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KEEP CHECKING BACK TO THIS LINK (AND THE WEBSITE), AS LESSONS WILL CONTINUALLY BE ADDED. PLEASE SHARE A LESSON THAT YOU WOULD LIKE TO OFFER:

contact@gfaclessons.com

PLEASE NOTE: IN THE FUTURE, THE GOAL IS TO HAVE VIDEOS TO ACCOMPANY EACH LESSON (FOR A SMALL PRICE-TO REIMBURSE THE GRAPHIC ARTISTS)

PURPOSE OF GOD, FAMILY, AND COUNTRY LESSONS (from: gfaclessons.com)

Strengthening Christian families who love God and Country.

If these lessons inspire you, please share them on social media.

GRANDMA LINDA LEE HANDY'S SPECIAL INVITE TO YOUNG GEN Z: Oh, how we love you! We appreciate you! We have great faith in you! May the lessons help you to secure our future!

Every GFAC Lesson is designed to strengthen God, Family, and Country by teaching meaningful principles through short 10–15 minute lessons that your family can enjoy together. Whether you hold weekly Family Home Evenings, personal devotionals, or scripture time, these lessons are simple, impactful, and adaptable to any home. Each lesson topic is a starting point. We encourage you and your family to expand your study to compare liberal and conservative views, then embrace those that support God, Family, and Country. Prepare yourself to defend your values. Follow Charlie Kirk's challenge to "Prove me wrong."

Strengthening Family Bonds

What does your family look like? A few roommates/friends, a family with children, or grandparents who wish to influence their grandchildren. These lessons are designed to be applicable to all learning levels of the family. We believe that families grow stronger when they learn together. Our Free Lessons help families deepen connections of faith, service, and gratitude. Please consider developing a lesson to share.

Celebrating Patriotism & Service

GFAC Lessons honors the values that built our nation—devotion to country, gratitude, and a spirit of service. Our materials highlight the prayers and character of American heroes, guiding families to cherish freedom and contribute positively to their communities.

Bless more families by submitting your own GFAC Lesson

- 1. Follow the GFAC Lesson format**
- 2. Email your lesson to: contact@gfaclessons.com**
- 3. Choose whether to include your name or submit anonymously**
- 4. If including your name, add a short one-paragraph bio**

Thank you for supporting GFAC!

THERE IS A DONATE BUTTON ON THE WEBPAGE: HALF IS DONATED TO TURNINGPOINTUSA AND HALF IS USED FOR PLATFORM COSTS. THANK YOU IN ADVANCE

LESSON : PRAYERS OF GEORGE WASHINGTON BY LINDA LEE HANDY

1.LESSON PURPOSE: To learn of the faith and prayers given by George Washington, General of the struggling Colonial Army in the Revolutionary War for freedom from the mighty Great Britain (and later first President of the USA.) To recognize God's hand in guiding and blessing this humble leader and this small Colonial Nation. To be inspired to also have faith, gratitude, prayers, and good works in our own times of struggle.

2.WHAT CAN WE LEARN FROM THE PRAYERS OF GEORGE WASHINGTON?

This prayer is read aloud each day at Mount Vernon's public wreath-laying ceremony.

I now make it my earnest prayer, that God would have the United States in his holy protection, that he would incline the hearts of the Citizens to cultivate a spirit of subordination and obedience to Government, to entertain a brotherly affection and love for one another, for their fellow citizens of the United States at large, and particularly for their brethren who have served in the Field, and finally, that he would most graciously be pleased to dispose us all, to do Justice, to love mercy, and to demean ourselves with that Charity, humility and pacific temper of mind, which were the Characteristicks of the Devine Author of our blessed Religion, and without an humble imitation of whose example in these things, we can never hope to be a happy Nation. Amen

Prayer adapted from Washington's Circular Letter to the States, which he wrote on June 8, 1783, as the commander in chief, at his headquarters in Newburgh, New York. This circular was directed to the governors and states of the new nation. His reference to them has been replaced by the words "the United States." Otherwise, the words and the spellings are those of General George Washington of the Continental Army.

3.TO SEEK GUIDANCE AND BLESSINGS FOR AMERICA, WHY WAS GEORGE WASHINGTON'S PRAYERS FOR THE NATION IMPORTANT TO US?

- a. Acknowledge the importance of divine guidance in leadership.
- b. Pray for unity and harmony among the people.
- c. Request strength and wisdom for those in power.
- d. Seek protection and peace for the nation.
- e. Encourage a spirit of humility and service to others.
- f. Foster a commitment to justice and righteousness in all actions.

4.FAMILY DISCUSSION: How can we FOLLOW the example of faith & prayers that George Washington gave us? How can we have dependence upon God's divine blessing to enable us to be a secure & happy land?

5.RESOURCEs: <https://www.mountvernon.org/the-estate-gardens/the-tombs/george-washingtons-prayer-for-his-country>; www.ushistory.org › [valleyforge](#) › [Washington](#); gfaclessons.com

LESSON: SETTING GOALS, FOLLOWING EXAMPLE OF PRES. JIMMY CARTER BY LINDA LEE HANDY

1. JIMMY CARTER, 39TH PRESIDENT OF U.S., A DEVOTE CHRISTIAN, WAS KNOWN FOR HIS STRONG BELIEF IN GOAL SETTING. Study his very productive life, as many honored him for his accomplishments at his passing at the end of 2024 at age 100. Initially he wanted a career in the Navy, but resigned to help his family with their peanut farm after his father died. He continued to live a life of service. What can we learn from his statements? *"My faith demands that I do whatever I can, wherever I am, whenever I can, for as long as I can with whatever I have to try to make a difference. "I believe that anyone can be successful in life, regardless of natural talent or the environment within which we live. This is not based on measuring success by human competitiveness for wealth, possessions, influence, and fame, but adhering to God's standards of truth, justice, humility, service, compassion, forgiveness, and love."*

"We have to inspire our children and grandchildren to take on challenges and risks that at first may seem to be overwhelming, or even impossible. They need to understand that the only failure is not trying. "I have learned that our greatest blessings come when we are able to improve the lives of others, and this is especially true when those others are desperately poor or in need."

2. HOW DOES A FAMILY SET GOALS SUCCESSFULLY? Often, I would hear my daughter and her husband being asked, "Tell us your secret of parenting. Your children are turning out so well. We want to do the same." One of my answers would be that they have Sunday family goal setting and review that were based on serving God, Family, and Country. Both my daughter and her husband, a native of the island of Tonga and devoted, naturalized citizen, learned these principles in their own youth (family provides roots and gives them wings). These parents are prayerful and want their children to strive to be the best they could be. The children knew the expectations of high standards. They were encouraged to be the first there and the last to leave in helping with a church, school, or sports event. They were expected to always raise a hand when volunteers were needed. Nothing is more rewarding in later life for a grandparent, then seeing the fruits of your labors in your amazing children and grandchildren. To spotlight some of their children: Oldest daughter, devoted wife & mother, achieved her goal of 6 children before age 30. First son, now a father of 4, graduated from Air Force Academy, Military Medical School and is serving as a Radiologist in the military. Second son, now a father of 5, was the first Pacific Islander to graduate from Yale Law School and is making his mark in helping others build equity.

3. FAMILY DISCUSSION: How can your family (whether is a group of roommates, or a family with young children) strive to set meaningful and productive goals, individually and as a family? How can we remember, and listen to the guiding Holy Spirit, that we are beloved Children of God, who has a great plan for us, and we must strive to fulfill this plan. Ask: Why am I here on earth? What is my relationship in following Jesus Christ as the way? How can we rejoice in living in these days? How does a covenanted life prepare us for this eternal destiny and reunion in Heaven with faith, prayer, respect, forgiveness, and service?

4. RESOURCES: <https://www.linkedin.com/pulse/lessons-learned-from-legacy-president-jimmy-carter-atul-tandon/> <https://www.ldsliving.com/he-served-in-the-bishopric-his-1st-year-of-law-school-now-hes-yale-laws-first-polynesian-grad> June 2022

LESSON: BE HAPPIER, FOLLOW CORE PRINCIPLES OF CONSERVATISM BY LINDA LEE HANDY

1. MAJORITY LEADER, CONGRESSMAN MIKE JOHNSON DRAFTED IN 2018 A SHORT SUMMARY OF THE 7 CENTRAL BELIEFS OF AMERICAN CONSERVATIVES TO HELP ANCHOR THE WORK OF THE REPUBLICAN STUDY COMMITTEE. His goal was *“to provide timeless principles that made our nation the freest, strongest, and most prosperous in human history. Since that time, many other conservative organizations and lawmaking bodies nationwide have adopted this list as their own.”* Study the full document. Here is a summary: **INDIVIDUAL FREEDOM:** *The birth of our great nation was inspired by the bold declaration that our individual, God-given liberties should be preserved against government intrusion.* **LIMITED GOVERNMENT:** *Safeguards.* **RULE OF LAW:** *Ours is a government of laws not of men.* **PEACE THROUGH STRENGTH:** *The first obligation of the federal government is to provide for the “common defense” of the US by securing our borders and protecting our homeland. America serves in natural role of moral leadership in an increasingly dangerous world.* **FISCAL RESPONSIBILITY:** *Because government has refused to live within its means, America is facing an unprecedented debt and spending crisis.* **FREE MARKET:** *Government often stands as the greatest obstacle in the progress and prosperity of free people.* **HUMAN DIGNITY:** *Because all men are created equal and in the image of God, every human life has inestimable dignity and value, and every person should be measured only by the content of their character. A just government protects life, honors marriage and family as the primary institutions of a healthy society.”* This has been extremely beneficial, as there are many historical opinions about Conservatism (see Wikipedia)

2. WHY DO YOU THINK THAT STUDIES SHOW CONSERVATIVES HAVE A HIGHER MEANING OF LIFE AND HIGHER LIFE-SATISFACTION THAN LIBERALS? The NIH Article tried to define: Meaning in life, well-being, political orientation, ecological momentary assessment, satisfaction with life. While quantifiable measures are limited, the study determined: *“In sum, we have examined the relationship between political orientation and well-being by considering a more holistic view of well-being that includes evaluative, experiential, and eudaimonic well-being at various reporting periods. Overall, our findings show that conservatives report more meaning in life than liberals, and this effect is stronger and more robust than the effects previously found for evaluative and experiential well-being.”* Another study in Academia.edu stated, *“We suggest that the differences between liberals and conservatives in personality traits may provide an additional account for the “happiness gap.”* This study identified *“neuroticism (emotional stability), conscientiousness, system justification beliefs, and religiosity”* for contributing to the difference. Hmmm Most Conservatives are happily, humbly proud to be conscientiously concerned about God, Family, and Country.

4. FAMILY DISCUSSION: How does your family define “Happiness” and set goals for achieving it? How is your family “happier” when you are engaged and supporting the Core Principles of Conservatism?

5. RESOURCES: <https://mikejohnson.house.gov/7-core-principles-of-co...>;

<https://pmc.ncbi.nlm.nih.gov/articles/PMC6764755/>(Conservatives Report Greater Meaning in Life than Liberals);

https://www.academia.edu/20521711/Why_Do_Conservatives_Report_Being_Happier_Than_Liberals_The_Contribution_of_Neuroticism; https://en.wikipedia.org/wiki/Conservatism_in_the_...

LESSON: SEEK MEDIA & RESOURCES THAT SUPPORTS GFAC BY LINDA LEE HANDY

1. HOW CAN YOU RELY ON THE MANY SEARCH ENGINES THAT OFFER MANY RESOURCES WITH MANY STATEMENTS? Times Magazine has identified AI Seer Facticity.AI (Digital Fact Finder) as one of the Best Inventions of 2024 for verifying facts. Let's see how we can use MBFC www.mediabiasfactcheck.com as a tool versus a definitive authority: Use it as a starting point to get an initial assessment of the media's potential biases or credibility. Compare ratings with other sources like AllSides or Ad Fontes Media (means "to the source", known for navigating media bias.) See where the news sources fall across the political spectrum and your GFAC values. Cross-reference facts by checking the story with multiple, reliable news sources to get a variety of viewpoints. Review the detailed methodology on its own website to see the evidence behind a specific rating.

2. LET'S USE AN EXAMPLE: GOGGLE "CHARLIE KIRK QUOTES" and one of the sources will take you to www.huffpost.com › entry › charlie-kirk-quotes: "Here Are 14 Real Charlie Kirk Quotes That Show His Beliefs ..." Continue to Goggle "Is HuffPost Conservative or Liberal?" A reliable source is www.mediabiasfactcheck.com which states, "*HuffPost's audience typically aligns more with liberal values than conservative ones. It has been criticized by some conservatives for its perceived bias in reporting.*" Continue to another source: www.snopes.com › collections › charlie-kirks-quotes which states, "*18 of Charlie Kirk's alleged quotes, investigated From his last words to calling MLK Jr. 'awful,' we look at all claims surrounding the late Turning Point USA co-founder's words.*" What does www.mediabiasfactcheck.com say about Snopes? "*These media sources have a slight to moderate progressive/liberal bias. They often publish factual information that utilizes loaded words (wording that attempts to influence an audience by using appeal to emotion or stereotypes) to favor progressive/liberal causes. These sources are generally trustworthy for information, but may require further investigation.*"

3. HIGHLY RATED CONSERVATIVE NEWS SOURCES AND EVENTS THAT SUPPORT GFAC: Fox News and Fox Nation (this Lesson Developer is an avid follower.) Breitbart News, The Daily Wire, The Federalist, Newsmax, The New York Post, The Joe Rogan Experience, Tucker Carlson Network, One America News Network (OAN), The Wall Street Journal, RealClearPolitics. Seek outstanding podcasts. Conservative families can find events through national organizations, local political clubs, faith-based groups/churches, and family-focused event platforms. These events range from political rallies to community-building activities and educational workshops.

4. FAMILY DISCUSSION: How can we seek media sources and events that support God, Family, and Country? How can we ensure we are not misled by those who do not support our values?

5. RESOURCES: <https://time.com/7094922/ai-seer-facticity-ai/> www.mediabiasfactcheck.com › huffington-post; www.huffpost.com › entry › charlie-kirk-quotes; www.snopes.com › collections › charlie-kirks-quotes

LESSON: PEACE FOR HOME AND COUNTRY, PRESIDENT DONALD J. TRUMP BY LINDA LEE HANDY

1. **STUDY WHY MANY ARE CALLING PRES. TRUMP THE “PEACE PRESIDENT”** for helping settle many long existing wars and negotiate peace treaties. He also has called for less violence and more peace and safety in our homeland. Read the 10/13/25 Trump Declaration for Enduring Peace and Prosperity, signed by many Middle East countries. It says, *“We, the undersigned, welcome the truly historic commitment and implementation by all parties to the Trump Peace Agreement... We affirm that meaningful progress emerges through cooperation and sustained dialogue, and that strengthening bonds among nations and people’s serves the enduring interests of regional and global peace and stability. We recognize the deep historical and spiritual significance of this region to the faith communities whose roots are intertwined with the land of the region — **Christianity, Islam, and Judaism among them. Respect for these sacred connections and the protection of their heritage sites...**”*

2. **POPE JOHN XXIII, KNOWN AS THE “GOOD POPE”** said, *“ The true and solid peace of nations consists not in equality of arms , but in mutual trust alone.”* Study his Encyclical on establishing Universal Peace in truth, justice, charity, and liberty.

3. **FAMILIES CAN LEARN FROM MATTHEW 5:9**, Jesus Christ’s Sermon on the Mount, and this Beatitude: *“ Blessed are the peacemakers: For they shall be called the children of God.”* How does He want us to be “Peacemakers?” The Dictionary defines **“Peacemaker”**: **A person who brings about peace, especially by reconciling adversaries.** From Grand Canyon U theology: *“The first thing is that the peacemakers must commit. Peacemaking is not being nice. Peacemaking may be kind, but it is not passive. It demands that we step into conflict. Peacemakers in the Bible would step between two warring parties. The peacemaker initiates reconciliation when others have wronged them. The peacemaker is quick to repent when they have wronged others. In a world, where we have been disciplined to avoid conflict, peacemaking takes a commitment to move toward it. **Today, our points of conflict are political, racial and religious.** Conventional wisdom believes we make peace by avoidance. **The peacemaker knows there is no peace without healing, and there is no healing without tough conversations and work.”***

4. **FAMILY DISCUSSION:** How are the challenges of “nations” similar to the challenges of many families? How can members of the family “cooperate and sustained dialogue that strengthen bonds and serve enduring interests” of the family? How can members of the family nurture trust and then peace in the home? How can we individually commit to have the tough conversations and work in our communities to stand for our values and peace.

5. **RESOURCES:** [www.whitehouse.gov › presidential-actions › 2025;](https://www.whitehouse.gov/presidential-actions/2025/) https://www.vatican.va/content/john-xxiii/en/encyclicals/documents/hf_j-xxiii_enc_11041963_pacem.html; [gfaclesons.com;](https://www.gcu.edu/blog/theology-ministry/theology-thursday-blessed-are-peacemakers) <https://www.gcu.edu/blog/theology-ministry/theology-thursday-blessed-are-peacemakers>

LESSON: HONORING CHARLIE KIRK WITH RENEWED PURPOSE BY LINDA LEE HANDY

1. CHARLIE KIRK WAS HONORED WITH THE PRESIDENTIAL MEDAL OF FREEDOM on 10/14/25 his 32nd birthday by President Donald Trump. Below are partial quotes from that Resolution challenging all Americans to have renewed purpose. Study this resolution and the many resources from Charlie Kirk and Turning Point USA. From the Medal of Freedom Resolution: "... Whereas: Charlie Kirk was a devoted Christian, who boldly lived out his faith with conviction, courage, and compassion;... exemplifying the virtues of faith, fidelity, and fatherhood; ...was a fierce defender of the American founding and its timeless principles of life, liberty, limited government, and individual responsibility; founded Turning Point USA in 2012, a student movement with the mission to "identify, educate, train, and organize students to promote the principles of fiscal responsibility, free markets, and limited government"; ...personified the values of the First Amendment, exercising his God-given right to speak freely, challenge prevailing narratives, and did so with honor, courage, and respect for his fellow Americans; ...would not have us respond to his death with despair, but rather with renewed purpose – to speak truth with courage, to stand firm in faith, to seek unity while standing firm in principle, and to serve as living reminders of the values he championed: faith, family, and freedom.

Now, therefore, be it Resolved, That the House of Representatives –... honors the life, leadership, and legacy of Charlie Kirk, whose steadfast dedication to the Constitution, civil discourse, and Biblical truth inspired a generation to cherish and defend the blessings of liberty; and calls upon all Americans – regardless of race, party affiliation, or creed – to reject political violence, recommit to respectful debate, uphold American values, and respect all Americans.

2. MY SISTER'S VERY SPECIAL GRANDDAUGHTER, raised with devout Christian and conservative values, was so excited to earn a full ride athletic/academic scholarship at U of Nebraska. She found the atmosphere to be very liberal and she felt very isolated, until she met Charlie Kirk and colleagues who helped established Turning Point USA on her campus. As her relative (like many parents and grandparents), I will always be grateful for his continuing impact (on our youth and on us as parents and older folks.) Check out the many resources at www.tpusa.com Their challenge: Charlie's Vision, America's Future, The Fight Continues.

3.FAMILY DISCUSSION: How can we accept the challenge from Congress to have "renewed purpose: To speak truth with courage, to stand firm in faith, to seek unity while standing firm in principle, and to serve as living reminders of the values he championed: faith, family, and freedom?" How can we press forward to honor Charlie Kirk's legacy? What might be our goals?

4. RESOURCES: <https://docs.house.gov/billsthisweek/20250915/Resolution%20-%20Charlie%20Kirk.pdf> (for Metal of Honor), <https://tpusa.com/resources>; gfaclessons.com

RESOLUTION OF HOUSE OF REPRESENTATIVES 719, PASSED 9/19/2025

HONORING THE LIFE AND LEGACY OF CHARLES “CHARLIE” JAMES KIRK

Whereas Charles “Charlie” James Kirk, born October 14, 1993, was a courageous American patriot, whose life was tragically and unjustly cut short in an act of political violence on September 10, 2025, at Utah Valley University;

Whereas Charlie Kirk was a devoted Christian, who boldly lived out his faith with conviction, courage, and compassion;

Whereas Charlie Kirk was a dedicated husband to his beloved wife, Erika Kirk, and a loving father to their daughter and son, exemplifying the virtues of faith, fidelity, and fatherhood;

Whereas Charlie Kirk was a fierce defender of the American founding and its timeless principles of life, liberty, limited government, and individual responsibility;

Whereas Charlie Kirk, at 18 years old, founded Turning Point USA in 2012, a student movement with the mission to “identify, educate, train, and organize students to promote the principles of fiscal responsibility, free markets, and limited government”;

Whereas Charlie Kirk became one of the most prominent voices in America, engaging in respectful, civil discourse across college campuses, media platforms, and national forums, always seeking to elevate truth, foster understanding, and strengthen the Republic;

Whereas Charlie Kirk personified the values of the First Amendment, exercising his God-given right to speak freely, challenge prevailing narratives, and did so with honor, courage, and respect for his fellow Americans;

Whereas Charlie Kirk’s commitment to civil discussion and debate stood as a model for young Americans across the political spectrum, and he worked tirelessly to promote unity without compromising on conviction;

Whereas the assassination of Charlie Kirk was not only a heinous act of violence, but a sobering reminder of the growing threat posed by political extremism and hatred in our society;

Whereas such acts of politically motivated violence are antithetical to the principles of a free republic, in which differences of opinion are to be debated – not silenced – with civility, reason, and mutual

respect;

Whereas the rise in targeted violence against individuals for their political beliefs undermines the very fabric of our constitutional democracy and chills the free exchange of ideas essential to a healthy civic society;

Whereas leaders at every level – government, education, media, and beyond – must stand united in unequivocal condemnation of political violence, regardless of their ideology;

Whereas the tragic loss of Charlie Kirk must not be allowed to deepen the divides in our Nation, but instead serve as a turning point to recommit ourselves to better angels, and to the timeless American principles of liberty governed by truth and the virtues of peaceful dialogue;

Whereas Charlie Kirk would not have us respond to his death with despair, but rather with renewed purpose – to speak truth with courage, to stand firm in faith, to seek unity while standing firm in principle, and to serve as living reminders of the values he championed: faith, family, and freedom.

NOW, THEREFORE, BE IT RESOLVED, THAT THE HOUSE OF REPRESENTATIVES –

(1) condemns in the strongest possible terms the assassination of Charles “Charlie” James Kirk, and all forms of political violence;

(2) commends and honors the dedicated law enforcement and emergency personnel for their tireless efforts in finding the suspect responsible for the assassination of Charlie Kirk and urges the administration of swift justice to the suspect;

(3) extends its deepest condolences and sympathies to Charlie Kirk’s family, including his wife, Erika, and their two young children, and prays for comfort, peace, and healing in this time of unspeakable loss;

(4) honors the life, leadership, and legacy of Charlie Kirk, whose steadfast dedication to the Constitution, civil discourse, and Biblical truth inspired a generation to cherish and defend the blessings of liberty; and

(5) calls upon all Americans – regardless of race, party affiliation, or creed – to reject political violence, recommit to respectful debate, uphold American values, and respect one another as fellow Americans.

LESSON: SINGING PATRIOTIC SONGS TO SHOW OUR LOVE OF COUNTRY BY LINDA LEE HANDY

1. OUR BEAUTIFUL COUNTRY CELEBRATES MANY MILESTONES BY RAISING OUR VOICES IN SONG. John Rich, country singer, who was invited to sing at the 250th Anniversary of the Marines, said, “I’m going to walk out with just me and a guitar, no band, nothing. I’m going to entertain about 20,000 U S Marines. To me, that is the ultimate thing a musician can do: To tell them thank you and show up for them. And when we think of our rights of life, liberty, and pursuit of happiness, why do we still have those things? It’s because the men and women all the ways back to 1775, were willing to serve, sacrifice, and die if necessary. To make sure guys like me and you could chase our American dreams. I’m going to sing The Marines’ Hymn: From the Halls of Montezuma... I can’t wait to hear 20,000 marines sing to the top of their lungs.”

Most of us know the words to country music legend, Lee Greenwood’s signature song, “God Bless the U S A.” In an interview, Greenwood emphasized the importance of unity and patriotism, explaining that the song was written from a place of deep love for [America](#). “It’s not about politics—it’s about pride in our country,” he said. He also shared his gratitude for the continued relevance of the song, noting that its message still brings people together, especially during challenging times. Greenwood articulates a call to action for citizens to embrace their roles as protectors of freedom.

The lyrics of “God Bless America” evoke images of a beautiful land beckoning for the blessings of divine favor. In contrast, “God Bless the USA” champions resilience and the willingness to sacrifice for the nation.

2. WE KID MY DEAR HUSBAND ABOUT HIS “TENOR-VOICE” meaning ten or more notes off. His Italian violin teacher threw her hands up and quit, saying “Dish child is tona deaf! “I’d like to know where he was when singing talents were being handed out in heaven, because he absolutely loves to loudly sing great patriotic and religious songs. Our kind church chorister praises his enthusiasm. Yet, I say he’s set a wonderful example. He delights in this sharing and uplifting of our souls. He’s very fond of country songs for this reason. The Bible is full of examples: 2 Chronicles 20:21-22 - Jehoshaphat appointed singers to praise the Lord, leading to victory over their enemies; Exodus 15:1 - Moses and the Israelites sang a song to the Lord after their deliverance from Egypt; many in Psalms.

3. FAMILY DISCUSSION: How can you learn more about the meaning of patriotic songs? How can singing encourage us to be protectors of freedom?

4. RESOURCES: www.kennedy-center.org › the-marines-hymn; doyouremember.com › 227408 › lee-greenwood-patriotic; www.theconservativetoday.com › lee-greenwood-god; gfaclessons.com

LESSON UNDERSTANDING GUN CONTROL & 2ND AMENDMENT RIGHTS BY LINDA LEE HANDY

1. WHAT IS THE INTENT OF THE 2ND AMENDMENT? Amendment Two to the Constitution was ratified on December 15, 1791. It protects the right for Americans to possess weapons for the protection of themselves, their rights, and their property. The original text was 27 words, written as such: *“A well regulated Militia, being necessary to the security of a free State, the right of the people to keep and bear Arms, shall not be infringed.”* The notion of average citizens possessing their own weapons predates the Constitution. In the English Bill of Rights in 1689, Parliament allowed all Protestant English citizens to *“have arms for their defence [sic] suitable to their conditions and as allowed by law.”* Some people believe it provides people with an absolute right to own weapons. Others argue that its text limits the right to bear arms to serving in a state militia. Others have pursued limitations (see below) to the 2nd Amendment. What do you think?

2. WHAT ARE THE LIMITATIONS, UNDER LAW, OF THE 2ND AMENDMENT? Over the years, precedents have been established to add more definition in Federal Law (and some state laws) to the 2nd Amendment: (See Resource articles for more explanation): Age Limitations- Prohibits the right to bear arms to individuals who are at least 18 years of age for long guns and 21 years of age for handguns; Requires background checks for individuals purchasing firearms from a licensed firearms dealer; Prohibits individuals who have been convicted of a felony from possessing firearms; Prohibits individuals who have been adjudicated as mentally defective; Prohibits the manufacture and sale of certain types of semi-automatic firearms, commonly referred to as “assault weapons.” This last ban was in effect from 1994 to 2004, but it expired and was not renewed. Some states have enacted similar bans, and there is an ongoing debate over the efficacy and constitutionality of such bans. These limitations were designed to protect public safety, prevent individuals who are prohibited from possessing firearms from obtaining them, and balance the rights of gun owners with the rights of others. Some may view these limitations as infringements on the Second Amendment. Many would state that limitations are necessary to ensure that firearms are used responsibly and safely. Some would take all guns from private citizens to “prevent gun violence.” Conservatives disagree and support the right of private gun ownership for self-defense, for hunting, and for a check on the potential of government tyranny.

3. LIBERAL MEDIA CRITICIZED CHARLIE KIRK, A GREAT SUPPORTER OF THE RIGHT TO BEAR ARMS, FOR STATING: “It’s worth to have a cost of, unfortunately, some gun deaths every single year so that we can have the Second Amendment. “ They state that he died by the very gun violence he defended as the “price” of liberty. What do you think?

4. FAMILY DISCUSSION: How can family members set goals to become more informed on the 2nd Amendment? Discuss the types of limitations and why these were passed.

5. RESOURCES: www.reaganlibrary.gov/constitutional-amendments-amendment-2-right-keep-and-bear-arms; johndrogerslaw.com/limitations-of-the-second-amendment/; www.nraila.org/what-is-the-second-amendment-and-how-is-it-defined/ (NRA Legal team); mediamatters.org/charlie-kirk/charlie-kirk-its-worth-have-cost-unfortunately-some-gun-deaths-every-single-year-so-we...

LESSON: SINGING PRAISE TO THE LORD BY LINDA LEE HANDY

1.THE BIBLE IS FILLED WITH ADMONITIONS TO SING PRAISE TO THE LORD. Colossians 3:16 – Let word of Christ...teaching and admonishing one another in psalms and hymns” Ephesians 5:19 - "Address one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart." Psalm 96:1 - "Oh sing to the Lord a new song; sing to the Lord, all the earth!" Isaiah 54:1 - "Sing, O barren one, who did not bear; break forth into singing and cry aloud." James 5:13 - "Is anyone among you suffering? Let him pray. Is anyone cheerful? Let him sing praise." Colossians 3:16 - "Let the message of Christ dwell among you richly... singing to God with gratitude in your hearts." Psalm 47:6 - "Sing praises to God, sing praises; sing praises to our King, sing praises!" Isaiah 12:5 - "Sing to the Lord, for He has done glorious things; let this be known to all the world." Psalm 100:1-2 - "Shout for joy to the Lord, all the earth. Worship the Lord with gladness; come before Him with joyful songs."

2. FAVORITE HYMNS OF PRESIDENTS: In “Resources”, find a very special article identifying favorite hymns of Presidents, why they were the favorite, and the words of the hymn. Here are a few examples: George Washington: “How Happy is He Born and Taught”; Thomas Jefferson: “Hark, The Glad Sound the Savior Comes”; John Quincy Adams wrote his own favorite: “Send Forth, O God Thy Light and Truth”; James Buchanan: “God Moves in a Mysterious Way”; Abraham Lincoln: “How Tedious and Tasteless the Hours”; Rutherford B. Hayes: “Rock of Ages, Cleft for Me”; William McKinley: “Nearer My God, to Thee”; Theodore Roosevelt: “How Firm a Foundation”, Warren G. Harding: “Lead, Kindly Light”, Dwight D. Eisenhower: “What a Friend We Have in Jesus”, John F. Kennedy: “Holy God, We Praise Thy Name”, Jimmy Carter: “Amazing Grace, How Sweet the Sound”, Ronald Regan and George H. W. Bush: “Eternal Father, Strong to Save”, Bill Clinton: “In the Presence of Jehovah”, George W. Bush: “A Charge to Keep I Have”. Which President could neither sing nor read music, but is known for his passion for all music and opera? Abraham Lincoln. When criticized for spending time away from official duties during the Civil War, he stated, “ I must have a change or I will die.”

3. OUR OLDER, BELOVED CHURCH CHORISTER HAS STATED THAT SHE LOVES TO LISTEN TO RELIGIOUS AND PATRIOTIC HYMNS JUST BEFORE SHE RETIRES AT NIGHT. She loves to say, “Hey Siri, play the Battle Hymn of the Republic.” We all can be touched by the majesty of its words: “*Mine eyes have seen the glory of the [coming of the Lord](#); He is trampling out the vintage where [the grapes of wrath](#) are stored; He hath loosed the fateful lightning of His terrible swift sword: His truth is marching on. (Chorus) [Glory, glory, hallelujah!](#)*” Study the history of your favorite religious and patriotic songs. When I pass through the veil to greet my Lord and eternal family, I would like two songs at my funeral: “I Know that My Redeemer Lives” and “I Believe in Christ”, and have my grandchildren sing, “I Am a Child of God.”

4. FAMILY DISCUSSION: What are your family’s favorite religious and patriotic songs? Do you know their history? What goals can you set to sing them more often and shout for joy to the Lord?

5.RESOURCES: https://en.wikipedia.org/wiki/Battle_Hymn_of_the_Republic;
<https://www.godtube.com/blog/presidents-favorite-hymns-worship-songs.html>;

[https://www.whitehousehistory.org/presidents-passion-for-music;](https://www.whitehousehistory.org/presidents-passion-for-music)

<https://www.thetabernaclechoir.org/articles/i-believe-in-christ-bruce-r-mcconkie.html?lang=eng;>

[https://ldshymns.com/lds-hymns-#301 I Am a Child of God](https://ldshymns.com/lds-hymns-#301-I-Am-a-Child-of-God)

LESSON: THOMAS JEFFERSON AND THE SEPARATION OF CHURCH AND STATE

1.WHY DID AMERICAN FOUNDING FATHERS SEPARATE MATTERS OF RELIGIOUS BELIEFS AND MATTERS OF STATE (GOVERNMENT.)

While most of our Founding Fathers were followers of “Christian” religions, there was great wisdom to not make the “Christian” faith a national religion (but to allow it to stand on its own), or not prevent individuals of other faiths (Jewish, Islam, Buddhist) from following their beliefs. **WHAT DID THOMAS JEFFERSON DECLARE ABOUT THE SEPARATION OF CHURCH AND STATE?** In his first term as president, Thomas Jefferson famously described this concept as building a “wall of separation between church and state” in an 1802 letter to the Danbury Baptist Association, which feared religious persecution. This metaphor was later cited by the Supreme Court. He said: *“Believing with you that religion is a matter which lies solely between man and his God, that he owes account to none other for his faith or his worship, that the legislative powers of government reach actions only and not opinions, I contemplate with sovereign reverence that act of the whole American people which declared that their legislature should ‘make no law respecting an establishment of religion, or prohibiting the free exercise thereof,’ thus building a wall of separation between church and state.”* NOTE: One early freedom-loving Baptist leader, John Leland declared, “Let every freely man speak without fear, maintain the principles that he believes, worship according to his own faith, either one God, three Gods, no God, or 20 Gods; and let government protect him in doing so.”

2. WHY DID JEFFERSON TAKE THIS STANCE? It was his belief, like many of the Founding Fathers, that we fought and won the American Revolution to liberate individuals from a controlling king, from despotic institutions and abolition of government favoring one religion. He had great respect for religious diversity. He wanted to ensure that all individuals were allowed to the free exercise and practices of their religious beliefs. We should applaud the wisdom of Founding Fathers who wanted Americans to live in a constitutional republic rather than a theocracy. State-sanctioned churches have historically become puppets of the government. In countries with state churches, man-made edicts take precedence over the inspired teachings of Scripture. **The First Amendment to the Constitution** of the United States confirms that “Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the government for a redress of grievances.”

3. Why would some men and women of faith believe that they have no business being involved in [politics](#)? **Christians, just as all Americans, can and should be involved in the political process to ensure our freedoms are protected.** Jesus stated, **“My kingdom is not of this world”** ([John 18:36](#))

4.FAMILY DISCUSSION: Why was the First Amendment added to the constitution? How did separation of church and state help Americans have religious freedom? What goals can we set to ensure this?

5.RESOURCE: [www.a2mericanprogress.org/article/the-founding-fathers-religious-wisdom/;](http://www.a2mericanprogress.org/article/the-founding-fathers-religious-wisdom/)
baptistnews.com/article/five-reasons-separation-of-church-and-state-is-essential;

[www.gotquestions.org › separation-church-state](http://www.gotquestions.org/separation-church-state); “Religion and the Founding of the American Republic:

Religion and the Federal Government, Part 2," ; www.loc.gov/exhibits/religion/rel06-2.html, accessed 4/13/20).

LESSON: PURPOSE FOR GOVERNMENT REGULATIONS BY LINDA LEE HANDY

1.THERE ARE MANY OPINIONS ABOUT THE OVER REACH OF GOVERNMENT AND REGULATIONS.

Government overreach with regulations is the excessive use of authority by a government to enact rules that are beyond its legal scope, impose undue burdens on individuals or businesses, or infringe on civil liberties. What is a reasonable expectation in the government's role in regulations? It is to create and enforce rules to ensure public safety, fairness, and economic stability. These regulations aim to protect citizens and the environment, promote fair competition, and prevent harm from unsafe products or monopolistic practices. Liberty is a right of doing whatever the laws permit...A government may be so constituted, as no man shall be compelled to do things to which the law does not oblige him, nor forced to abstain from things which the law permits. **Example:** This applies to the regulating of institutions providing care to the elderly.

2.AN ELDERLY, RETIRED JUDGE DIED AFTER HE AND HIS WIFE LIVED IN A VERY EXPENSIVE CA ASSISTED LIVING FACILITY WITH MANY SUPPORT SERVICES INCLUDING MEALS BEING PROVIDED.

He had difficulty chewing and the Dr ordered a soft diet. Contributing causes of death: Malnutrition, low protein blood levels, unhealing pressure wounds (developed while in facility). Both the State of CA and federal regulations require care facilities to provide ordered special dietary needs and to monitor and ensure the nutritional adequacy. The family decided to sue the facility for not meeting these regulations. Their attorney asked me to be an expert witness (I had just retired as a dietitian inspector for CA Dept of Public Health in regulating health care facilities.) The facility's defense was that it provided many food choices with a dietitian who planned, with the chefs, their "five stars" menu. The kitchen staff were not trained on nor provided a soft diet. The dietitian was not asked to assess the nutritional needs of residents, nor was given skin status or labs. She was only asked to help with the menu, teach staff and monitor their kitchen sanitation practices. She said the facility expected private care givers to "adapt" their menu to individual needs. The facility's dietitian stated in her court testimony that she felt very frustrated by not knowing of this gentleman's status. She stated that she would have made many changes to for better nutrition care if her contract had allowed it. This gentleman was wronged and his untimely death was preventable. Regulations are written to protect, especially the elderly. The family was awarded \$5 Million in damages.

3. FAMILY DISCUSSION: How can we ensure that there is "limited" government and not overreach? How can we become informed and follow the decision-making of our own elected leaders as regulations are proposed?

4. RESOURCES: www.hartman.law/blog/2024/june/understanding-government-overreach-a-growing-con/; www.thepolicycircle.org/briefs/government-regulation/

LESSON UNDERSTANDING ABORTION AND SANCTITY OF LIFE BY LINDA LEE HANDY

1. THE BIBLE HAS SCRIPTURES ON THE SANCTITY OF LIFE AND GOD'S KNOWLEDGE OF HIS EARTHLY CHILDREN AT CONCEPTION:

[Jeremiah 1:5](#): "Before I formed you in the womb I knew you; before you were born I consecrated you; I appointed you a prophet to the nations". This is often interpreted as God's knowledge of and care for an individual from the time of conception. [Psalm 139:13-16](#): "For you created my inmost being; you knit me together in my mother's womb... your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be". This verse is seen as evidence of God's active role in creation within the womb. [Psalm 127:3](#): "Children are a heritage from the LORD, offspring a reward from him". This verse frames children as a gift from God. [Genesis 1:27](#): "So God created mankind in his own image, in the image of God he created them; male and female he created them". This is often used to argue that all human life, including that of an unborn fetus, is sacred because it is created in God's image. In Luke 1:28, we see an angel calling Mary "favored." She is to become pregnant with Jesus. God's way of saving the world started with an unexpected pregnancy. Then, later in verse 41, we see Elizabeth's preborn child respond and leap in the womb in reaction to the preborn Jesus still in Mary's womb. See Luke 1:41, 44: "When Elizabeth heard the greeting of Mary, the baby leaped in her womb. And she exclaimed, 'When the sound of your greeting reached my ears, the baby in my womb leaped for joy.'"

3. STUDY THE POSITIONS OF THOSE WHO OPPOSE ABORTION BASED UPON THEIR FAITH AND UNDERSTANDING OF GOD'S PLAN.

Below in Resources are videos by Charlie Kirk and others articles. Study the platforms of political leaders that support anti-abortion legislation. [Ronald Reagan](#): Supported a constitutional amendment to overturn Roe v. Wade and took an anti-abortion stance in his policies. [George H.W. Bush](#): As Reagan's running mate and later as president, he opposed federal funding for abortion and sought to restrict abortion access. [Donald Trump](#): Appointed conservative judges who have been instrumental in overturning Roe v. Wade, and he has appointed additional judges to state and federal courts who oppose abortion. [Jimmy Carter](#): Expressed views that abortion is wrong and has stated he would do everything possible as president to minimize the need for abortions through measures like providing sex education and access to contraception.

4. FAMILY DISCUSSION: What goals can your family set to honor God's will for sanctity of life?

5. **RESOURCES:** www.youtube.com/watch?reload=9&v=HB9-1S8bczA (Charlie Kirk videos on abortion); give.preborn.com/preborn/radio?sc=WKIRK0325YT&amt=28 (support to provide preborn ultrasounds); www.focusonthefamily.com/pro-life/what-does-the-bible-say-about-abortion/; www.biblestudytools.com/topical-verses/bible-verses-about-abortion/; www.npr.org/2018/12/04/673398023/looking-back-on-president-george-h-w-bushs-legacy-on-abortion

LESSON UNDERSTANDING CIVIL RIGHTS ACT & CHARLIE KIRK'S CONCERNS BY LINDA LEE HANDY

1. STUDY THE RESOURCE FROM WIRED.COM (CONSIDERED TO HAVE A LIBERAL OR LEFT POLITICAL BIAS) WHICH STATED THAT THEY HAD A GLIMPSE INTO CHARLIE KIRK'S BROADER STRATEGY: "TO DISCREDIT THE CIVIL RIGHTS LEADER AND THE LANDMARK LEGISLATION MOST ASSOCIATED WITH KING: THE CIVIL RIGHTS ACT OF 1964"... *"For decades, conservatives have pointed to King and his idea that people should 'not be judged by the color of their skin but by the content of their character' as a model for equality.... Kirk argues that the Civil Rights Act, which bars discrimination on the basis of race, ushered in a "permanent DEI-type bureaucracy," referring to diversity, equity, and inclusion. He illustrated how the law has gone wrong when responding to a question from a student who said they became the subject of a Title IX investigation after posting an Instagram story mocking transgender people. Title IX, which was passed as part of the Education Amendments of 1972...A way to get rid of the First Amendment," according to Kirk."*

2. WHY IS IT IMPORTANT TO STUDY ALL POSITIONS ON AN ISSUE? How does the quoted Resource above offer a view from the left and liberal media who often completely inverted Charlie's words, twisting his message of faith, family, and freedom to make him out to be something he's not? Charlie would ask them to "Prove him wrong"...and he would set an example for us all when he came prepared to calmly, respectfully discuss his concerns about the Civil Rights Act of 1964.

3. Let's go back to Martin Luther King Jr. who stated, *"Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that."* In his famous "I have a Dream", MLK Jr stated, ***"We must forever conduct our struggle on the high plane of dignity and discipline. We must not allow our creative protest to degenerate into physical violence. Again and again, we must rise to the majestic heights of meeting physical force with soul force..."****This will be the day when all of God's children will be able to sing with new meaning: My country, 'tis of thee, sweet land of liberty, of thee I sing. Land where my fathers died, land of the pilgrims' pride, from every mountainside, let freedom ring. And when this happens, and when we allow freedom ring, when we let it ring from every village and every hamlet, from every state and every city, we will be able to speed up that day when all of God's children, Black men and white men, Jews and Gentiles, Protestants and Catholics, will be able to join hands and sing in the words of the old Negro spiritual: Free at last. Free at last. Thank God almighty, we are free at last."* Jesse Waters stated on FB: *"Charlie Kirk's DREAM came true— he brought the HOLY SPIRIT into a TRUMP RALLY...Christianity was the BEDROCK of Charlie's life."* How are MLK Jr. 's "Dream" and Charlie Kirk's "Vision" similar? How do you think Charlie Kirk was trying to encourage us to be the light, to reject hate, and stand together as one nation, indivisible, with liberty and justice for all? He wrote on one X post: *"When you pierce the liberal echo chamber, minds are changed... millions of them in fact...The campus left is threatened by debate, dialogue, discussion, and differing ideas."* Doesn't this piercing and changing of minds apply to all ages, all families?

4. FAMILY DISCUSSION: What goals can your family set to understand the issues of Civil Rights Act?

5. RESOURCES: www.wired.com/story/charlie-kirk-tpusa-mlk-civil-rights-act/;
www.npr.org/2010/01/18/122701268/i-have-a-dream-speech-in-its-entirety;

LESSON: LEARNING PROTECTION OF LIBERTY FOR OUR CHILDREN BY LINDA LEE HANDY

1. OUR FOUNDING FATHERS FOUGHT FOR LIBERTY AGAINST GREAT BRITAIN'S KING AND THEIR MANY DESPOTIC DEMANDS FROM THE COLONIES, WITHOUT ANY INPUT FROM THEM. They also warned that it would not be easy and we must always fight to protect the Liberty in a free Republic that we won. Thomas Jefferson stated: "We are not to expect to be translated from despotism to liberty in a featherbed...I would rather be exposed to the inconveniencies attending too much liberty than those attending to small a degree of it...Timid men: Prefer the calm of despotism to the boisterous sea of liberty." George Washington stated, "Liberty, when it begins to take root, is a plant of rapid growth." Woodrow Wilson stated, "The history of liberty is a history of resistance. The history of liberty is a history of limitation of governmental power, not the increase of it." Benjamin Franklin stated, "Where liberty dwells, there is my country." Thomas Paine stated, "He that would make his own liberty secure must guard even his enemy from oppression."

Freed slave, Harriet Tubman stated, "I had started with this idea in my head, "Dere's two things I've got a RIGHT to, and dese are, Death or Liberty—one or tother I mean to have. No one will take me back alive."

Moses stated, "Proclaim liberty throughout the land to all the inhabitants." (Leviticus 25: 10)

2. HOW CAN WE LEARN FROM THE HISTORY OF PEOPLES WHO HAVE NOT HAD THEIR OWN LIBERTY AS WE ENJOY IN AMERICA? We can learn from the Israelites under captivity in Egypt. We can learn from our own country's experiences with slavery and a civil war for freedom and liberty. We can learn from the experiences of other countries today who have despotic leaders and give very little freedom to their citizens.

3. SPECIAL SECTION FOR CHILDREN: Below are great resources in teaching Liberty to children (and great reminders to us older folks as well.) Determine what your children know. Look at their social studies books on Liberty. You will probably desire to teach what YOU want them to know of the history of Liberty and protecting it. You will want them to know the difference between voluntary (freedoms, rights) and forced (oppression.) Children love hearing stories of heroes, especially champions of Liberty. **We want them to become champions of FREEDOM WHICH IS LIBERTY and help protect it. In a free society, each person must respect the freedom of all others.**

4. FAMILY DISCUSSION: How does learning about real life examples of Liberty (and those who have lost their Liberty) help us appreciate it? How can we prayerfully ask God to help us know how we can fight to keep our hard-earned liberties? How can we support leaders who share our beliefs in Liberty, and limited government control?

5. RESOURCES: www.kidslearnliberty.com; www.inspiredscholar.com/living-the-inspired-life/how-to-teach-your-children-the-principles-of-liberty; fee.org/articles/5-ways-to-teach-liberty-to-young-children/; www.kidslearnliberty.com/what-is-liberty.html; www.tuttletwins.com/blogs/blog/teaching-children-about-liberty-self-reliance-personal-responsibility-and-limited-government?srsltid=AfmBOopvDuacbm6LSfgKhX-s0x4fYBnEncO-44BYvIL0rCPQpwoGw8vS

LESSON: RESPONSIBILITY OF TEACHING OUR CHILDREN ABOUT GFAC BY LINDA LEE HANDY

1.PARENT TEACHING: Henry Adams stated, *“A teacher affects eternity; he can never tell where his influence stops.”* Albert Einstein stated, *“It is the supreme art of the teacher to awaken joy in creative expression and knowledge.”* Jewish saying, *“One mother can achieve more than a hundred teachers.”* “George Herbert stated, *“One father is more than a hundred Schoolmasters. “*

2.TODAY WE ARE BLESSED TO HAVE MANY CHOICES IN TEACHING OUR CHILDREN: Today, most states allow parents to decide where their children will be taught (including home schooled.) Since tax payer money is allocated for public schools, recent legislation gives rebates to parents who choose NOT to send their children to public schools. Fifty years ago, this was not the case. Let me share a personal example: It was early 1970s, when my husband Gary moved our young family to Boston so he could attend Law School and later accepted a legal position with conservative publishing (including defending and winning a 1st Amendment case before the Supreme Court.) We had children ages 3, 2, and 1. The more I learned of the local public school and its Curriculum, the more I was determined that my children were not going there: Busing to inner city, poor academics, Dick and Jane readers with little phonics and no real moral values, and liberal teaching like alternative lifestyles, even in Elementary level. I joined 3 other mothers with a goal to start a home school. Unfortunately, in Boston, at that time, we found that we could not unless there was one certified teacher, our curriculum had to be approved, and our children tested yearly. None of us were educators per se, my degree was in Dietetics. Our mothers’ group “voted” for me to go back to school to get a Master’s in Education, and I accepted the challenge, becoming the Principal of our Charter School. Those years of searching for outstanding curriculum were frustrating. Parents today can be very rewarded with the amazing excess resources available! We used McGuffey Readers, Victory Drill for Phonics, math drills, special history lessons, amazing field trips, and had one hour a day for religious study (one taught by a Catholic mother and one taught by a Church of Jesus Christ of Latter-Day Saints’ mother.) It was very, very rewarding, and prepared my children well.

3. IF HOME SCHOOLING IS NOT AN OPTION: 1/29/25, a presidential action gives hope to ending radical indoctrination in k through 12 school. Study this outstanding action which states, *“By the authority vested in me as President by the Constitution and the laws of the United States of America, it is hereby ordered: Section 1. Purpose and Policy. **Parents trust America’s schools to provide their children with a rigorous education and to instill a patriotic admiration for our incredible Nation and the values for which we stand...**”* It also established a 1776 Committee to: “

(i) facilitate the development and implementation of a “Presidential 1776 Award” to recognize student knowledge of the American founding, including knowledge about the Founders, the Declaration of Independence, the Constitutional Convention, and the great soldiers and battles of the American Revolutionary War”

4. FAMILY DISCUSSION: How can parents know what is taught in their children’s schools? How can parents ensure that their children are taught what they consider to be important?

5. RESOURCES: www.whitehouse.gov/presidential-actions/2025/01/ending-radical-indoctrination-in-k-12-schooling/

LESSON: UNDERSTANDING ISRAEL BY LINDA LEE HANDY

1. Most Christians support Israel based upon a desire for obedience to God, the Abrahamic Covenant, which states that God will bless those who bless Israel (Genesis 12:3), Messianic Psalm of David (Belief of a Coming Messiah, Psalm 22), and prosperity will come if we pray for Israel (Psalms 122:6.) Other reasons include a belief that Jewish people are a holy and chosen people, treasured by the Lord, to bless the world ([Deuteronomy 7:6-8](#)). Christians are “spiritual descendants of Israel,” with responsibility to serve in helping others make and keep covenants as part of the gathering of All of Israel. Christian Zionists believe that the modern state of Israel is a fulfillment of prophecy (promised by divine right to the Jewish people.) The belief is that Israel is central to God's plan for the great “gathering of Israel”, the end times and Christ’s Second Coming. The U.S. has consistently supported Israel through extensive financial and military aid, political backing at the UN, and strong strategic cooperation since it was established in 1948. Israel is a reliable ally in an important part of the globe. President Trump has shown an example that ALL American presidents should be promoting America’s interests, and America’s interests coincide with his bold vision of peace in Israel. On X, 9/25/25, Benjamin Netanyahu, Prime Minister of Israel, posted, “Charlie Kirk was murdered for speaking truth and defending freedom. A lion hearted friend of Israel, he fought the lies and stood tall for Judeo-Christian civilization... We lost an incredible human being. His boundless pride in America and his valiant belief in free speech will leave a lasting impact. Rest in peace, Charlie Kirk.”

2. MY HUSBAND’S MOTHER HAD A GREAT LOVE OF THE PEOPLE OF ISRAEL. She developed Lessons on “Understanding Israel” for the youth of our church in Pasadena, CA area. She was so passionate to help them grasp the full impact of our common roots with the Lord’s Chosen and tested people. As a strong conservative, she believed in the importance of supporting the Democracy of Israel and our shared values in the Middle East. She promoted the youth at church to learn Israeli dances and took this “Yovel”(Jubilee) group over to present the “Key” of Pasadena to a very welcoming Teddy Kollek, the amazing Mayor of Jerusalem. Later she and her husband would retire and chose to live in Israel. They would be called to serve a Christian mission with the Jewish people in Johannesburg, So Africa.

3. MY SISTER WOULD MARRY A JEWISH CONVERT TO CHRISTIANITY. While he was of Levi heritage, his heart was touch by the teaching of Christianity shared by fellow soldiers who served with him. One of the first families who fellowshiped him at church in D.C. and began a long relationship was the kind Ezra Taft Benson’s family (E.T. Benson was serving as Secretary of Agriculture.) He was a big believer. He valued the beloved Jewish teachings of his youth that looked for the coming of their Messiah. Then he accepted Jesus Christ as the long-awaited Messiah. He would testify of how this was the Lord’s plan, and some day more of his Jewish family would have their eyes open and accept.

4. FAMILY DISCUSSION: Why is it important to “Understand Israel”: It’s history and the current status? If God blesses those who bless Israel, what goals can your family set to pray for and support Israel?

5. RESOURCES: www.whitehouse.gov/articles/2025/10/global-support-for-president-trumps-bold-vision-for-peace-in-gaza/; en.wikipedia.org/wiki/Christian_Zionism; www.gotquestions.org/support-Israel.html; www.jpost.com/opinion/article-782174 (Christian LDS support Israel); gfaclesons.com

LESSON FEMINISM & SUBMISSION PER BIBLE & CHARLIE KIRK BY LINDA LEE HANDY

1.FEMINISM: While “Feminism” is constantly being redefined, it basically advocates for the social, economic, and political equality of women, while conservatism seeks to preserve traditional institutions and values. Some argue for a “conservative feminism” that seeks equality within a traditional framework, focusing on opportunities and education for women while maintaining a belief in distinct roles and obligations. Study the Heritage Foundation’s article on “The Conservative Feminist Revolution.” It quotes Pope Leo XIII in *Rerum Novarum*, “*Whoever has received from the divine bounty a large share of temporal blessings, whether they be external and material, or gifts of the mind, has received them for the purpose of using them for the perfecting of his own nature, and, at the same time, that he may employ them, as the steward of God’s providence, for the benefit of others.*”

2. STUDY SCRIPTURES ON DUTIES OF WIFE AND SUBMISSION: Proverbs 31:10-31 - Describes the virtuous woman who is industrious, wise, and caring for her family. There has been criticism about a woman “submitting” to a husband in marriage. How does the Bible describe “Submission?” Ephesians 5:22-24 - Encourages wives to submit to their husbands as the church submits to Christ. Guides to Christian Discipleship on “Submission” Isaiah 14:3, Hebrews 1:3 states, “*We live in a society where submission is looked at as weakness. Many think that to be successful we must be our own boss, but in order to live and embrace the plans God has for us, we must be fully submitted to Him... Submission to God is the direct pathway to His favor and blessings being poured out on our lives. God is calling each of us to deeper levels of submission.*”

3.THERE ARE MANY STATEMENTS BY ARTICULATE, OUTSPOKEN CONSERVATIVE CHARLIE KIRK REGARDING THE ENCOURAGEMENT TO YOUNG WOMEN (AND MEN) TO MARRY EARLY AND HAVE CHILDREN. He challenges them that it will change their lives and proposes that they will become more Conservative (following these core principles about God, Family, and Country.) Study the Snopes.com fact-check on Charlie Kirk’s statements regarding Taylor Swift. What was he trying to tell her? He stated, “*But maybe one of the reasons why Taylor Swift has been so, just, kind of annoyingly liberal over the last couple of years is that she’s not yet married and she doesn’t have children. I say this non-sarcastically. I say this as a husband and a father. **Having children changes you. Getting married changes you, and I hope that America’s biggest pop star marrying... might deradicalize herself. She might come back down to reality. I want them to have lots of children. It teaches something about yourself... I’ve seen this happen time and time again; when people start to marry and have children, it starts to change your politics, it starts to clarify your world view...And we want Taylor Swift on team America. We want you to leave the island of the wokeys. And we would welcome you with open arms...Reject feminism. Submit to your husband, Taylor. You’re not in charge.***”

4. FAMILY DISCUSSION: What goals can you set individually and in your family to honor the role of women in worthy submission as defined in Christian Discipleship?

5. RESOURCES: www.heritage.org › conservatism › commentary; biblestudyforyou.com › bible-verses about-wives-duties; discipleshipnow.com › file › 54 (Submission | Discipleship Guide);

LESSON CHRISTIAN VIEW OF GAYS, CHARLIE KIRK CRITIQUED BY LINDA LEE HANDY

1. AFTER HIS DEATH, CHARLIE KIRK WAS HONORED FOR HIS POLITICAL ACTIVISM IN DEFENSE OF GFAC BY WORLD AND RELIGIOUS LEADERS, LIKE POPE LEO XIV. OTHERS WERE CRITICAL, ESPECIALLY ON HIS VIEW OF GAYS.

2. STUDY THE ARTICLE IN FOCUS ON THE FAMILY (PUBLICATION'S MISSION IS "HELPING FAMILIES THRIVE IN CHRIST") ON "TEN THINGS EVERYONE SHOULD KNOW ABOUT A CHRISTIAN VIEW OF HOMOSEXUALITY." This captures what Charlie Kirk encouraged others to defend. It states, *"All people, regardless of their story, are deeply and unconditionally loved by God, each created with profound dignity and worth... it's truth whether one is gay, straight, or otherwise. But, all people are also stricken with a terminal illness: sin... Our sin demands our repentance and needs forgiveness, and God's love and grace are where we find both... Jesus was unequivocal in saying that to understand marriage and the sexual union, we must go back to the beginning and see how God created humanity and to what end. (See Matthew 19 and Mark 10.) Jesus holds up the creation story in Genesis not as a quaint Sunday school lesson, but as authoritative — reminding us that [God created each of us male and female](#), each for the other. And the sexual union that God created and ordains is for husband and wife to come together in physical union, one flesh. (Gen 1:27)... — reminding us that [God created each of us male and female](#), each for the other. And the sexual union that God created and ordains is for husband and wife to come together in physical union, one flesh... Both Jesus and all of scripture approve of no other sexual union than that between a husband and wife. This is the uncontested historical teaching of Judaism and Christianity ... Heterosexual union reaches into and creates the next generation. To establish a sexual relationship without any interest in or openness to babies is contrary to God's intention for such relationships... The UN Convention on the Rights of the Child recognizes a mother and father as a basic right of every child... Many are indeed same-sex attracted, but live obediently within a Christian sexual ethic. Every Christian has limitations placed on his sexuality. For married Christians, it is exclusive to one's spouse. For single, engaged, and divorced Christians, it is abstinence, no exceptions. Sex is not a right, but a gift — and the giver knows what is best for us."*

2. ALL FOREMOST, POLITICAL ACTIVISTS ARE CRITIQUED, ESPECIALLY CHARLIE KIRK. BBC article stated, *"Kirk spoke of his family - a wife and two children - and was an unapologetic defender of his evangelical Christianity... Kirk's stance on gay and transgender rights was particularly polarizing. He opposed same-sex marriage and argued against gender care for transgender people, often citing his Christian faith on these issues. 'I believe marriage is one man one woman,' he wrote in 2019. 'Also gay people should be welcome in the conservative movement. As Christians we are called to love everyone,' he said. Referring to one of Kirk's podcast episodes where he called for a ban on gender care (federally funded by taxpayers), Helfgott said: 'This was more than political theatre. It was a dangerous, real-world assault on LGBTQ+ safety and dignity.'"*

3. FAMILY DISCUSSION: How can you and your family promote the protection of the family unit?

4. RESOURCES: www.focusonthefamily.com › Faith; www.vaticannews.va/en/pope/news/2025-09/pope

LESSON: DISCOVER YOUR ANCESTORS, BUILD YOUR OWN TREE BY LINDA LEE HANDY

1.WHY DO AMERICANS SEARCH FOR FAMILY ROOTS: Curiosity about their heritage, strengthening family connections (from one generation to another), and a desire for self-discovery. Understanding the journeys, struggles, and triumphs of ancestors can help a person feel more connected to their own life story. Research has shown that children who know more about their family history tend to have higher self-esteem and resilience. Learning how ancestors navigated hardships like war, migration, or poverty can provide strength and perspective to overcome modern challenges. Ancestral stories can show a pattern of perseverance that helps a person find hope, courage, healing, and compassion. Uncovering the traumas, faults, or hardships that afflicted previous generations can lead to a deeper understanding of living relatives, even encourage forgiveness or healing.

2. THERE ARE MANY SITES TO HELP YOU DISCOVER LIKE ANCESTRY.COM AND DNA KITS. HERE IS AN EXAMPLE: WWW.FAMILYSEARCH.ORG On these pages, you are offered free help (listing local Family Search Help Centers or a free consult online with researcher.) On the main page, you can start your personal search by filling in identifying information about your ancestor and any information that you have (place of birth, date born, died.) Website states, ***“Build the branches of your own family tree: The automated tree builder will guide you along. As you add information, we'll search for ancestor connections.”*** You will be assigned an ID number (and every ancestor will also have an ID.) Website states, ***“Search a huge archive of historical documents: We’ve gathered a variety of important documents that recorded important life events. Records can help to tell the story of your family.”*** What you find may absolutely surprise you! You may see postings and data provided by cousins and relatives (many offer contact info), with family stories, family histories, important records, and photos. Website states, ***“Trace Their Lives & Legacies: Trace their lives and legacies with our advanced obituary search tool. Our platform provides up-to-date and detailed information, allowing you to delve into the stories of your relatives and uncover the rich tapestry of their lives. Whether piecing together your family tree or learning about your ancestors' achievements and experiences, our data ensures you can confidently explore their legacies.”***

3. YOU WILL BE ASSIGNED AN ID (AS ARE ALL LISTED PERSONS, ANCESTORS). You can use your ID to trace your family tree and see to whom you are related (even pioneers and famous people.) Website states, ***“Family History Fun: Choose from a list of activities that help put fun into family search.”*** Several years ago, I was a youth leader in my church (for the delightful ages: girls 8-11) with a challenge **to plan service & activities that focus on the four areas of growth: spiritual, social, physical, & intellectual.** It was November. I felt inspired to have each girl (with parents and other volunteer help) search their ancestry (on FamilySearch) and share. Some were just getting started to build their family tree, and delighted in what they were finding and enjoyed sharing. Some were like my granddaughter had relatives who had built a long family tree, and even found a few amazing pilgrim ancestors!

4. FAMILY DISCUSSION: How can knowing your ancestors help your family? When you find very little information, how can this encourage you to write your own history for future generations?

5. RESOURCES: www.ancestry.com/; www.familysearch.org/en/united-states/

LESSON THANKSGIVING, PILGRIMS, MAYFLOWER BY LINDA LEE HANDY

1. AS THE BIGGEST FAMILY DAY, IS THANKSGIVING JUST ABOUT A DELICIOUS FEAST & SPORTS? Arriving at Cape Cod off the coast of Massachusetts in the brutal cold of November 1620, after a treacherous 66-day voyage, Pilgrims disembarked in a land with no hotels or any form of shelter to greet them. Those who survived got to work and laid the foundations of the United States of America. As Americans we honor the Pilgrims, feeling a great sense of patriotism and positive encouragement in the Pilgrim's memory. The [Mayflower Compact](#) was an agreement signed by 41 male passengers on the Mayflower on November 11, 1620, before they disembarked in Plymouth. It established a "civil body politic" for the new colony, creating a framework for self-governance and promising loyalty to King James I. **The document was a crucial step toward democracy in America, ensuring that the settlers would create their own just laws for the common good.** The November 1621 Plymouth Feast and Thanksgiving was prompted by a good harvest. The Pilgrims celebrated this with the local Wampanoag Native Americans, who had helped them get through the previous winter by giving them food in that time of scarcity. As President of the United States, George Washington proclaimed a nationwide Thanksgiving celebration in America marking (4th Thursday) November 26, 1789, "as a day of public thanksgiving and prayer, to be observed by acknowledging with grateful hearts the many and signal favors of Almighty God".

2. To search for roots, you may find that you are related to early colonists, even from Mayflower era. See the LESSON: DISCOVER YOUR ANCESTORS, BUILD YOUR OWN TREE. In the forward of a family album on Thanksgiving that I developed, it stated, " **This is dedicated to our grandchildren: Learn of the journey of incredible ancestors who traveled on the Mayflower & the Purpose of Thanksgiving.**" It identifies **Stephen Hopkins** (Grandma Linda's 8th great grandfather) who was a Merchant Adventurer. His wife Elizabeth gave birth to the only child born during the journey, and this son was named Oceanus (latin for ocean.) Hopkins served as asst governor for 3 years. **John Howland** (Grandpa Gary's 9th great grandfather and Grandma Linda's 10th great grandfather) left the docks of London as a 20 year old, indentured servant to Pilgrim John Carver. By his great good fortune, John survived falling overboard on the crossing of the Atlantic Ocean. He is featured in Charlie Brown's "[John Howland Falls Overboard](https://www.youtube.com/watch?v=o5D3veWJiLs)": <https://www.youtube.com/watch?v=o5D3veWJiLs>. Search for books that were written about the Pilgrims. Part of the "**Courage in History**" series is about Young William Hawkins and his father Henry, join Giles and Constance Hopkins (Stephen Hopkins' children) and other Pilgrim settlers in their courageous voyage ...struggle to survive in a harsh new land, against all odds...making new friends among the local Native Americans and experiencing fantastic adventures in the wilderness of the "New World." "**Constance The Story of Early Plymouth**" is a classic of historical young adult fiction, recounting the daily life, hardships, romances, and marriage of a young girl during the early years.

4. FAMILY DISCUSSION: How can learning about the Pilgrims & Mayflower Compact help us have "grateful hearts" for just laws for common good that support God, Family, and Country?

5. RESOURCES: [www.christianbook.com > history > colonial-history](http://www.christianbook.com/history/colonial-history); www.amazon.com/Pilgrim-Courage-Settling-Plymouth-Colony/dp/1440444412 ; www.barnesandnoble.com/w/constance-patricia

THE FIRST THANKSGIVING DAY “PLAY”, for my grandchildren, by Linda Lee

Handy 6 CHARACTERS: PILGRIM FATHER, PILGRIM MOTHER, 3 CHILDREN,
SQUANTO

Pilgrim Child 1: (happy) Yeah! Today is a FEAST day and we can eat ALL we want to eat! And we can play games!

Pilgrim Mother (to Pilgrim Children): Yes, it will be a fun FEAST day. But when we eat ALL we want, what should all the children remember on this special day?

Pilgrim Child 2: I can remember that I was afraid in our old land, but I am not afraid any more. I'm thankful for our new land of freedom and liberty.

Pilgrim Father: (to Pilgrim Children): Why do you think we are having a FEAST day today?

Pilgrim Child 3: We can remember how cold and hungry we were when we first came to America.

Pilgrim Mother: We want to give thanks to Heavenly Father! I remember that we could not go to our church in the old country and worship our Savior Jesus Christ as we wanted. Now we can.

Pilgrim Father: We are so blessed to survive the cold winter since we sailed to America.

Pilgrim Mother: Many of our families have died of illness and not enough food. Pilgrim Child 1: Look, here comes Squanto. I am so glad he speaks English!

Pilgrim Father: Why are we inviting our Wampanoag Indian friends to feast with us?

Pilgrim Child 2: Squanto and all his friends have lived here a long time. What

would we have done if they had not helped us???

Squanto: Many of my friends have been hunting and are bringing food from our village. We want to live in peace and help each other.

Pilgrim Father: Squanto, we thank you. You have helped us learn about our new land.

Squanto: Yes, I think you Pilgrims did not know much about your new land!!

Pilgrim Child 3: But Squanto, you taught us! Like how to fish. And you showed us how to put a fish in the ground when we plant corn seeds so corn will grow tall.

Pilgrim Mother: Now we have a lot of corn, to make cereal, and corn bread, and corn pudding. We have even learned some new ways to eat corn!

Pilgrim Child 1: Squanto knows so many things! He showed us where to pick berries.

Pilgrim Father: Squanto is a good friend. He showed us how to get “SAP” –the juice inside of the Maple Trees.

Pilgrim Child 2: Yum! I love this new “SAP” . We can make sugar and syrup for our pancakes and Maple candy!

Squanto: Do you want to go with me to find some turkeys in the forest!

Pilgrim Child 3: Yes, Gobble Gobble, watch out! Here we come! Pilgrim

Mother: If you catch a big turkey, I will cook it over our fire! Pilgrim

Child 1: Squanto, Are we going to learn some new games? Squanto:

Yes, we will have many competitions. Everyone will try to win!

Pilgrim Father: On this FEAST Day of Thanksgiving, ALL of us are winners! We have a new land of freedom, and of hope and healing as we worship Jesus Christ.

Pilgrim Mother: We must always remember to be THANKFUL for all our blessings. Squanto: And always try to make friends and help others.

Pilgrim Child 2: Maybe we should have this FEAST every year!!! Forever!



LESSON INFLUENCING GRANDCHILDREN TOWARD GFAC BY LINDA LEE HANDY

- **1. GRANDCHILDREN HAVE A NATURE AFFINITY TO LISTEN TO AND ADMIRE GRANDPARENTS.**

Christian publications emphasize the importance of grandparents as a **sacred trust**. From "Christian Parenting Basics": *"Every Christian grandparent, without exception, exists to tell and teach their grandchildren the Good News about Christ's atoning suffering and death, resurrection and ascension, the converting work of the Holy Spirit, and the second coming of Christ to finally set everything right... [Deuteronomy 4:9](#) – "Only be careful, and watch yourselves closely so that you do not forget the things your eyes have seen or let them fade from your heart as long as you live. Teach them to your children and to their children after them... The responsibility to nurture children's faith formation doesn't stop with our children – it extends to two or more generations... In other words, a grandparent's role and responsibility is to engage, equip, and encourage their grandchildren to eventually be faith-forming grandparents to their grandchildren."* All grandparents have challenges, the key is to have the desire and to make the effort.

2. While it is hoped that children, grandchildren respect and understand their parents, grandparents, the following is an interesting perspective. From Simon Strunsky, in "No Mean City" 1944: *"The people whom the sons and daughters find it hardest to understand are the fathers and mothers, but young people can get on very well with the grandfathers and grandmothers."* Lois Wyse, closing verse "Grandmothers Are to Love", in Funny: *"So if you have a grandma, Thank the Good Lord up above, And give Grandmama hugs and kisses, For Grandmothers are to love."* From Marianne Bailey's article on BabyBoomer Grandparents: *"Traditionally, grandparents have been revered as the custodians of family history and values. However, their role has expanded far beyond these boundaries. Today's grandparents often find themselves actively involved in their grandchildren's daily lives, from childcare to mentoring, and even in digital realms, connecting over social media and video calls. This shift reflects not only changes in family structures but also in the aspirations and capabilities of seniors in the 21st century. One of the key drivers of this change is the remarkable increase in life expectancy. Living longer and healthier lives, today's grandparents are more than just occasional visitors. They are active caregivers, friends, and mentors to their grandchildren."* If you are a grandchild, consider allowing your grandparents to influence you more.

3. I have observed over many years of working as a dietitian in healthcare facilities, that many elderly express one main regret: To have been a better parent and grandparent and to have spent more time with family than with worldly pursuits. Why do you think this is? The younger you are, probably the less time you might spend thinking about growing old. Life awaits you! But everyone's life will draw to an end. Then there is time for reflection: How productive was my life? Did my life reflect my values? Have I left an enduring influence for good? Did I do all I could have done, especially with my family? Some of the elderly are very lonely, without much contact with family. It is sad. Some are constantly surrounded by family, especially grandchildren, who seem to have always valued time with their grandparent. Why the difference? It's investing in grandchildren from the day they are born.

4. FAMILY DISCUSSION: Is your family allowing grandparents to be an active part of influencing GFAC?

5. RESOURCES: babyboomer.org › contributors › marianne-bailey;

LESSON RESPECTING MIXED RELIGIONS IN A FAMILY BY LINDA LEE HANDY

1. MANY FAMILIES HAVE FAMILY MEMBERS WITH DIFFERENT RELIGIONS. This may be challenging, but with effort, there can be peace and harmony through respect and finding common GFAC values.

2. Let's give an example and quote two national media (liberal and conservative.) The msn.com article (10/31/25) was entitled, *"Vance Defends Marriage After 'Disgusting' Claim He Threw Usha 'Under a Bus' (by declaring he wanted her to convert to Christianity.)* It stated, *"The 40-year-old Catholic convert was accused of hypocrisy and "Hindu-phobia" this week after telling a Turning Point USA forum that he hoped Second Lady Usha Vance would switch from her religious beliefs to his. But in the face of ongoing criticism, Vance clapped back on Friday morning, describing the criticism he has faced as "disgusting" and "anti-Christian bigotry"... 'My wife—as I said at the TPUSA—is the most amazing blessing I have in my life,' the vice president wrote on X. 'She herself encouraged me to reengage with my faith many years ago. She is not a Christian and has no plans to convert, but like many people in an interfaith marriage—or any interfaith relationship—I hope she may one day see things as I do,' Vance said, ... 'Regardless, I'll continue to love and support her and talk to her about faith and life and everything else, because she's my wife.'" In a New York Post (Nypost.com/2024/10/12) article he stated, " 'And when I started to think about the big things, like, what do I actually care about in my life?' Vance, 40, said. 'I really want to be a good husband. I really want to be a good father. I really want to be a good member of the community. I wanted to be a virtuous human being, in other words'... Vance said he was raised in Christianity but thought about what sect he'd want to raise his children in and landed on Catholicism after thinking about what faith the good people in his life practiced... And Usha — whom Vance [married in 2014 and now shares three children with](#) — fully supported his spiritual journey, he explained. 'She thought that they were good for me, in a sort of good-for-your-soul kind of way,' Vance said. I don't think I would have ever done it without her support, because I felt kind of bad about it, right? 'I feel terrible for my wife because we go to church almost every Sunday, unless we're on the road,' Vance said.*

3. It is good to know the beliefs/religion of your family, friends, and coworkers. Surprisingly, most Christians will find that we share more in common than expected (even of different denomination within Christianity). Let's use the example of Hinduism. What do we have in common? **The Christian.com article on Hinduism states:** It is the oldest religion, 3rd largest (behind Christian and Islam), has one God Brahman (creator), is referred to as "a way of life" seeking many sacred writings/holy books (compilation of many beliefs), believes in "Karma" or consequences for actions. Hinduism believes that your actions determine consequences for your future life with the goal of salvation. The article closes with, *"Clearly, Hinduism is fundamentally different from Christianity in many ways. However, understanding some of the beliefs that your Hindu friends and neighbors may live by, will help prepare you to extend love and grace as you interact with them, relying on the Holy Spirit's guidance."*

4. FAMILY DISCUSSION: How can your family strive to better understand the beliefs of others and help you extend love and grace as you interact with them, relying on the Holy Spirit's guidance?

5. RESOURCES: www.christianity.com/wiki/cults-and-other-religions/what-should-christians-know

LESSON OVERCOMING DEPRESSION, YOU ARE LOVED & NEEDED BY LINDA LEE HANDY

1. IN THE TIMES ARTICLE, IT STATED, “WHEN (SENATOR JOHN) FETTERMAN SET OUT TO SHATTER THAT LONG-STANDING TABOO (THAT ADMITTING DEPRESSION ENDED POLITICAL CAREERS) ...he has been met, by and large, with an outpouring of goodwill, from colleagues and the public alike...’My message is, I don’t care if you’re a Trumper, MAGA, or hard leftist, or anyone in between. Depression comes across the spectrum, and get help with it,’ he tells me. ‘It’s not a Democratic Senator from Pennsylvania saying this. No. I’m just a husband and a father, somebody that was suffering from depression and got help...I(wife interview) thought of him as melancholic—I always loved Abraham Lincoln, and historians would call him melancholy, which we later learned was really clinical depression...(Dr. at Walter Reed Medical Center) sought to educate Fetterman about his illness, to get him to see that it was not mere sadness but a medical condition rooted in brain chemistry ...Lawmakers from both parties expressed support, in public and private...’Heidi & I are lifting John up in prayer. Mental illness is real & serious,’ tweeted Texas Republican Ted Cruz...(Dr. at WRMC) believes Fetterman’s openness about his struggles has the power to help countless others. View or read transcript of the interview with Lara Trump (My View, Fox News, 11/1/25), where Sen. Fetterman opened up about his struggles with depression. He stated, “Stay in the game... I promise it will get better...the people that you know and love are counting on that...I’m a testament of that... I’m grateful I got help, I got lucky, now I can be a resource...” Also, in the interview he advocated bipartisan cooperation and explained why he has broken ranks with his party over issues including U.S. Attorney General Pam Bondi’s confirmation, support for the [Laken Riley Act](#) for Border Security, U.S. strikes on Iranian nuclear sites, and now opposing government shutdown.

2. MANY HAVE FAMILY MEMBERS WHO STRUGGLE WITH DEPRESSION. I did not understand what someone went through who had depression until my youngest son struggled with depression, anxiety, PTSD, and self-medicated with meth. He’s sought help and is now working toward a degree in Addiction Counseling to help others. I personally had always had great health and strength until I had to deal with post-covid stomach issues, surgeries, and pain with advanced arthritis. Often “losses” cause depression which they did for me: It was retirement from an active career, moving to Texas (which we love) after 38 years of raising my family in San Diego, and poor health. I wanted to be called to my heavenly home. I had tried to live a good life, but I was so tired and hurting. Fortunately, like Sen. Fetterman, I received medical help. I credit my faith, my own prayers to the Lord, and many kind prayers from loved ones. My wonderful therapist, who shares my religious convictions, offered this analogy: All of us are on an earthly journey. On one side, the road might meet trials, wounds, poor health. On the other side, is God’s plan for our happiness and joy. This journey will constantly take us to both sides. The adversary would like us to stay on the side of earthly trials, wallowing in sadness, hurt, depression, and anger. God would want us to overcome and grow stronger in the faith of His Will. God has offered the Holy Spirit as a guide and comforter. This opportunity to develop GFAC Lessons has answered my prayers for a “renewed purpose” (the challenge to us all from the Charlie Kirk Congressional Resolution for Medal of Freedom.)

3. FAMILY DISCUSSION: How can you and your family recognize signs of depression and get help?

4.RESOURCES: time.com/6296038/john-fetterman-depression-cover-story/; (My View)---
<https://www.foxnews.com/video/6384411420112> www.gotquestions.blog/Christian-depression

LESSON RECOGNIZING OUR CHOICE BETWEEN FREEDOM & SOCIALISM BY LINDA LEE HANDY

1.FREEDOM DEFINED: Economic freedom: The ability to choose one's own profession, start a business, and accumulate wealth; Political freedom: Rights such as freedom of speech, assembly, and conscience, and the ability to participate in democratic processes (voting, choosing government legislators who determine conservative rule of law.) **SOCIALISM DEFINED:** Social and economic equality: Aims to reduce poverty and inequality by ensuring access to basic necessities like food, housing, and healthcare for everyone; Collective ownership: Advocates for social or state ownership of the means of production to be controlled for the benefit of society as a whole. This can lead to a concentration of power in the government, potentially limiting individual and economic freedoms and stifle innovation.

2.WHY DID CHARLIE KIRK WEAR A SHIRT THAT STATED, "FREEDOM"? Why is TPUSA and others creating a [Charlie Kirk shirt](#) collection as a solemn tribute to honor his memory and legacy? Many wear it to reflect remembrance, respect, and gratitude for a life that left a lasting impact. Read the New York Post article on Trump honoring Charlie Kirk with the Medal of Freedom: ***"Charlie Kirk was a martyr for truth and for freedom," the president said. "And from Socrates to Saint Peter, from Abraham Lincoln to Martin Luther King, those who change history the most — and he really did — have always risked their lives for causes they were put on Earth to defend... We're entering his name forever into the eternal roster of true American heroes....(His wife Erika stated) 'There was no limit, no limit to what he would have sacrificed to defend freedom for all...He would only have done it if that was something that he believed that his country needed, from a servant's heart standpoint. Charlie lived only 31 short years on this side of heaven, but he lived every single second, every single day with purpose, and he fought for truth when it was unpopular.'"***

3. VIEW AND READ THE TRANSCRIPT OF NOBEL PEACE PRIZE RECIPIENT AND VENEZUELAN OPPOSITION LEADER MARIA CORINA MACHADO DISCUSSING SOCIALISM AND APPLAUDING AMERICA ON 'MY VIEW WITH LARA TRUMP.' Machado discussed the threat of socialism. The main topic of the conversation focused on Venezuela as a "living example" of the devastation that can be caused by socialism. Machado positioned her country's struggle as part of a larger global conflict (against communism and narcoterrorism.) She explained that with the help of the U.S. and President Donald Trump, Venezuela could transition from a "criminal hub" to an "energy hub," and subsequently help fight for democracy in countries like Cuba and Nicaragua. Machado expressed her hope and conviction that her country will one day be free from the Maduro regime. She spoke of the growing enthusiasm and energy among Venezuelans to rebuild a democratic nation and have a path to freedom. Machado was a recent recipient of the Nobel Peace Prize Award and had dedicated the prize to President Donald Trump. In the interview, she explained her belief that he deserved the prize as well.

4. FAMILY DISCUSSION: How can you and your family ensure we have freedom and not socialism?

5. RESOURCES: nypost.com/2025/10/14/us-news/trump-honors-late-charlie-kirk-with-medal-of-freedom-as-widow-erika-reveals-his-likely-presidential-bid/;

LESSON PREVENTING EMPATHY FROM BECOMING TOXIC EMPATHY BY LINDA LEE HANDY

1. **CHRISTIANS NEED TO EVALUATE HOW THEIR MORAL VALUES COULD BE COMPROMISED BY WHAT IS CALLED, "TOXIC EMPATHY."** On the Oct. 12, 2022, episode of The Charlie Kirk Show, he discussed how former U.S. president Bill Clinton used empathy and sympathy as a political strategy (to expand welfare programs.) Charlie Kirk [expressed his dislike of the word "empathy."](#) (perhaps he was talking about the use of "Toxic Empathy.") He stated, "I can't stand the word empathy, actually," he said. "I think empathy is a made-up, new age term that does a lot of damage."

2. **READ UNITY IN CHRISTIANITY ARTICLE, "THE PAST SEVERAL WEEKS HAVE BEEN FILLED WITH MULTIPLE EXAMPLES OF WHAT IS TAKEN INTO ACCOUNT "TOXIC EMPATHY," AND WE, AS CHRISTIANS, ARE TO SEE IT AS A DISTORTION OF TRUE EMPATHY AND BIBLICAL TRUTH...**According to [Merriam Webster](#), the term **empathy** is defined as "the motion of understanding, being aware of, being sensitive to, and vicariously experiencing the sentiments, thoughts, and experience of one other." In other words, empathy is about understanding how one other person is feeling... **apostle Paul telling the church to "rejoice with those that rejoice, weep with those that weep" (Romans 12:35) or the apostle Peter's exhortation to believers to "have unity of mind, sympathy, brotherly love, a young heart, and a humble mind" (1 Peter 3:8).** The Lord Jesus Christ, our prime example, is described within the book of Hebrews as our great high priest who empathizes with all our weaknesses...(Hebrews 7:15)...**On the opposite hand, toxic empathy is described as what happens when people compromise moral values and demanding considering so as to empathize with others, particularly in political matters.** Such cases like this have gone viral on social media prior to now two weeks, particularly against the policies of President Donald Trump, who took office for the second time." (His goal was to cut unnecessary welfare.)

Read the [sd-network > blog: "The Wall Street Journal: Medicaid Is Huge. Here's Why" ...](#)states, *"Medicaid began as a welfare program, but 60 years later it covers one in five Americans. The Wall Street Journal explains how it got so big, and how the 'Big Beautiful Bill' will change it."*

3. Read Christianity.com's article on **"What Is Christian Empathy, and Why Is it under Fire for Being 'Toxic?'"** states, **"There is a raw, unyielding truth in our time: compassion, a cornerstone of the Christian faith, is both a divine command and a human challenge. In a world steeped in pain and division, the call to love one another—as Jesus did—resonates with a strength that cannot be silenced. Yet today, a term has emerged to question one of Christianity's most cherished virtues: 'toxic empathy.'" Article continues to examine Christian empathy rooted in the truth of God's word, and unpack why this sacred quality is under fire.**

4. **FAMILY DISCUSSION:** What ways can you and your family help those in need? How can you show Christian compassion/empathy and yet ensure that legislation supports your moral values in a way that honors both the intent of the giver and the dignity/proper encouragement of the recipient to become

self-sufficient if possible? “Give a man a fish versus Teach a man to fish,& you feed him for a lifetime.”

5. RESOURCES: www.christianity.com › wiki › slideshows (What Is Christian Empathy, and Why Is it under Fire for Being “Toxic?”); unityinchristianity.com › 2025/02/03 › the-truth (on Toxic Empathy); sdnetworkwi.org › sd-network › blog (The Wall Street Journal: Medicaid Is Huge. Here’s Why, And ...)

LESSON PLANNING FOR & BEING PRODUCTIVE DURING RETIREMENT BY LINDA LEE HANDY

1. Charlie Kirk was criticized for wanting to raise the age of retirement and balance the federal budget including evaluating the future of Social Security. He encouraged people not to depend upon social security and not to retire at all, but continue to use the gifts God has given to you. Read Mediamatters article quoting him: ***“I’m willing to strike a deal so that people in their twenties are going to get next to nothing for future Social Security if it means we can balance the budget...Now, I will say that for future retirees, people under the age of 45, we should absolutely raise the retirement age. I’m going to say something very provocative. I’m not a fan of retirement. I don’t think retirement is biblical,”*** he [said](#). ***“You say, ‘Charlie, I’m just gonna retire and I’m just gonna go golf.’ I think, what a waste of the gifts that God has given you... I challenge this idea of retirement altogether. People are living longer...there are young people that need you as a mentor. You know, how many Turning Point USA chapters would be blessed by people in their sixties, seventies, and eighties to mentor them, to pour into them, to give them advice?”***

2. Many resources are available to help individuals and parents plan for retirement. Most emphasize how important it is to begin planning as early as possible (early marriage). Read the GotQuestions.org article on “What is the Christian view of Retirement?”: *“There is the example of two very old people in [Luke 2:25-38](#) (Simeon and Anna) who continued to serve the Lord faithfully. Anna was an elderly widow who ministered in the temple daily with fasting and prayer. [Titus 2](#) states that the older men and women are to teach, by example, younger men and women how to live... One’s older years are not to be spent solely in the pursuit of pleasure. Paul says that the widow who lives for pleasure is dead while she yet lives ([1 Timothy 5:6](#)). Contrary to biblical instruction, many people equate retirement with ‘pursuit of pleasure’ if at all possible. This is not to say that retirees cannot enjoy golf, social functions, or pleasurable pursuits. But these should not be the primary focus of one’s life at any age... [Second Corinthians 12:14](#) states that the parent ought to save up for the children. But by far the greatest thing to ‘save up’ is one’s spiritual heritage, which can be passed on to children, grandchildren, and great grandchildren. Generations of descendants have been impacted by the faithful prayers of an elderly family ‘patriarch’ or ‘matriarch.’ Prayer is perhaps the most fruitful ministry outlet for those who have retired...The Christian never retires from Christ’s service; he only changes the address of his workplace. In summary, as one reaches ‘retirement age’ (whatever that is) the vocation may change but one’s life work of serving the Lord does not change. Often it is these ‘senior saints’ who, after a lifetime of walking with God, are able to convey the truths of God’s Word by relating how God has worked in their lives. The psalmist’s prayer should be our prayer as we age: ‘Even when I am old and gray, do not forsake me, O God, till I declare your power to the next generation, your might to all who are to come’ ([Psalm 71:18](#)).”* Seek how your church offers senior missionaries, single and couples, opportunities to serve.

3. FAMILY DISCUSSION: What can you (no matter your age) and your family do to prepare for

retirement? How can you “continue to walk with God” and influence generations in your retirement? **4.**

RESOURCES: <https://www.mediamatters.org/charlie-kirk/charlie-kirk-calls-cuts-social-security-im-not-fan-retirement-i-dont-think-retirement>; <https://www.guidestone.org> (Faith-Based Guidance on Retirement); <https://www.gotquestions.org> › ... › Life › (What is the Christian view of retirement?)
SeniorMissionary.ChurchofJesusChrist.org

LESSON CONSERVATIVE PRINCIPLES, NOT “HIGH TAXES FOR RICH,” OF CALVIN COOLIDGE BY L. HANDY

1.READ HERITAGE FOUNDATION ARTICLE ON “WHY CALVIN COOLIDGE IS THE MODEL FOR CONSERVATIVE LEADERSHIP TODAY”:

“When asked his goals as Governor of Massachusetts, he explained, ‘to walk humbly and discharge my obligations.’ It is hard to imagine a better definition of public service... No public man carried into modern times more comprehensively the founding principles of Americanism: hard work, frugality, freedom of conscience, freedom from government, respect for serious culture... The goal of public policy, in Coolidge's view, was not to redistribute wealth, but to create it. ‘After all,’ he said, ‘there is but a fixed quantity of wealth in this country at any fixed time. The only way that we can all secure more of it is to create more...I favor the policy of economy,’ he said, ‘not because I wish to save money, but because I wish to save people. The men and women of this country who toil are the ones who bear the cost of the government. Every dollar we carelessly waste means that their life will be so much the more meager. Every dollar that we prudently save means that their life will be so much the more abundant. Economy is idealism in its most practical form.’”

2. Con’t article: “PRESIDENT COOLIDGE WAS OPPOSED TO THE EASY, FALSE PROMISE THAT WE CAN PAY FOR LARGER GOVERNMENT BY TAXING “THE RICH” -- THE TEMPTATION OF CLASS WARFARE WE STILL SEE TODAY. He argued, ‘The fallacy of the claim that the costs of government are borne by the rich cannot be too often exposed. No system has been devised, I do not think any system could be devised, under which any person living in this country could escape being affected by the cost of our government. It has a direct effect both upon the rate and the purchasing power of wages. **It is felt in the price of those prime necessities of existence, food, clothing, fuel and shelter...the continuing costs of public administration can be met in only one way -- by the work of the people. The higher they become, the more the people must work for the government. The less they are, the more the people can work for themselves.**’ He understood that high tax rates do not always mean higher tax revenues. **Taxes can constrict economic activity, leaving less profit and income to tax.** “The method of raising revenue,” he argued, ought not to impede the transition of business; it ought to encourage it. I am opposed to extremely high rates, because they produce little or no revenue, because they are bad for the country, and, finally, because they are wrong.... The wise and correct course to follow in taxation and in all other economic legislation is not to destroy those who have already secured success but to create conditions under which everyone will have a better chance to be successful....**Calvin Coolidge was also convinced that the ultimate strength of a government, an economy and a society depends on moral and religious values.** In no way was Coolidge a materialist. In the same speech in which he famously said, ‘The chief business of the American people is business,’ Coolidge also argued, ‘The accumulation of wealth cannot be justified as the chief end of existence.’ Elsewhere he noted, ‘**Industry, thrift and self-control are not sought because they create wealth, but because they create character.**’ No society, he believed, can be prosperous or successful in the absence of moral conviction. In essence, the common good requires

that goodness be common. Study other Presidents and their positions on taxing, and end effect.

3.FAMILY DISCUSSION:How does strength of gov, economy, society depend upon moral/religious values?

4.RESOURCES: www.heritage.org/political-process/report/silent-cal-speaks-why-calvin-coolidge-the-model-conservative-leadership; www.aol.com/5-presidents-raised-taxes-most-140035254

LESSON MANDATED DEI DIVERSITY VERSUS MERIT BASED HIRING BY LINDA LEE HANDY

1.WHY DID PRES. TRUMP WANT TO INITIATE “THE END OF DEI”? FROM NY POST:” With one carefully crafted act, the president [initiated the end of DEI](#) in the federal government and perhaps [in the private sector](#) and educational system, as well. It is a breathtakingly bold and wholly righteous move that could bring about a generational change. One way or the other, books will be written about the **executive order, ‘Ending Illegal Discrimination and Restoring Merit-Based Opportunity.’** It instructs executive departments and agencies to “terminate all discriminatory and illegal preferences, mandates, policies, programs, activities, guidance, regulations, enforcement actions, consent orders, and requirements....The Trump administration immediately ordered diversity offices in the federal government closed ...A key, and correct, contention of the Trump order is that DEI’s race-consciousness practices violate federal civil rights laws...The order says that in their ‘employment, procurement, and contracting practices,’ federal contractors and subcontractors cannot ‘consider race, color, sex, sexual preference, religion, or national origin in ways that violate the Nation’s civil rights laws...Finally, the order puts public education systems and institutions of higher education on notice that if they don’t comply with the Supreme Court’s recent anti-affirmative action decision, their federal funding will be at risk. Taken together, this is seismic.”

2. STUDY THE RESOURCES WITH CHRISTIAN ORIENTED VALUES ON DEI AND WHAT IS TRUE DIVERSITY, EQUITY, AND INCLUSION.

3. EVALUATE CHARLIE KIRK’S EXACT DISCUSSION ON DEI (YOUTUBE). SNOPE.COM PROVIDED SEVERAL QUOTES BY HIM IN THEIR FACT CHECK. WHAT DO YOU THINK HE MEANT WHEN HE SAID,” I’m sorry. If I see a Black pilot, I’m gonna be like, “Boy, I hope he’s qualified.”? Responding in Megyn Kelly Interview, he stated, “The essence of that clip that was missed by almost everybody — Jordan Peterson, to his credit, really picked up on it — which was I was trying to be, you know, very vulnerable with the audience is that DEI invites unwholesome thinking. ... I was saying in the clip, “That’s not who I am, that’s not what I believe.” ...But what it does is it makes us worse versions of ourselves, Megyn. That’s the whole point of what I was saying is that I now look at everything through a hyper-racialized diversity quota lens because of their massive insistence to try to hit these ridiculous racial hiring quotas. Of course, I believe anybody of any skin color can become a qualified pilot... When it comes to pilots or surgeons, if I see somebody who is Black, as I said on the show, I’m going to hope that that person is qualified. That’s what I said, which of course is legitimate because they’re begging the question, we’re not hiring based on merit anymore. We’re hiring based on race.”

4. FAMILY DISCUSSION: How can your family support legislation that protects TRUE CHRISTIAN DEI?

5. RESOURCES: [nypost.com › 2025/01/24 › opinion \(Trump’s bold strike at DEI ends 60 years of discrimination\)](https://nypost.com/2025/01/24/opinion/Trump-s-bold-strike-at-DEI-ends-60-years-of-discrimination/); [www.youtube.com › watchCharlie Kirk FULL quote on Black Pilots and DEI - YouTube](https://www.youtube.com/watch?v=CharlieKirk);

www.snopes.com › fact-check › charlie-kirk-black-pilots (Real Charlie Kirk quote about Black pilot qualifications); www.gotquestions.org › diversity-equity-inclusion (What is DEI, and is it compatible with biblical principles?); www.christianpost.com › voices › Christianity shows us the true meaning of 'DEI'; www.standingforfreedom.com › 2025/06/11 › Biblical Worldview: Diversity, Equity, and Inclusion (DEI)

LESSON KEEPING CHRIST IN CHRISTMAS BY LINDA LEE HANDY

1. From the article, “Ten Symbols of Christmas”: *“If you think about it, it’s a bit strange for someone to put goodies in your old sock. But like many Christmas traditions, the tradition of Christmas stockings comes from an old legend. A long time ago (so the story goes), a poor man had three daughters and couldn’t afford to give them a dowry (money or goods given to the groom’s family by the bride’s family). In those days, it was very hard for a woman to get married without a dowry. A Christian bishop named Nicholas heard about the problem and wanted to help, but the man refused to accept money. One night, Nicholas threw three balls made of pure gold in through the open window of the man’s house. Each one landed in a stocking hung by the fire to dry. The next morning, each daughter found a gold ball in her stocking. With this bounty, they were all able to get married. Stockings can remind us of the importance of service. The greatest example of service is Jesus Christ. He always “went about doing good” (Acts 10:38). Take some time to think about the Savior’s selfless acts of service. How can you give Christlike service and show kindness to others?... **Christmas is the season of giving.** Remember the Wise Men who came to see Jesus? They “presented unto him gifts; gold, and frankincense, and myrrh” ([Matthew 2:11](#)), but the greatest gift of all came from our Heavenly Father: “For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life” ([John 3:16](#)). As you open your brightly wrapped presents on Christmas morning, remember that the Savior is the true gift of Christmas.”*

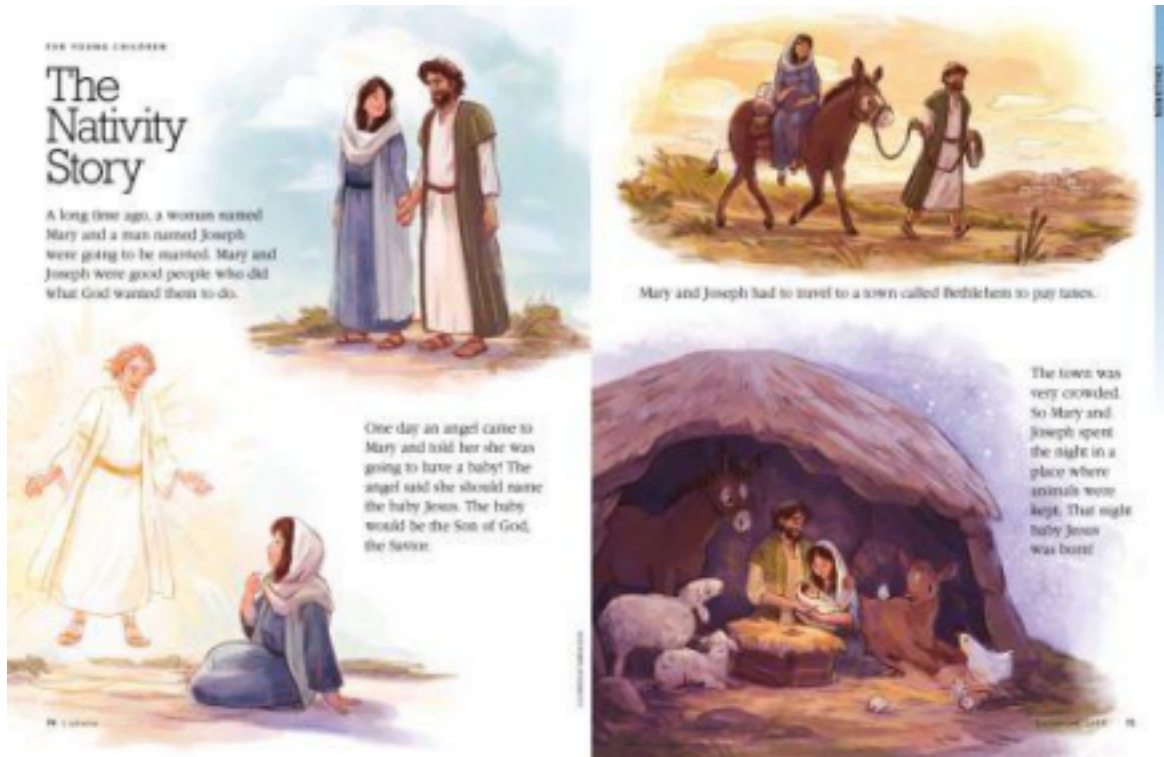
2. One Resource blog states, “This Christmas, make an effort to keep Jesus at the center of your celebrations. With a little intentionality and some simple, meaningful practices, we can honor Him in every aspect of the season. In this blog, I’ll share 50 practical and inspiring ideas to help you keep Christ in Christmas.” Another Resource article on “7 Meaningful Ways to Keep Christ in Christmas”: “Keeping Christ in Christmas means that Jesus is at the center of the Christmas season. It means that you are keeping Jesus the focus of the Christmas season and that’s it. By keeping Christ in Christmas, you are less distracted by the commercialism the world is taking part in. The best way to keep Christ in Christmas is by being purposeful versus going with the flow. By being intentional about the activities you do, what you talk about with your family, the traditions you take part in, and how you spend your time, you are taking part in the true spirit of Christmas. **You are choosing things that focus on Jesus or spending time with family instead of things that are merely frivolous or bring stress.**

3. For years our family Christmas tree was loaded with a mixture of Santa, Happy Holiday, and a few symbols of Christ. In recent years, we no longer have any Santa or generic Holiday references. The only items on the tree are symbols of Christ. Each year we scour the store offerings for “precious symbols of Christ” tree decorations, and sometimes we are rewarded: A silver star, a miniature Nativity Scene, bells.

4. FAMILY DISCUSSION: How can your family keep Christ in Christmas?

5. RESOURCES: www.churchofjesuschrist.org/study/new-era/2017/12/ten-symbols-of-christmas?lang=eng#title1; www.kofc.org › Keep Christ in Christmas - Knights of Columbus; www.christelowoo.com › 50 Inspiring Ways to Keep Christ at the Center of Christmas; mamareflections.com › 7 Meaningful Ways to Keep Christ in Christmas

The Nativity Story





FIND THE PICTURE MATCHING THE SENTENCES BELOW WHICH TELL THE NATIVITY STORY:

1. A long time ago, a woman named Mary and a man named Joseph were going to be married.
Mary and Joseph were good people who did what God wanted them to do
2. One day an angel came to Mary and told her she was going to have a baby! The angel said she should name the baby Jesus. The baby would be the Son of God, the Savior.
3. Mary and Joseph had to travel to a town called Bethlehem to pay taxes.
4. The town was very crowded. So Mary and Joseph spent the night in a place where animals were kept. That night baby Jesus was born!
5. A new star appeared in the sky.

6. Shepherds were taking care of sheep in nearby fields. Angels came and told the shepherds that the Savior had been born. The shepherds went to find and worship the baby Jesus. 7. Far away, Wise Men saw the new star. They knew it was a sign that the Savior had been born. They followed the star until they found Jesus. They gave Him presents and worshipped Him. 8. After the Wise Men left, an angel visited Joseph. The angel said a bad king wanted to hurt Jesus. The angel said their family should move to Egypt to be safe.
9. Joseph, Mary, and Jesus lived in Egypt until it was safe to return to Israel. Jesus grew up in a town called Nazareth. He learned to be helpful, kind, and obedient. He learned everything that He needed to learn to be our Savior. He always followed God's plan for Him.
10. **At Christmas we celebrate the birth of Jesus Christ. Point to the pictures of these people, who were part of the Nativity story. FHE QUESTIONS:** How can We be like **Mary and Joseph?** By doing what God wants us to do. How can We be like the **shepherds** and **Wise Men?** By following Jesus Christ. How can We be like the **angels?** By telling others the real story of Christmas. How can We be like **Jesus?** By following His example!

MATCHING: SYMBOLS OF CHRISTMAS & HOW THEY REPRESENT JESUS CHRIST

<https://www.churchofjesuschrist.org/study/new-era/2017/12/ten-symbols-of-christmas?lang=eng#title1>



- ☐ 1. STAR
- ☐ 2. CHRISTMAS TREE
- ☐ 3. BELLS
- ☐ 4. LIGHTS AND CANDLES
- ☐ 5. HOLLY AND BERRIES
- ☐ 6. CANDY CANE
- ☐ 7. CHRISTMAS WREATH
- ☐ 8. FILLING STOCKINGS

9. GIFTS

10. ANGEL

11. POINSETTIA

- a. Reminds us of hope and new life. Because of Jesus Christ, we can have **everlasting life**, so we can choose to see its color (**evergreen**) as a natural symbol of Him and His gift to us.
- b. Remind us that **Jesus Christ is the Light of the World**. Reminds us to be lights to others and to help others come unto Christ.
- c. Reminds us of the **staffs carried by shepherds who visited baby Jesus**. This “crook” was used to hook sheep by the neck to gently lead them to food or water or to protect them. Jesus Christ is Good Shepherd, will gently lead us to safety
- d. Reminds us of importance of service. Greatest example of service is Jesus Christ. He always “went about doing good”. **How can you give Christlike service, show kindness to others?**
- e. **Their shape resembles a star. Red can remind us of the blood that Christ spilled for us.**
- f. Reminds us that **Christmas is the season of giving**. Remember the Wise Men who came to see Jesus? What did they give him? “ gold, and frankincense, and myrrh” ([Matthew 2:11](#)), but the greatest of all came from our Heavenly Father: “For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life” ([John 3:16](#)).As you open your brightly wrapped presents on Christmas morning, **REMEMBER: WHO IS THE TRUE GIFT GIVEN TO US ALL AT CHRISTMAS? THE SAVIOR.**
- g. Rung to symbolize the announcement of the birth of Christ when angels in heaven praised God and declared, “Glory to God in the highest, and on earth peace, good will toward men” ([Luke 2:14](#)).
- h. **Its red berries & prickly green leaves**, used as a Christmas decoration, **the sharp edges can remind us of the crown of thorns placed on the Savior’s head**. The red can remind us of His blood shed at Gethsemane ([Matthew 27:29](#)).
- i. **Their circular shape can represent eternity**. Hung on doors or in windows are like a symbolic invitation for the spirit of Christmas to fill our homes with the joy
- j. **Reminds us of heavenly visitor who visited Mary to tell her that she was chosen to be the mother of the Savior, & visited the shepherds.**
- k. **Appeared in sky, lead wise men**, ([Matthew 2:2](#))

LESSON: AFFORDABILITY PER SOCIALISM VERSUS CONSERVATIVE CAPITALISM BY LINDA LEE HANDY

1.WHY DO YOU THINK SOCIALIST ZOHRAN MAMDANI WAS VOTED IN AS MAYOR OF NY CITY WITH THE PROMISE TO MAKE EVERYTHING “AFFORDABLE”? Study the article in [Factually.com](https://factually.com/): “*Zohran Mamdani’s campaign platform centers on aggressive affordability measures for NYC—most notably a proposed four-year rent freeze on rent-stabilized apartments—expanded public ownership and services, and a reimagining of public safety toward mental-health-led responses. His agenda proposes funding through higher corporation taxes and a millionaire’s tax...public provision of services to reduce everyday costs: a network of city-owned grocery stores, fare-free public buses, and no-cost childcare...These proposals are part of a broader move to reframe municipal governance around public ownership and universal services, positioning New York as a test case for progressive urban policy. Supporters argue these measures cut costs for low-income households and reclaim services from profit motives...fiscal skeptics question implementation costs, operational capacity, and whether scaling municipal grocery or transit operations can match private-sector efficiency.*” Study Mamdani’s acceptance speech.

2. HOW DOES CAPITALISTIC POLICY FOR “AFFORDABILITY” DIFFER FROM PROGRESSIVES? Study the Presidential Memorandum 2025 January on Price Relief for American families to defeat the Cost of Living. It recognizes: “... a critical component of the crushing cost of everyday living. The Biden Admin imposed complex regulatory burdens & radical policies designed to weaken American production ...**President Trump is ordering all Federal agencies to untangle the American economy from Biden constraints and improve affordability of necessary goods and services and increase the prosperity of the American workers**...Unprecedented regulatory oppression from the Biden Administration has imposed almost \$50,000 in costs on the average American household, whereas President Trump’s first term agenda reduced regulatory costs by almost \$11,000...**Biden’s assault on American energy ... illegal regulatory demands have driven up the cost of transportation and manufacturing.**” Study

Investopedia.com article that tries to objectively evaluate capitalism versus socialism...***“economists argue that capitalism is the most efficient and productive system of exchange.”*** Study the Hillsdale College article: “Capitalism and Christian Ethics.”

3. Study Rep. Mike Lawler (R-NY)’s MAMDANI ACT To examine Risks of Government Run Grocery Stores. *“...push for government-owned grocery stores is straight out of the Marxist playbook... New Yorkers deserve solutions, not socialist fantasies that have failed spectacularly...”*

4. FAMILY DISCUSSION: Study Melania Trump’s challenge: “make a personal pledge to celebrate ambition and scale imagination to create a more advanced and prosperous society.” How is this best for GFAC?

5. RESOURCES: factually.co › fact-checks › politics Fact Check: What are Mamdani’s main policy positions ; www.foxnews.com/media/washington-post-editorial-says-mamdani-drops-mask-after-election-win offers-seething-victory-speech;www.whitehouse.gov/fact-sheets/2025/01/fact-sheet-president-donald-j-trump-delivers-emergency-price-relief-for-american-families-to-defeat-the-cost-of-living crisis;/www.investopedia.com › terms › What Is Capitalism? History, Pros & Cons, vs. Socialism; www.hillsdale.edu › educational-outreach › Capitalism and Christian Ethics; lawler.house.gov › news › documentsingleRep. Lawler Introduces MAMDANI Act to Examine Risks of Government-Run Grocery Stores; www.whitehouse.gov › 2025/11 › first-lady-melania-trump-named-patriot of the year

LESSON CHOICES OF THE RISING GENERATION Z FOR GFAC BY LINDA LEE HANDY

1.ARISTOTLE: “VIRTUE, THEN, IS A STATE OF CHARACTER CONCERNED WITH CHOICE.” THOMAS AQUINAS IN HIS 5 WAYS TO FIND GOD: “ Therefore there must also be something which is to all beings the cause of their being, goodness, and every other perfection; and this we call God.”

2. WHEN I THINK OF THE AMAZING RISING GENERATION Z, I HAVE GREAT FAITH THAT THEY WILL MAKE THE RIGHT CHOICES FOR GOD, FAMILY AND COUNTRY. I challenge each parent/grandparent to have an increased awareness of the need for strengthening, nurturing, and being an influence for good in their lives. Evaluate why the article on Gen Z Lifestyle Choices and Rise of Positive Habits, states, ***“Gen Z is not just reacting to the world they’ve inherited—they are reshaping it.”*** While the article has a liberal bend on activism choices, it offers unique insight into Gen Z, such as, *“Many also engage in volunteerism, activism, and collaborative projects that strengthen their ties to the broader world... Platforms allow them to share their creativity and find like-minded communities... This generation’s entrepreneurial spirit is strong, and it’s matched by a thirst for financial education and long-term stability ... Success, for Gen Z, is less about climbing the corporate ladder and more about achieving a balanced and fulfilling life... Gen Z is revolutionizing how learning happens...Gen Z wants to live with purpose....They are informed and vocal, using digital platforms to advocate for change and educate others... As they continue to influence culture, politics, and business, there’s no doubt that their values will leave a lasting imprint on society.”*

3.STUDY THE CHRISTIANTODAY ARTICLE, *“Perhaps typical of the new young social conservative is Isabel Brown, a US-based online influencer, whose book [‘The End of the Alphabet: How Gen Z Can Save America’](#) argues that her generation can and should turn away from progressive ‘woke’ ethics. “I feel like our generation... has just been so alienated and deeply misunderstood by those who come before us,” she said in an interview with conservative pundit Michael Knowles that is available on YouTube. “We’ve*

*been written off as hopeless, as socialists, as entitled crybabies with no hope for the future, but **the truth is all of the data in polling suggests Gen Z is actually the most conservative generation America has seen since World War II... Young men are also speaking in favor of traditional Christian morality... young people willing to stand up and speak out against abortion... inspiring more young adults to reject the liberal social norms of the past 50 years and turn to the traditional morals and beliefs of the Christian faith.*** " Thrive news article on Gen Z Christian Voices to Watch in 2025 stated, "**Charlie Kirk (1993-2025) was one of the most influential conservative voices in America and leader of the nation's largest youth movement, Turning Point...influential in mobilizing young Christians politically and culturally while integrating faith-based values into public discourse. He said, 'We need to be the generation that stands up for truth, that stands up for freedom, that stands up for what is right.'**"

4. FAMILY DISCUSSION: How have the Gen Z of your family stood up for traditional, Christian morals?

5. RESOURCES: www.philolibrary.crc.nd.edu › article › Five Ways to God Thomas Aquinas; theinscribermag.com › Gen Z Lifestyle Choices and the Rise of Positive Habits; www.christiantoday.com › article › 10/28/2024 Is Gen Z turning back towards traditional Christian morals; thrivenews.co › 10-gen-z-and-millennial-christian11 Gen Z and Millennial Christian Voices to Watch in 2025

LESSON HOLOCAUST MUSEUM HONORS CHARLIE KIRK, GEN. EISENHOWER, DENIALS BY L L HANDY

1.WHY IS IT IMPORTANT TO CONFRONT HOLOCAUST DENIAL OR DISTORTION AND TO KNOW THE TRUE HISTORICAL FACTS? From US Holocaust Memorial Museum, *Sep 11, 2025: "Today at the Museum, as at all federal buildings, our flags are flown at half staff. We do so each year in remembrance of the lives lost in the 9/11 terrorist attacks. This year it is also in memory of Charlie Kirk. Political violence is never acceptable and a reminder of the consequences of unchecked hatred. It is a threat to democracy and fuels conspiracy theories. Already people are blaming this tragic assassination on the Jews. At this time of accelerating political violence against individuals across the political spectrum, rising antisemitism, extremism and division, we must reaffirm our commitment to the lessons of the Holocaust. This history underscores the importance of the values of democracy, tolerance, and the dignity of every individual...The Nazi persecution of the Jews began with hateful words, escalated to discrimination and dehumanization, and culminated in genocide... The denial or distortion of history is an assault on truth and understanding. Comprehension and memory of the past are crucial to how we understand ourselves, our society, and our goals for the future. **Intentionally denying or distorting the historical record threatens communal understanding of how to safeguard democracy and individual rights...**"*

2.Wikipedia: Study these two documents on denial and negativism. "*Holocaust deniers attempt to rewrite history by minimizing, denying, or simply ignoring essential facts... **There are a wide variety of motivations for denying the Holocaust, which can include antisemitism... sympathy for National Socialism...**According to a 2020 survey of US youth by the [Claims Conference](#), 23% of US adults aged 18–39 said they believed the Holocaust was a myth, had been exaggerated, or were not sure... In 2006, UN Secretary-General [Kofi Annan](#) said: "Remembering is a necessary rebuke to those who say the Holocaust never happened or has been exaggerated...we must reject their false claims whenever,*

wherever and by whomever they are made." In 2022, the [United Nations](#) adopted a resolution aimed at combating Holocaust denial and antisemitism. The resolution was proposed by Germany and Israel...Quotes 1984,George Orwell's Winston Smith, 'He who controls the present, controls the past. He who controls the past, controls the future' ...German political scientist [Matthias Küntzel](#): 'Every denial of the Holocaust... contains an appeal to repeat it'...shifting blame from the perpetrators to the victims of genocide...share the goal of rehabilitating the ideologies which brought genocide about. "

3. Wikipedia: " In 1945, General [Dwight D. Eisenhower](#), Supreme Allied Commander, anticipated that someday an attempt would be made to recharacterize the documentation of Nazi crimes as propaganda and took steps against it." Study National Park Service article: Quoting Gen. Eisenhower's reason for thorough documentation: "to give firsthand evidence of these things if ever, in the future, there develops a tendency to charge these allegations merely to 'propaganda.'"

4. FAMILY DISCUSSION: How can you & your family help combat denial of Holocaust & prevent a repeat? How does evaluating Platforms sympathetic with denials & are pro-socialism?

5.RESOURCES: www.ushmm.org/antisemitism/holocaust-denial-and-distortion/explaining-holocaust-denial; en.wikipedia.org/wiki/Holocaust_denial; en.wikipedia.org/wiki/Historical_negationism; www.nps.gov/articles/000/eisenhower-and-the-holocaust.htm10/17/24

LESSON ERIKA KIRK, ROLE MODEL FOR GEN Z YOUNG WOMEN BY LINDA LEE HANDY

1.ONE EXCELLENT ROLE MODEL THAT I WOULD WANT MY GRANDDAUGHTERS TO FOLLOW WOULD BE ERIKA KIRK. Why? All of us are influenced by role models that inspire us to be/do good and to encourage us to stretch beyond what we think might be possible. My reasons are not her degrees or accolades, but her faith, her beliefs on family and country. Pres. Larry Arnn of Hillsdale College announced at Charlie Kirk's Memorial, "My wife... and I have set up a scholarship in the hope that Charlie's children will go to a good college. I have one in mind," and that Hillsdale will confer honorary doctorates on Charlie and Erika Kirk in May. Read Wikipedia on Erika's degrees, Miss Arizona crown, and opportunities. She strived to do what she felt was meaningful. Hearing about Turning Point and wanting to be a part of it, she applied for a position. In the interview with Charlie Kirk, according to his version, he decided he'd met an amazing young woman and wanted to date her. They married in 2021, and have two small children. Read NY Post article on their view of husband and wife, empowered as helper.

2. Read National Review article: "Charlie Kirk was killed by a deeply troubled young man. And during her remarks during his memorial service at a packed State Farm Stadium in Arizona — attended by tens of thousands of people, including Donald Trump and his Cabinet — Erika Kirk, Charlie's widow and his successor as president and CEO of Turning Point USA, forgave the killer... That's what Charlie...would have done. Because that's what Jesus does. He forgives us our trespasses. No matter how evil and how pathetic. If we ask Him, His mercy is ours...**And Erika Kirk longs to love like Christ. So even if it feels impossible — it has to — she forgives... The beauty of Erika Kirk's dedication to the Gospel is remarkable**... Politics is not our religion. God is our Savior...He does not let Evil prevail, Love wins... It requires sacrifice and surrender to a peace that does not come from this world, but from God Himself."

3. FROM ERIKA'S TRIBUTE TO HIM, "WE WERE A TEAM WORKING TOGETHER FOR THE SAME MISSION. I never wanted to be the one standing between Charlie and the task that God prepared for him... I knew

*Charlie would always do his best to help me with the same. My marriage with Charlie was the best thing that ever happened to me, and I know it was the best thing that ever happened to him as well. He wanted everyone to experience that joy... **Women, I have a challenge for you, too. Be virtuous. Our strength is found in God's design for our role. We are the guardians. We are the encouragers. We are the preservers. Guard your heart. Everything you do flows from it. And if you're a mother, please recognize that is the single most important ministry you have... Charlie's life was a turning point for this country... be your turning point as well. Choose prayer. Choose courage. Choose beauty. Choose adventure. Choose family. Choose a life of faith. Most importantly, choose Christ. I love you, Charlie, baby. And I will make you proud. God bless you all. And God bless America.***

4. **FAMILY DISCUSSION:** How does Erika's example guide you toward decisions that strengthen GFAC?

5. **RESOURCES:** www.hillsdale.edu/news-and-media/press-releases/hillsdale-college-to-award-honorary-degrees-to-charlie-and-erika-kirk/9/21/25; www.nationalreview.com/corner/as-erika-kirk-forgives-the-man-who-murdered-her-husband-she-loves-on-the-lost; en.wikipedia.org/wiki/ErikaKirk; religionunplugged.com/news/erika-kirks-tribute-let-charlies-miracle-be-your-turning-point; nypost.com/2025/09/23/lifestyle/erika-kirk-is-right-it-is-beautiful-and-empowering-to-be-your-husbands-helper/

LESSON MAKE AMERICA HEALTHY AGAIN, CHARLIE KIRK, RFK JR BY LINDA LEE HANDY

1. STUDY THE CHARLIE KIRK PODCAST 9/22/24: *"For decades, obsessing about the environment and public health was seen as a left-wing concern. But thanks to Donald Trump and his endorsement by RFK, that's changing. In a roundtable discussion in Phoenix, RFK Jr. and Callie Means talk about all the things Trump's second term could do to fight chronic disease... RFK Jr. also gives the long-awaited details on how he ended up endorsing Trump."* **STUDY THE PODCAST 8/27/24** where Charlie Kirk analyzed the importance of RFK Jr.'s Mission to Make America Healthy Again (dire conditions of our children's health, chronic disease epidemic, and poisoning by big food companies.) RFK Jr. discussed his moral obligation to promote his health agenda and offered it to both candidates, Donald Trump and Kamala Harris (who declined to meet.) RFK Jr. has been heavily criticized by the Democrat Party and some of his family. Charlie Kirk stated: *"RFK Jr. is now waging a war against the party of restricting freedom of speech, restricting the free flow of ideas. What RFK is doing is putting the Democrat Party on trial...what better person than a Kennedy...Bobby Jr, the namesake of Bobby Kennedy, saying the Democrat party is against the American people...You do not have to agree with everything RFK Jr believes in. I don't, but you have to give him credit for his courage, his patriotism to go up against the Machine of the Democrat Party that he was raised in. This party is an existential threat to the country...the whole basis of American democracy is the free flow of information and we know that a government that can silence its opponents has license for any kind of atrocity. Can you think of any time that you can look back in history...it's always the first step down that slippery slope to totalitarianism."*

2. STUDY PRES TRUMP'S COMMISSION (CHAIRMAN RFK JR, SECRETARY OF HHS) FACT SHEET ON MAHA. It states: *"Americans have lost trust in our health system...causes of the country's health crisis and how to improve it... **President Trump is fulfilling his promise to tackle the health crisis facing***

America.”

3. STUDY THE WHITE HOUSE FACT SHEETS ON HOW THE COMMISSION AND RFK JR. HAVE BEGUN RESHAPING AMERICA'S APPROACH TO WELLNESS.

Example: How leading Food Companies are removing/replacing harmful ingredients and how favored-nation pricing will reduce med prices (especially diabetic and weight loss). Read the Today editorial that states: *“That's why the researchers and writers of the editorial are calling on policy makers to: stress the important of whole and minimally processed foods in dietary guidelines, make ultraprocessed foods easily identifiable to consumers, restrict advertising and sales near schools and hospitals, and take steps to make healthier foods less costly.”*

4. FAMILY DISCUSSION: How can your family become more healthy and support the MAHA agenda

5. RESOURCES: [Thecharliekirkshow.com/podcasts/the-charlie-kirk-show/how-maha-was-born-and-where-its-going-next](https://thecharliekirkshow.com/podcasts/the-charlie-kirk-show/how-maha-was-born-and-where-its-going-next)
9/22/24,
8/27/24; www.whitehouse.gov/fact-sheets/2025/02/fact-sheet-president-donald-j-trump-establishes-the-make-america-h
[ealthy-again-commission/](https://www.whitehouse.gov/fact-sheets/2025/02/fact-sheet-president-donald-j-trump-establishes-the-make-america-h); www.whitehouse.gov/articles/2025/07/president-trump-delivers-on-maha-push/;
www.whitehouse.gov/fact-sheets/2025/11/fact-sheet-president-donald-j-trump-announces-major-developments-in-bringi
[ng-most-favored-nation-pricing-to-american-patients/](https://www.whitehouse.gov/fact-sheets/2025/11/fact-sheet-president-donald-j-trump-announces-major-developments-in-bringi);
<https://www.today.com/health/diet-fitness/ultraprocessed-food-health-risk-study-rcna141112>

KEEP CHECKING BACK TO THIS LINK (AND THE WEBSITE), AS LESSONS WILL CONTINUALLY BE ADDED. PLEASE SHARE A LESSON THAT YOU WOULD LIKE TO OFFER:

contact@gfaclessons.com

PLEASE NOTE: IN THE FUTURE, THE GOAL IS TO HAVE VIDEOS TO ACCOMPANY EACH LESSON
(FOR A SMALL PRICE-TO REIMBURSE THE GRAPHIC ARTISTS)