

Tulare Union Tribe Athletic 2025 Summer & Fall Athletics

Boys Cross Country

Summer - Off season workouts begin June 9 - June 29 and July 16- Aug. 7 Mondays - Thursdays 7:30-9:30 am August 11-15th info will follow - Meet at TU Tennis courts Tulare/Cherry side of school. Bring water and running shoes. Any questions please contact Coach Jeremy Monitz - jeremy.monitz@tulare.k12.ca.us or Coach Smith - derek.smith@tulare.k12.ca.us

Girls Cross Country

Summer - Off season workouts begin June 9 - June 29 and July 16- Aug. 7 Mondays - Thursdays 7:30-9:30 am August 11-15th info will follow - Meet at TU Tennis courts Tulare/Cherry side of school. Bring water and running shoes. Any questions please contact Coach Lapadula jordan.lapadula@tulare.k12.ca.us

Football

Summer - All levels - Mon-Thu June 9-26, July 14-24 summer practices 6-8 pm Mon thru Thu
Official Fall Practice – Frosh & JV Mon July 28 4-6 pm TU practice field - Varsity Football - Mon July 28 TU Stadium Field 5:30-8:30 pm Questions contact Head Coach Darren Bennett darren.bennett@tulare@tulare.k12.ca.us
Head JV Coach Head Jesus(Bear) Sanchez jbsanchez559@gmail.com Frosh/Soph Coach Josh Callanan josh.callanan@tulare.k12.ca.us

Girls Golf

Summer workouts available please email Coach Hatton - Fall Tryouts – July 23 at 6-7:30 pm Tulare Golf Course - For questions contact Coach Mark Hatton mark.hatton@tulare.k12.ca.us

Girls Tennis - Summer practices- Tue/Thu June 10-26, July 15-22 at TU Tennis Courts 6:30-7:30 pm. Official fall practice begins Thu. July 24. Fall practices run M-F - 3:30-5:00 pm at the TU Tennis Courts. For ALL practices, bring appropriate athletic clothes, tennis shoes, a filled water container, and a tennis racket, if you have one. For questions, contact Ron Berry at ronald.berry@tulare.k12.ca.us or Alec York at alec.york@tulare.k12.ca.us --or join the Google Classroom with the code: j5ak4qk.

Volleyball

Summer Open Gym - Tuesdays and Thursdays June 10-26 5:30-7 pm East gym. **Conditioning and Ball Skill work** - July 21-25 - East gym 8:00 am to 10:00 am **Mandatory Tryouts** July 28-August 1 East gym 8:00 to 10:00 am For questions contact Jessica Pedro sartuchejessica@yahoo.com

Girls Water Polo

Summer Work outs - June 9-27 Mondays and Wednesdays 3:30-4:30 pm MO Pool, July 21-31 Monday through Friday 4-6 pm TU Pool - Official Fall Tryouts & Practice starts July 31- Mondays through Fridays 4-6 pm For questions, contact Zachary VanScyoc - zachary.vanscyoc@tulare.k12.ca.us

Boys Water Polo

Summer Club Water Polo contact Tulare Water Polo Club at tularewaterpoloclub@gmail.com Summer Workouts - July 14-18 - 6-8am July 21-25 8-10 am - July 28-Aug. 8 8-10 am Fall tryouts - Aug. 11-15 3:30-5:30 pm, Aug. 15 2:00-4:00 pm @ TU Pool Contact Erik Pedersen at erik.pedersen@tulare.k12.ca.us All team communications will be through ParentSquare. Be sure to have an account set up to receive weekly schedules and other communications.

Boys Basketball

Summer Open gym workouts TBA as well as summer league - Please contact Coach Mark Hatton if you are interested email mark.hatton@tulare.k12.ca.us

Girls Basketball

June 9-25 Mon & Wed Summer league at Golden West. Tue & Thu Open gym 5-7 pm East gym - Reach out to Coach Diaz for more info or questions Coach Diaz at monicadiaz007@aol.com

All athletes must have Physical Clearance before participating in Fall Tryouts. Physicals are done online at <https://hello.students.arbitersports.com/> a copy of your current physical with Doctor's signature and Drug testing consent form and Proof of Insurance form and copy of insurance card must be turned into the school nurse prior to practice.

Free Physical will be hosted on Thursday May 14, 2025 from 3-5:30 pm in the Tulare Union Gym - All info can be found at <https://tuhs.tjuhsd.org/Athletics>

Please join TU Athletic Social Media sites for information throughout the year.

Twitter - TU Tribe Athletics @TUTRIBEathletic

Instagram - TUTRIBEathletics - Facebook - TUTRIBEathletics