• Florida Dispute Resolution Conference	August 2023
• Mandated Reporter Training: Identifying and Reporting Child Abuse and Maltreatment-2 hours	July 2023
• Trauma & Addictions: 2022 On-line Demand Conference	June 2023
• IFS & the treatment of addictions: biology, healing and habits	June 2023
• IFS & the treatment of Addictions: How to Embrace Addictive Parts	June 2023
• The Seven Tasks Of Integrative Harm Reduction Psychotherapy	June 2023
• Plugged In,Turned On, Burnt Out:How Technology Affects Sexuality and Relationships	June 2023
• 2023 Collaborative Perspectives on Addiction Meeting	March 2023
• Mediation Confidentiality 101	March 2023
• Mediation Ethics: Conflicts of Interest Defined	March 2023
• Mediator Ethics: It's Complicated	March 2023
• Crossroads of Mediator Ethics and IPV	March 2023
• Guardian Ad Litem Volunteer Program Dependency Court Chapter 39 Trained	February 2023
• Social Investigation/Guardian ad Litem Training-18 Hour	February 2023
• Medical Error Prevention for Mental Health	February 2023
• Child Abuse and Neglect	January 2023
• Overcoming Parent-Child Contact Problems: Family Interventions 30 Hr	December 2022
• FLAFCC UNMUTED 18th Annual Advanced Education Program	September 2022
• A Pair of ACES Plus One Tools for Taming ACES-7 hours	February 2022
• AFCC 59th Annual Conference	May 2022
• Attunement and Connection to Teens and Yound Adults in Therapy	May 2022
• Guardian Ad Litem Training with Judge Helinger	December 2021
• Dialectical Behavior Therapy Skills Training-21 hours	September 2021
• Acceptance & Commitment Therapy Training	August 2021

• Grief Treatment Certification Course-Evidence based strategies	June 2021
• Fundamentals of Kink: Intro to working with alternative relationships	May 2021
• The Grief Summit: Grief Counseling and Treatment	April 2021
• Sex, lies and damn lies: working in the infidelity and betrayal domains	April 2021
• Shattered Assumptions: treat grieving clients whose world has been turned upside down	April 2021
• Anticipatory Grief: Help clients face impending loss and uncertain futures	April 2021
• Kids and loss: how to work with the uniqueness of a child's grief	April 2021
• Medical Errors for the Wise Therapist	March 2021
• DV: Inside the minds of men who batter and the woman who love them	March 2021
• Ethics and Boundaries	March 2021
• Laws and Rules of the Board	March 2021
• How to target the limbic system to reverse trauma's physiological imprint	February 2021
• Acts of Omission: an overview of child neglect	March 2021
• AFCC: 2020 Advanced Issues for Family Law and Dispute Resolution Professionals 2 Day Training	December 2020
• 14 th Symposium on Child Custody	November 2020
• Alternative Dispute Resolution (ADR) Understanding Diversity when dealing with conflict	September 2020
• ADR: When Child Discipline becomes Abuse	September 2020
• ADR: How Enforceable Is That Mediated Agreement?	September 2020
• ADR: A Complete Victim-Offender Mediation Conference	September 2020
• ADR: The Unauthorized Practice of Law and its Impact on ADR	September 2020
• FACP Collaborative Law Process Act and Collaborative Process Families Struggling with IPV/DV	May 2020
• Calming an overactive brain	March 2020
• The Fundamentals of Parenting Coordination	August 2019
• Collaborative Divorce Specialist	April 2019
• Medication for the Treatment of Alcohol Use Disorder	January 2019
• Dr. Dan Wiles Collaborative Couples Therapy	April 2018
• Child Abuse and Neglect by parents and other caregivers	December 2017
• Oppositional, Defiant & Disruptive Children and Adolescents: Non-Medication Approaches to The Most Challenging Behaviors	November 2017
• Gottman Level 3: Practicum 20 hours	October 2017
• Two Day Trauma Competency Conference: Core Competencies and Treatment Strategies for Trauma, PTSD, Grief and Loss	April 2017
• 100 Brain Changing Mindfulness Techniques	April 2017
• Couples Course with Drs. John & Julie Gottman: Making Marriages Work by uncovering Secrets of Sex, Love & Trust	April 2017
• Domestic Violence 2 hrs	February 2017
• Medical Error Prevention 2 hours	February 2017
• Gender/Orientation Series-Gender Continuum 8 hours	January 2017
• Gottman Level 2	June 2016

- Baker Act and Florida Guardian Advocate Training April 2016
 - Gottman Method Couples Therapy Level 1 January 2016
-

PRESENTATIONS AND PUBLICATION

- Reunification Therapy Toolkit for Judges, Magistrates, Attorneys and GALS: Straight From the Trenches August 2024
 - Trauma Informed Courts Regional Trainings June 2024
 - Vision Board Workshop at The Chabad of Pinellas Women's Group August 2021
 - Published Article in Authority Magazine, interview with Ilyssa Panitz, "5 Things You Need to Know to Survive and Thrive During and After A Divorce", February 2021
 - Clearwater Bar Mental Health Awareness: The Difference Between Regular Stress and Mental Health Disorders November 2020
 - National Association of Divorce Professionals: Understanding the Amygdala and how it affects our children during a divorce September 2018
 - Prime Time Network Group, Handling the Holidays December 2016
 - National Association of Divorce Professionals: Divorcing a Narcissist February 2016
-

MEMBERSHIPS AND ASSOCIATIONS

- EMDR International Association (EMDRIA) 2025
 - Chairperson for Mental Health and Wellness Committee for Florida Society of Addiction Medicine 1/2024-12/2025
 - National Board of Forensic Evaluators 2023-Present
 - American Society of Addiction Medicine 2023-Present
 - The Florida Bar Affiliate Member 2022-Present
 - National Organization of Forensic Social Work 2023-Present
 - NAADAC-National Association for Addiction Professionals February 2023
 - Clearwater Bar Association, Collaborative Division 2022-Present
 - Florida Mental Health Counselors Association 2022-2024
 - Parenting Coordination Monthly Roundtable 2020 -Present
 - Member of The Parenting Coordination Subcommittee of the Family Law Section of FL Bar Rules & Forms Committee. 2022-Present
 - Canakaris American Inns of Court 2019 -Present
 - Association of Family and Conciliation Courts National and Florida Chapter 2018 -Present
 - Association of Family and Conciliation Courts New York Chapter 2023-Present
 - The Gottman Referral Network 2017-2019
 - National Association Of Divorce Professionals 2016 -2023
 - Previous Board Positions held:
Membership Chairperson, Treasurer, Assistant Director
 - National Association of Social Workers 2002 -Present
-

PRO BONO CLIENT WORK

- | | |
|--|-----------------------|
| ● Guardian Ad Litem Volunteer for Dependency Court | February 2023-Present |
| ● Collaborative Divorce Case with Joryn Jenkins | |
| ○ Role of Facilitator | 2021 |
| ● Collaborative Divorce Case with Joryn Jenkins | |
| ○ Role of Child Specialist | 2020 |
| ● Guardian Ad Litem with Judge Hamilton | 2021-2023 |
-