LES Greyhounds

NEWSLETTER

September 2021

Welcome to the 2021-22 school year!



Principal's Thoughts!

Happy New School Year!

We were and remain excited to welcome students back to school as normal this year. While COVID-19 continues to require our attention, we are ready for a positive school year where students are engaged and ready to become productive citizens in the communities of Lebanon and Summerfield. LES's motto, "We will do what is best for our students at all times!" reminds us that the top priority for students is their safety, well-being, and a successful educational career. They are our future leaders. We will do whatever it takes to help them be successful.

Our top priority every year is to focus on learning and help students see the best in themselves. This year is no different. District 9 educators and staff work very hard to keep students in school and focused on learning. We appreciate your partnership and support!

Nurses Notes!

The State of Illinois requires all incoming pre-kindergarten, kindergarten, sixth and ninth grade students to have a physical examination prior to entrance into these grades. The exam can be completed up to one year before the start of the school year. Children entering an Illinois school for the first time, irrespective of grade, are required to furnish a completed physical examination to the school within 30 days of enrollment.

Please note the "Certificate of Child Health Examination" form must be used. This is a two sided form-information must be completed on both sides of the form. Parents are required to complete and sign the health history section of the form. Your child's doctor must complete all required sections (see attached code). Your child will not be able to attend school until all required fields are completed on the physical form. A one page physical will not be accepted. **The athletic physical is not sufficient for entrance into 6th or 9th grade.

The required immunizations are:

- DTP/DT - 4 or more doses, at least 4 weeks apart, with the last dose received on or after the 4th birthday. Students entering 6th-12th grade are required to have 1 dose of Tdap vaccine (combined tetanus, diphtheria, acellular pertussis) regardless of the interval since the last DTaP, DT, or Td dose.
- IPV - 4 or more doses with the last dose received on or after the 4th birthday.
- MMR (Measles, Mumps, Rubella) - students K-12th; 2 doses - the first dose received on or after the 1st birthday and the second dose no less than 4 weeks later. Students in Pre-K are required to have 1 dose received on or after the 1st birthday.
- Varicella (Chickenpox) - 2 doses of the vaccine with the second dose received no less than 4 weeks after the first dose.
- Hepatitis B - 3 doses, interval of at least 4 weeks between 1st and 2nd dose, interval of at least 2 months between 2rd and 3rd dose. The interval between the 1st and 3rd dose must be at least 4 months.
- Hib - (Pre-K) primary series according to Hib schedule or proof of receiving 1 dose at 15 months of age or older.
- Pneumococcal vaccine - (Pre-K) according to schedule.

Meningococcal conjugate vaccine - Students entering 6th-11th grade: the dose must be given on or after the 11th birthday. Students entering 12th grade shall show proof of having received two doses of the vaccine prior to entering 12th grade. The first dose shall have been received on or after the 11th birthday and the second dose received on or after the 16th birthday, at least eight weeks after the first dose. If the first dose is administered at 16 years of age or older, only one dose is required.

These requirements are to be met by October 14th. Students will be excluded from school October 15th for failure to comply.

SOCIAL WORKER'S SAYINGS!

Here at Lebanon Elementary, we implement a social-emotional curriculum called *Second Step*. These lessons are presented by Miss Cantrill, the new social worker in our school. You can find more information about Miss Cantrill and the Social Work Service offered at the school in next month's edition of the newsletter.

Second Step focuses on building fundamental social-emotional skills that your children can use in a variety of situations. Specifically, we will work on skills related to learning, emotion management, empathy, and problem-solving.

To support this learning at home, we have compiled a list of Home Links for you and your child to access that directly correlate with the skills your child is learning through these lessons. The Home Links are simple, fun activities that you can complete with your child at home, which allows for your child to show what he/she has learned, as well as giving you an insight to some things they are learning. You can click here for the list of Home Links, separated by grade level. Each grade level will work on Lesson 1 for the first two weeks of September.



September Breakfast Menu

Breakfast Entree or Cereal served with Toast, Fresh Fruit & Milk

Mon	Tues	Wed	Thurs	Fri
		1	2	**3**
		Sausage Biscuit	Breakfast Pizza	Muffin w/Yogurt
		or Cereal	or Cereal	or Cereal
6	7	8	9	**10**
NO SCHOOL	Cheesy Scrambled Eggs	Biscuits & Gravy	Breakfast Pizza	Cinnamon Roll w/Yogurt
Labor Day	or Cereal	or Cereal	or Cereal	or Cereal
13	14	15	16	**17**
Pancake on a Stick	Scrambled Eggs	Sausage & Egg Biscuit	Breakfast Pizza	Donut w/ Yogurt
or Cereal	or Cereal	or Cereal	or Cereal	or Cereal
20	21	22	23	**24**
Waffles w/Sausage	Eggstravaganza	Biscuits & Gravy	Breakfast Pizza	Apple Turnover w/Yogurt
or Cereal	or Cereal	or Cereal	or Cereal	or Cereal
27	28	29	30	
Pancakes w/ Sausage	Scrambled Eggs	Sausage Biscuit	Breakfast Pizza	
or Cereal	or Cereal	or Cereal	or Cereal	

September Lunch Menu

Mon	Tues	Wed	Thurs	Fri
		1	2	**3**
		Chicken & Noodles w/Bread	Pork Roast	Chicken Patty on Bun
		Garden Salad	Mashed Potatoes	Celery Sticks
		Peaches	Steamed Broccoli	Mixed Fruit
		Milk	Applesauce	Milk
			Milk	
6	7	8	9	**10**
NO SCHOOL	Chili Dog	Rigatoni w/Bread	Sloppy Joe on Bun	Grilled Cheese
Labor Day	Fritos	Garden Salad	French Fries	Carrot Sticks
	Pears	Peaches	Green Beans	Mixed Fruit
	Milk	Milk	Applesauce	Milk
			Milk	
13	14	15	16	**17**
Hamburger on Bun	Chicken Fajita	Cheese Tortellini w/Bread	Meatloaf	Chicken Patty on Bun
Baked Beans	Black Beans	Garden Salad	Sweet Potatoes	Carrot Sticks
Pineapple	Sweet Corn	Peaches	Green Beans	Mixed Fruit
Milk	Pears	Milk	Applesauce	Milk
	Milk		Milk	
20	21	22	23	**24**
Cheese Pizza	Soft Taco	Beef Stroganoff w/Bread	Chicken Nuggets	Fish Sticks
Carrot Sticks	Refried Beans	Garden Salad	French Fries	Green Beans
Pineapple	Sweet Corn	Peaches	Steamed Broccoli	Mixed Fruit
Milk	Pears	Milk	Applesauce	Milk
	Milk		Milk	
27	28	29	30	
Hamburger on Bun	Cheese Quesadilla	Spaghetti & Meatballs	Salisbury Steak	
Carrot Sticks	Red Beans & Rice	w/Bread	Mashed Potatoes	
Green Beans	Pears	Garden Salad	Brussel Sprouts	
Pineapple	Milk	Peaches	Applesauce	
Milk		Milk	Milk	