

## **Objective: Social Media Caption**

Make them go from social media to her website.

## **Research**

### **Current State:**

Jenn is a 24 years old female who struggles with past trauma and anxiety that bothers her non-stop. She is studying for a nurse and her knowledge of energy healing is minimal but she was always fond of natural healing and alternative medicine.

Jenn is not brave enough to face her trauma and fears that she won't be able to find peace where there is only pain.

She is struggling with daily stress, anxiety, and being out of balance. Jenn is feeling that this trauma is energetically exhausting her.

She feels that she will never be brave enough to face the trauma and that she won't be able to free herself from it ALONE.

If she were to describe her problem over dinner to a friend, she would say:

I don't think I am brave enough, anxiety is bothering me all the time and I can't find peace. I just want to feel peace, connection, and hope for the future. These negative emotions make my mind muddled and I cannot be in peace anywhere.

I want someone to help me face my trauma and help me release these negative emotions that keep me from living a peaceful and balanced life.

### **Dream state:**

Magic wand:

She would have inner peace, freedom, and encouragement for future life.

She will feel so much better about herself because there isn't any trauma holding her back to living a fulfilled life.

She will be happy because there isn't any anxiety, stress and so many negative emotions.

She will be open to more activities than before and will be ready to be in a relationship because she is freed from the shackles of past trauma.

### **Values and Beliefs:**

She believes that her past trauma and emotional damage are the cause of her current state, asking herself whether she will heal or not.

She doesn't believe she can face the past alone and needs someone to help and guide her.

She has tried other healing modalities in the past, but she feels that they have been incomplete or insufficient in addressing her specific needs.

She despises closed-mindedness and limiting beliefs that hinder personal growth.

**Solution:**

The solution is to have energy healing/clearing and for somebody to guide her through the process and that will help her clear from past trauma.

If Jenn gets energy clearing then she will be able to let go of past trauma and continue with her new and better life.

**Product:**

The shamanic energy healing connects Jenn with a skilled shamanic practitioner who understands her specific needs and guides her through the healing process.

The healing is based on the specific needs of the Customer, so there are higher chances of the healing to work.

By providing a safe and nurturing environment, the product encourages Jenn to explore her trauma at her own pace, ensuring a more gentle and sustainable healing process.

The guidance and expertise of the shamanic practitioner, combined with the specific techniques employed for Jenn's needs, ensure that Jenn's healing journey progresses efficiently

The product's personalized nature allows Jenn to focus on her specific needs, which means there won't be any wasted effort that won't be effective for her problems

# First Caption,

Are struggling with the shackles of past trauma and anxiety that are holding you back from living the life you want? 🌿

Deep down yearning to let go of the weight that burdens your soul...

..and finally, freed to live with peace, hope, and balance.

You may also think you will never be brave enough to face the past and let it go.

It's natural to be hesitant, doubting your bravery in confronting the grips that pull you back from living in the present.

But you should remember that healing starts with a single step.

Take a step into the journey of release with Shamanic Energy Healing freeing yourself from negative emotions.

Feel the weight getting lifted off your shoulders as energy blockages clear and enjoy the feeling of freedom and release.

So, if you are ready for a new beginning in your life with positivity, balance, and a brighter future.

Then see the link in the bio.

#shamanichealing #findyourinnerpeace #chakrasaligned #emotionalbalance #traumarelease

Ammo for research:

Testimonials:

I'd never been to a Shamanic Healer before my session with Georgia, and my knowledge of the spiritual world was minimal at best. However, the moment my session began, none of that mattered. Georgia's ability to hold space with Spirit in which you feel safe, seen and heard is exceptional and rare. We began our sessions on the cusp of the pandemic, and since then she has guided me through trauma I never thought I'd be brave enough to face, and helped me find peace where I believed there would always be pain. Her dedication and commitment are evident in her repertoire, which continues to evolve and transform to provide the healing I need, before I even know I need it.

I began seeing Georgia 2 years ago, halfway into my graduate year in nursing when I was struggling with work-related anxiety and absolute exhaustion.

At the time I had never heard of shamanic healers or tried any energetic type work nor did I know anyone who had, but I knew Georgia through my brother and had always been curious about energy work.

I still recall clearly leaving my first session and for the first time in so long feeling an inner quiet.

What she has done since has provided energy healing to help reset me and taught me so much about how to protect my energy and especially in the work setting, how much energy I was giving away leading to my own exhaustion.

I have gone through the hardest 2 years of my life and her energetic work, and gentle guidance has been a steadying hand, to guide my growth through this and allow me to see the strength in myself.

What is incredible is her own commitment to growth and as a shamanic healer always learning and developing her skills so she can bring her best in her healings for you.

I would recommend Georgia's services to anyone who is open and looking for a holistic picture of healing.

I've had reiki and kinesiology before but have never been to a Shamanic Practitioner and I frequently loved this experience! I found it helped me so much from one session. I had so many energetic blockages throughout my body especially in my womb and gut and when Georgia was working over my stomach I felt like I had a baby in me kicking, it was the most bizarre experience! Whatever was sitting there energetically Georgia has shifted. I'm going to the toilet twice a day, I'm losing weight and I'm not trying too. I feel so much better in myself. Georgia realigned my chakras and cleared ties that I still had to my ex boyfriend that was sitting in my womb. I've booked in again in a couple of weeks because if I feel this good after one session I can't imagine how good I'm going to feel after two, three or four. If you feel like things energetically affect you or you have past traumas or things going on I definitely recommend seeing Georgia

Georgia is an incredible gift to this world. Her connection with spirit is very strong, her heart so big, her energy like being nurtured, held, safe (like someone ready to fight and protect you - not that that is needed, but that is how safe she makes me feel as I drift off with spirit), and her ability to help you clear what you can't yourself is next to none. Georgia has helped me with everything from general energy clearing and guidance, to deep inner work such as understanding that I was carrying anxiety from my holocaust surviving grandmother's side of the family (probably in my DNA). Georgia is an authentic, heart-centered, and remarkable shamanic practitioner who lives and breathes her medicine every day. As a healer myself I know how much it takes to walk this path fearlessly and stay a strong vessel for pure energy to come through. Georgia does this day in and day out and is always able to help me. THANK YOU for your service, your love, and your fearlessness. I highly recommend Georgia to anyone and everyone

Highly recommend anyone who may be feeling stressed, anxious or even just a little out of balance to visit the lovely Georgia. This beautiful soul can do no wrong. I have opened myself up to so much more than I could ever see in the past and it is really overwhelming. There is no way to explain what feeling what I now feel is like. Knowing that life isn't just about what you can physically see. You don't need to 'see' to believe. Not many people will understand this but when you know, oh boy you will know.

It has been wonderful to look into the world of the shaman and to feel peace, connection and encouragement for the future.

affect physical conditions as diverse as malfunctioning kidneys and chronic fatigue. The author also explains in detail various techniques to help burn up and combust toxic energy and clean out energy imprints from traumatic experiences. Once those are released, negative emotions and behaviors can change. A compassionate section explains how to help ease people through the process of dying.

For me its important to support and learn off people with a like-minded way of life. People that are searching for more! People that ask what if? For me doing a distant reading or meditation with George is a complete self-love practice. To hear or listen to what someone with intense spiritual awareness has to say about my world and current situations, is healing just in its self. Thank you Georgia for always making me feel clear minded and balanced.