

Virgin Rim Trail Hike – from Cow Lake to Cat’s Den Overlook – Monday, August 17 at 8 AM



Back to the mild temperatures of Cedar Breaks - excellent for hiking! This time, we will hike the Virgin Rim trail from Cow Lake to Cat’s Den Overlook. The Cow Lake to Cat’s Den Overlook is part of the Virgin Rim trail is about 3.6 miles long round trip over relatively flat terrain and is considered to be of hard-moderate difficulty (because of the 9000-foot altitude). Since this is an out-and-back hike, hikers can ultimately determine how far they wish to hike; returning to the trailhead/parking lot when done.

If you'd like to go, meet at the Walmart Supercenter parking lot at 625 W Telegraph St. in Washington, Utah at 8:00 AM in the north corner of the lot next to Telegraph Road. Remember to dress in layers to best handle any temperature changes, wear comfortable shoes, and bring plenty of water, snacks and a bag lunch for the trip.

Trip Lead: Dana Smith.

Attached is some info about the hike. Hope to see you there!

[Hiking Virgin River Rim Trail-Cow Lake to Cat's Den Overlook](#)