

## Dream With God Guide

### Step 1: Worship and Prepare Your Heart

Before dreaming with God, start with worship to center your heart and mind on Him. Worship helps you remember who God is and positions your heart to hear from Him.

- **Action Step:** Listen to a worship song that reminds you of God's greatness. Suggested songs: "Way Maker" or "Goodness of God."
- Reflect on God's character: *He is faithful, good, and able to guide your steps.*

### Step 2: Read Scriptures About God's Guidance

Meditate on these verses to remind yourself of God's role in shaping your life and dreams:

- Jeremiah 29:11 – *"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."*
- Proverbs 16:9 – *"In their hearts humans plan their course, but the Lord establishes their steps."*
- Psalm 37:4 – *"Take delight in the Lord, and he will give you the desires of your heart."*
- Habakkuk 2:2-3 – *"Write the vision; make it plain on tablets, so he may run who reads it."*

### Step 3: Pray for Guidance

Invite God into your dreaming process. Ask Him to guide your thoughts and reveal His plans for your life.

- **Prayer Example:** "Lord, I thank You for the dreams and desires You've placed in my heart. I ask for Your presence as I reflect and plan. Help me to align my thoughts and goals with Your will. Speak to me clearly and guide my steps as I move forward in faith. Amen."

### Step 4: Quiet Reflection and Listening

Take time to sit in silence and listen for God's voice. Write down anything you feel God is speaking to your heart.

- If you don't hear anything right away, don't be discouraged. Reflect on what God has already placed in your heart and mind.

### Step 5: Brainstorm Your Dreams and Goals

Use the prompts below to reflect and plan. Let your imagination and faith work together as you consider what's possible with God.

### Journal Prompts:

1. What dreams or desires have been stirring in my heart recently?
2. How can these dreams honor God and align with His purpose for my life?
3. If I could imagine my ideal year, what would it look like in the areas of faith, family, work, health, and personal growth?
4. What is one small step I can take today to move toward these dreams?
5. What do I sense God saying about the direction He wants me to take?

### Step 6: Write the Vision

Following Habakkuk's example, write your dreams and goals clearly. Keep them somewhere you can review them regularly.

- **Action Step:** Create a "Vision Statement" for your year or season of life that captures what you feel God is leading you to do.

### Encouragement:

Remember, dreaming with God is a process. It's okay if your vision evolves over time. Trust that He will guide you as you move forward in faith.

### Next Steps:

- **Download and print this guide** to revisit these steps often.
- **Want to go deeper?** Join me in [The Abundant Life Academy](#), where we'll explore how to align your life with God's purpose and create lasting transformation.