

Kaplan Class Review:

Kaplan offers two different introductory classes, the online class and the classroom option. I personally haven't taken the online one so I'm gonna stick reviewing the classroom one. Kaplan in my opinion excels at one thing, content review. I wanna make one thing clear, the classroom option spends very little to no time focusing on content review.

Now the way Kaplan approaches the class is usually 2 days a week for 3 hours each day. Each day they focus on one of the four sections (CARS, CHEM/PHYS, BIO/BIOCHEM, and PSYC/SOC). When you purchase the course you get all the content review books and also a lesson book (and the quicksheets) which is pretty much the only book you'll use in class, it contains chapters on Kaplan strategies that you'll discuss in class. When you're not in class you are supposed to be reading your content books before class discussion. After you're done with a class you are supposed to be doing your homework which is in the lesson book plan.

Online review and practice problems is where Kaplan really shines in my opinion, after your homework problems you can go online to do more Passage-Based Questions (PBQ) which is anywhere from 3-5 passages of extra practice. Before each class Kaplan offers videos in multiple subjects to help supplement your review (mainly biochem/orgo). Kaplan also offers their infamous Q-Bank which has 1000+ questions. They also have the MCAT channel which I think is a great resource. The MCAT channel offers videos (roughly 1-1.5 hours long) on anything from creating a MCAT study plan to videos on their practice full length where they go over passages. They also have videos on the discrete topics such as Structural Organic Chemistry, Cars Reasoning beyond the texts, Acid-Base pH problems and others.

There are some downsides to Kaplan, the main one being price. Most courses start above \$1500, if you decide to go the Kaplan route, I suggest buying your class either at the end of the year or beginning of the year. Another downside is while the content review is extensive, it is sometimes said that it is too detailed. (I look at it as being thorough, but that's if you have time for everything)

Kaplan in my opinion is good at a lot of things, the main one being content review. There are a lot of other prep courses that offer content review in class as well. (I think Examcrackers is good at that) Kaplan has two really great resources that I think make the cost worth it, the MCAT channel and the Q-bank that gives you ton of practice. All in all, Kaplan can be a pricey option but they offer a solid content review with plenty of practice for all topics.