

TRACY WILLS TRACK & FIELD INVITATIONAL
@ Germany Park
Saturday, March 28th

6:30 a.m. **Weigh-In (until 7:15) @ Shed (north end of track) - Discus, Pole Vault, and Shot Put**

7:00 **Coaches Meeting at Shed (north end of track)**

7:45 3200 M Run (JV, V)

Field Events (JV - 3 Jumps/3 Throws; Varsity - 3 Jumps/3 Throws)

8:00	Discus - JV	Pole Vault - JV
	High Jump - V	Shot Put - V
	Long Jump - JV	Triple Jump - V

10:15	Discus - V	Pole Vault - V
	High Jump - JV	Shot Put - JV
	Long Jump - V	Triple Jump - JV

10:00 **Fun Run: K-3rd Grade (800 M Run), 4th-6th Grade (1600 M Run)**

12:15 **Lunch for Coaches and Workers**

12:15 **HP Senior Ceremony**

Running Events - Rolling Time Schedule (JV, V)

1:15 p.m. 4 x 100 M Relay
800 M Run
100 M Hurdles
100 M Dash
4 x 200 M Relay
400 M Dash
300 M Hurdles
200 M Dash
1600 M Run
4 x 400 M Relay