# XPI Minutes February 19 2024

## **Serenity Prayer**

## **Introductions**

NAME	REPRESENTING	NAME	REPRESENTING
Anthony J	Come As You Are	Keith	Men's Toolbox
Beth S.	XPI Co-Chair	Laurelle	Gratitude Happy Hour
Billy	XPI Zoom Co-ordinator xpizoom@qmail.com	Marcia	Voices In The Stillness
Carmen	Make Today Count, Chair Chat	Maria Las Vegas	XPI Treasurer
Cat	XPI Chair xpichairperson@gmail.com	Melissa R	Zoom Host Training Coordinator xpihosttrainer@gmail.com
Jade	Zoom Host Trainer	Michelle T	Open Hearts Meeting
Jaue	jadeinrecovery@gmail.com	Neil	member at large
Jennifer	XPI Secretary, Faith & Footwork	Paula	Newcomer Q&A Coordinator
Kathleen	Free To Be Me	Tammi	Experience, Strength, Hope
Kathy T	Phone Committee, Contact List, Newsle cpaphonelist@gmail.com		inquiry@chronicpainanonymous.o

## Reports/Announcements

Cat - "groups are autonomous"

- complaints received about outside groups and literature being mentioned in meetings
- each meeting can put these issues to a group conscience vote and decide what is right for their own group's needs
- Please attend this open forum for information on how to give feedback on the new Daily Reader.

#### **Open Forum- All Members are Welcome!**

When

Sat, February 24, 4pm – 5pm ET

JoinZoom Meeting

https://us02web.zoom.us/i/229516538?pwd=VEJNSXpLTzhXbUQzelkwMXZ0ZENsdz09

Meeting ID: 229 516 538 Password: CPA

#### Cat - \*\*\*HELP NEEDED\*\*\* XPI Chair Apprentice

### Phone Committee - Kathy T

- Phone Committee meets 1st Sat of every month
- an info meeting for all the phone meetings is planned
  - o address issues such as need for chairs
- Contact List
  - please announce at meetings
  - members' info can be sent to cpaphonelist@gmail.com
- Monthly Newsletter
  - to have items added to the Newsletter, please send email before 1st of the month
  - GAC has suggested that Newsletter go to whole of CPA not just XPI
    - Kathy is preparing a proposal and forming a committee, help needed

#### End of Life - Neil

- will meet <u>every</u> Sunday at 5pm
- ALL members are welcome regardless of illness prognosis

#### Men's Toolbox - Tammi

starting Mar 6 will be Weds 8pm, rm# 111-283-488

#### Zoom Committee - Billy

- \*\*\*HELP NEEDED\*\*\* apprentice
  - Duties: zoom room assignments, process speaker recordings, process emails, resolve meeting safety issues, coordinate with Zoom
  - NOT Duties: Zoom Host Training and Chair Chat are now separate from this position

## Zoom Host/Co-Host Training - Jade

- next training: Sat Feb 24 3pm, rm# 111-283-488
- if you feel confident as a host, PLEASE become part of the training team

#### Chair Chat - Carmen

- 1st Mon of each month @ 1pm, rm# 111-283-488
- please announce at meetings because attendance is low

## Treasurer - Maria Las Vegas

- donations since last XPI meeting \$7.54, balance forward \$1176.22
- \$319.80 has been paid for Zoom Rooms for the year

## **New Business**

#### Newcomer Q&A

- MOTION PASSED: to elect Paula as the Newcomer Q&A Coordinator (yay Paula!)
- next Newcomer Q&A: Mon Feb 26 4pm, rm# 111-283-488

#### Zoom Host/Co-Host Training

- reminder: Host Training and Chair Chat are now separate from Zoom Coordinator position
- MOTION PASSED: to elect Melissa as the Zoom Host Training Coordinator
- complaints received about difficulties finding Host Training info
  - o details will be added to "Service" page on <a href="https://www.xpintergroup.org/service">www.xpintergroup.org/service</a>
  - suggestion to put it on <u>chronicpainanonymous.org/member-resources/service/</u> to be taken to GAC

## **Closing Prayer**