



Franklin City Schools

Intermediate and Jr High

October Menu

What makes a free breakfast - students can take up to 4 items, must take at least 3 items with one of those items being at least ½ cup of fruit, vegetable, fruit juice or fruit/vegetable juice.		What makes a free lunch - students must select at least 3 of the 5 components and one of the components must be ½ cup of fruit or vegetable component for their tray to count as a reimbursable meal.		1% White, Fat Free White or Fat Free Flavored Milk may be offered daily
Breakfast cost 1-12 Free Adult \$2.50		Lunch cost 1-12 Free Adult \$5.00		
Monday	Tuesday	Wednesday	Thursday	Friday
		1 Meatball sub Salad Banana	2 Chicken Stips Roll Sweet Potato Fries Appleslices	3 Macaroni & Cheese Pretzel Stick Green Beans Peaches
6 Pizza Broccoli Pineapple	7 Taco Bowl (Taco Meat & Rice) Chips Black beans Pears	8 Cheeseburger Carrot sticks Mixed Fruit	9 Pancakes Bacon (2 slices) Triangle Apple Juice	10 Early Release Corn Dogs Celery Sticks w/PB Cup Strawberry Cups
13 Students No School	14 Chicken Fajita Refried Beans Appleslices	15 Lasagna roll up w/Meat Sauce Garlic Toast Salad Banana	16 Salisbury Steak w/gravy Roll Corn Grapes	17 Hot Ham & Cheese Sandwich Sweet Potato Fries Mandarin Oranges
20 Pizza Crunchers Cauliflower Peaches	21 Taco Stick Salad Pears	22 Hamburger Cooked Carrots Cantaloupe Chunks	23 Hot Dog Baked beans Banana	24 Chicken Nuggets Roll Mashed Potatoes Applesauce
27 Pizza Corn Mixed Fruit	28 Chicken & Rice Bowl Egg roll Broccoli Pineapple	29 Toasted Cheese Sandwich Tomato Soup Corn Bread Appleslices	30 Pretzel Dog Baked Beans Banana	31 Cooks Choice California Blend Blueberries

Menu Subject to change without notice.

Other main entrees may be available.

Fresh fruit, fruit juice and fresh vegetables may also be available.

Ala Carte items may be available at additional cost.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

USDA Nondiscrimination Statement For all other FNS nutrition assistance programs, state or local agencies, and their sub recipients, must post the following Nondiscrimination Statement: In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: 1. mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or 2. fax: (833) 256-1665 or (202) 690-7442; or 3. email: program.intake@usda.gov