Eng 105

Final Reflection and Assessment

You've made it to the end of the quarter! It's finally time to slow down, take a breath, and reflect on all of the learning that you've done in Eng 105. Aside from the ILP itself, **this is the most important assignment of the quarter**. This is the moment we've been working toward!

Please create your "Final Reflection and Assessment" by answering the questions below in as much detail as possible. I have high expectations for the effort I feel this assignment requires and should reflect. Like we did with the ILP at the beginning of the quarter, I recommend working on it in bits and pieces, doing a little bit at a time.

Note: Ideally you will write your final reflection and assessment after you have submitted all of your assignments so that you can fully reflect on your learning for the quarter.

Final Reflection and Assessment

Course Learning Goal #1. *Cultivate the speaking and listening skills necessary for college-level seminars.*

In one paragraph, describe how your discussion and active listening skills have grown this quarter. Try to use at least one specific example of a moment that you feel shows growth in this area.

In another paragraph, reflect on your active speaking and listening skills as they pertain to your participation and engagement in Eng 105. Where did you succeed? Where would you like to improve in class participation skills in courses going forward?

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In a third paragraph, describe how you feel you helped your classmates to learn this quarter, including at least one particular moment or example that you feel best shows your contribution to our class community.

Course Learning Goal #2: *Develop personal study habits and routines that will help you excel across the curriculum at Northwestern.*

In at least one paragraph, reflect on the goals that you set for yourself regarding cultivating effective study habits, and where and how you have grown in this area.

In a second paragraph, reflect on areas of time management and study skills you would still like to improve upon as you go forward with your studies at NU.

Course Learning Goal #3: *Practice methods of learning and self-care grounded in writing and personal reflection.*

In at least one paragraph, review the goals that you set for yourself on managing academic stress and other anxieties related to school. It has been a very grueling quarter. In this paragraph, consider: How'd you do with keeping up with these goals? What happened when you did and didn't keep up with these goals?

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In a second paragraph, reflect on how you can continue to work on prioritizing yourself and your mental, emotional, and physical wellbeing as a student at NU!

Course Learning Goal #4: *Students will recalibrate critical reading, writing, thinking, and research skills for college-level study.*

Critical Reading:

In at least one paragraph, describe how you have grown as a critical reader this quarter in terms of the goals set in your ILP. In this paragraph, include at least one specific example or moment that you feel best shows your growth (or your continued difficulty) in this area in as much detail as possible.

In a second paragraph, reflect on areas of critical reading you would still like to improve upon as you go forward with your studies at NU.

Critical Writing:

In at least one paragraph, describe how you have grown as a critical writer this quarter in terms of the goals set in your ILP. In this paragraph, include at least one specific example or moment that you feel best shows your growth (or your continued difficulty) in this area in as much detail as possible.

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In a second paragraph, reflect on areas of critical writing you would still like to improve upon as you go forward with your studies at NU.

Critical Thinking:

In at least one paragraph, describe how you have grown as a critical thinker this quarter in terms of the goals set in your ILP. In this paragraph, include at least one specific example or moment that you feel best shows your growth (or your continued difficulty) in this area in as much detail as possible.

In a second paragraph, reflect on areas of critical thinking you would still like to improve upon as you go forward with your studies at NU.

Research:

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In at least one paragraph, describe how you have grown your research skills this quarter in terms of the goals set in your ILP. In this paragraph, consider any of the following questions: What are your biggest take-aways about college-level research that you learned this quarter? What do you know now about doing academic research that you didn't know when you started the quarter?

Reflect on Ungrading and how it worked for you this quarter!

In at least one paragraph, tell me what you think about ungrading and how you feel it worked/didn't work for you as a learner in Eng 105.

Assessment Time!

In at least one paragraph, synthesize all of the reflecting you have done above and write one paragraph that ultimately assesses your effort and growth as a learner in Eng 105 this quarter and states the grade you think you have earned based on that effort and growth.

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