

**Fr. Harry 'Dutch' Olivier**  
**Sophomore Friendship Invitational**  
**And Varsity Open**

**TRACK & FIELD at Brophy Graham Family Sports Campus**  
**Thursday March 27, 2025; w/ Multis day II on Friday March 28.**

**This is a state qualifying invitational.**

**Thursday - Coaches Meeting 2:30 PM 3/27/25.**

**FIELD EVENTS**

**Field Events (warm up at 2pm), competition will begin at 3:00 PM!**

<b>Shot Put</b>	<b>(Girls followed by Boys)</b>
<b>Discus</b>	<b>(Boys followed by Girls)</b>
<b>Long Jump</b>	<b>Boys, followed by Girls</b>
<b>Triple Jump</b>	<b>Girls, followed by Boys</b>
<b>High Jump</b>	<b>Girls followed by Boys</b>
<b>Pole Vault</b>	<b>Boys followed by Girls</b>
<b>*Javelin (Friday 12:30pm)</b>	<b>Boys followed by Girls</b>

**Running Events - begin at 3:00 PM**

**Boys decathlon 100m - 2:20pm**

<b>Event # 1</b>	<b>4 x 800 M Relay(Open&amp;So)</b>	<b>Boys/Girls</b>
<b>Event # 2</b>	<b>100/110 High Hurdles</b>	<b>Boys/Girls</b>
<b>Event # 3</b>	<b>Open 100/110 High H.</b>	<b>Boys/Girls</b>
<b>Event # 4</b>	<b>100 Meter Dash</b>	<b>Boys/Girls</b>
<b>Event # 5</b>	<b>Open 100 Meter Dash</b>	<b>Boys/Girls</b>
<b>Event # 6</b>	<b>1600 Meter Run</b>	<b>Boys/Girls</b>
<b>Event # 7</b>	<b>Open 1600 Meter Run</b>	<b>Boys/Girls</b>
<b>Event # 8</b>	<b>4 x 100 Meter Relay</b>	<b>Boys/Girls</b>
<b>Event # 9</b>	<b>Open 4x100 Meter Relay</b>	<b>Boys/Girls</b>
<b>Event # 10</b>	<b>400 Meter Dash</b>	<b>Boys/Girls</b>
<b>Event # 11</b>	<b>Open 400m Dash</b>	<b>Boys/Girls</b>
<b>Event # 12</b>	<b>300 Meter Hurdles</b>	<b>Boys/Girls</b>
<b>Event # 13</b>	<b>Open 300 Meter Hurdles</b>	<b>Boys/Girls</b>
<b>Event # 14</b>	<b>800 Meter Run</b>	<b>Boys/Girls</b>
<b>Event # 15</b>	<b>Open 800 Meter Run</b>	<b>Boys/Girls</b>
<b>Event # 16</b>	<b>200 Meter Dash</b>	<b>Boys/Girls</b>
<b>Event # 17</b>	<b>Open 200 Meter Dash</b>	<b>Boys/Girls</b>
<b>Event # 18</b>	<b>3200 M Run with Open</b>	<b>Combined Girls and Boys</b>
<b>Event # 19</b>	<b>4 x 400 Meter Relay</b>	<b>Boys/Girls</b>

**1. Number of entries per school:** 3 entries (sophomore or younger) in each individual event and one entry in each of the relays. There is a required [minimum standard for entries](#) for the Soph/Frosh section of this meet (coaches can override entry time/marks). Boys heats will be run first with the Girls heats to follow. Varsity Open entries limited to 2 entries in individual events and one relay. There will be a maximum of 24 varsity entries per individual event accepted into this meet selected by the top 24 seed times. An exception to this is in the long distance races where additional entries will not extend the length of the meet - teams will be allowed 3 open entries in the 800m, 1600m, and 3200m and the field will not be limited to the top 24 entries.

**The multi's will follow the same team limits of 5 total participants. The meet will cut the field down to a maximum of 24 multi athletes per gender.**

**2.** This meet will be an AIA sanctioned state qualifying meet.

**3. Sophomore Team Scoring:**10-8-6-5-4-3-2-1 (boys, girls). No Varsity team score.

**4. Varsity Awards and Sophomore Awards:**

Medals for the top three (3) places for boys, and girls.

Team Trophies will be awarded for Sophomore Level 1<sup>st</sup> place Boys and Girls.

**5. Track** is all-weather. 1/4" or 1/8" spikes only. No food or drink allowed on the FieldTurf infield inside the track.

**6. The Coaches meeting and hospitality** will be at 2:30pm in the team room at the NW corner of the track. Changes and scratches will be taken there – we will condense heats. All [running events](#) are timed finals – there are no prelims. Athletes will check in on the infield at the tent located in the south end zone. Hip numbers will be used for all races.

**7. Long and Triple Jump - competitors will be allowed 4 jumps. All boys and all girls will jump in seeded flights. There will be no finals. We will use 3 jumping pits, so athletes should listen to calls for their flights. There will be a [minimum distance for measurement](#). For the Frosh/Soph competition = Long Jump: 12' for girls and 15' for boys. Triple jump minimum measurement: 26' for girls and 32' for boys. For the Varsity Open competition = Long jump: 14' for girls and 18' for boys. Triple jump minimum measurement will be 30' for girls and 36' for boys.**

There will be 3 sand pits used at this meet (all three are located at the North end of the BSC track stadium). The runways will be referred to as the South Runway, North Runway, and the East Runway. Flights scheduled for each Runway::

**\*North Runway (all long Jump) 3pm Boys Long Jump** Soph/Frosh flight 1, flight 2..., then Open flight 1; followed by **Girls Long Jump** Soph/Frosh flight 1, flight 2... Varsity Open flight 1 .

**\*South Runway (all triple jump) 3pm Girls Triple Jump** Soph/Frosh flight 1, flight 2....., then Varsity Open flight 1. Then **Boys triple jump** Soph/Frosh flight 1, flight 2,,... then Varsity Open flight 1.

**\*East Runway 3pm Boys decathlon Long Jump.**

**8. Shot Put and Discus (Javelin): Implements will be weighed at the table under a tent on the sidewalk just North of the Shot Put rings at 2:00. Throwers will get three throws and the top 9 will advance to finals for 3 additional throws. Throwers will get their first throw measured, then there will be a [minimum distance for measurement \(hog line\)](#) - Soph/Frosh Girls: 18' for shot put and 50' for discus. Soph/Frosh Boys: 30' shot put and 70' discus.** The minimum distance for measurement for Varsity Open girls will be 25' for shot put and 60' for discus, and for Varsity Open boys will be 35' shot put and 100' discus.

Javelin will be **on Friday** beginning at 12:30 on the grass field between shot put and the discus areas. All participants will get 4 throws, no finals. 12:30 Boys Invitational, 1:15 Boys Open, 2:00 Girls Invitational and Open, 2:45 Heptathlon, 3:30 Decathlon \*The Hog line for Varsity Open Javelin will be 60' for girls and 100' for boys.

\*We might run 2 discus rings at this meet. The first flight of Soph/Frosh boys will start at 3pm on the West side, along with the first flight of Varsity Open boys at 3pm on the East side.

\*\*We could also run 2 shot put circles at this meet. The first flight of Soph/Frosh girls will start at 3pm on the West side, along with the first flight of Varsity Open girls at 3pm on the East side.

**9. High Jump and Pole Vault: Pole vault coach verification form will be used for weight. [Pole vault opening height](#) for girls will be 6'6, with 1'0 raises until 9'6, then 6".... Boys opening height will be 8'6, with 1'0 raises until 11'6, then 6".... [High jump opening height](#) for girls will be 4'1, with a 3" raises until 4'10, then 2"..... Boys HJ will open at 4'10, with 3" raises until 5'10, then 2".....** Varsity Open athletes will be included with the Soph/Frosh competition. The boys high jump will not include the decathlon competition high jumpers - the hep and dec athletes will walk over to Central HS and high jump over there.

**10. The Brophy Graham Family Sports Complex** is located at 7<sup>th</sup> St. and Highland (entrance to Xavier College Prep). There is **limited parking** there so buses will drop-off off teams at the track entrance (7<sup>th</sup> St & Highland) and then park at Brophy (Central Ave and Highland). Athletes could also be dropped off at the north gate of the Sports Complex on E. Pierson Street or at the southwest corner of the facility at the Xavier Fifth Street gate.

**11. Team camps** will be outside the south turn of the track or in the east side field. The limited bleacher space is for spectators and coaches. Athletes can warm up on the FieldTurf infield, but no camping in there, and please no food, or drink inside the track.

\*Spectator admission is \$10 for adults, \$5 for students/military/seniors - online purchase in advance Link <https://gofan.co/event/1414279?schoolId=AZ12767> Children 10 and under can enter for free. Programs will be available for \$1. The spectator gate entrance into the Brophy Sports Campus is at the SE corner of the facility. Food and drink will be available for purchase at the concession window at the SW corner of the track.

**12. Entry fee:** \$400 per school (\$200 boys and \$200 girls). \*Small schools/teams who will enter fewer individuals into this meet can request a lower team entry fee. Individual Multi's entry fee \$30. Checks can be made payable to Brophy College Prep, and send to Brophy Track Invitational - 4701 N Central Ave Phoenix, AZ 85012 (602) 264-5291. **Please send by Friday March 21, 2025.**

**13.** Complete online entry at **Athletic.net**. When you enter athletes, only underclassmen (sophomores and freshmen) can be entered into the Frosh/Soph division. Any grade athlete can be entered into the Varsity division. \*Athlete event entry registration deadline is 7PM on Monday, March 24th.

**14.** Registration for multi's - enter the athlete into the dec/hep on athletic.net, and email seed times/marks to Coach Bill Kalkman at [bkalkman@brophyprep.org](mailto:bkalkman@brophyprep.org). **These athletes do not get entered into any open events.** \*\*Email your athlete event times/marks by 1PM on Monday, March 24th.

**'Dutch' Decathlon and Heptathlon:**

**Day I events will be begin on Thursday 3/27 at 2:20 pm (Decathlon - 100m, long jump\*, shot put\*, high jump\*(Central HS), 400m\*\*\*; Heptathlon - 100m hurdles, high jump\*(Central HS), shot put\*, 200m\*\*\*\*\*).**

**The Day 2 events will begin at 12:00 noon on Friday 3/28 (Decathlon - 110m hh, discus, pole vault, javelin, 1500m; Heptathlon - long jump, javelin, 800m).**

**\*separate area 3\* near 800m 5\* with meet 200m**

**Registration for multi's - email Coach Bill Kalkman at [bkalkman@brophyprep.org](mailto:bkalkman@brophyprep.org).**

**Estimated Time Schedule for Multi's:**

**Day I events will be begin on Thursday 3/27 at 2:20 pm**

**Decathlon - boys**

2:30 100m,

3:15 long jump,

4:30 shot put

5:30 high jump (walk over to the Central HS track stadium)

8:00 400m;

**Heptathlon - girls**

2:20 100m hurdles,

3:00 high jump (walk over to the Central HS track stadium)

5:30 shot put (stay at Central HS)

7:30 200m.

**The Day 2 boys events will begin at 12:00 pm and girls at 2:00pm on Friday 3/28**

**Decathlon - boys**

12:00 110m hh,

discus,

pole vault,

javelin,

1500m;

**Heptathlon - girls**

2:00 long jump

javelin,

800m.