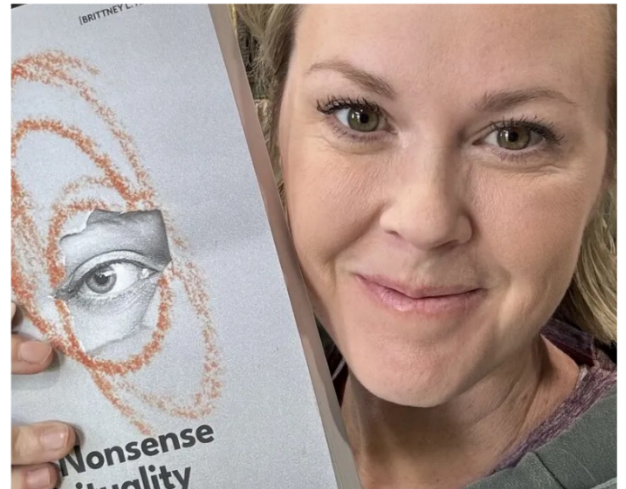


No Nonsense Spirituality

Q&A with Author Britt Hartley on her Book and Podcast

Join us on **December 14** for a special discussion led by popular author, podcaster, and TikToker Britt Hartley on *No Nonsense Spirituality*. Her unique perspective combines positive psychology, existential philosophy, and mysticism to create a secular humanist approach to spiritual practices that helps those who lack faith to still engage with and benefit from them.



BYO brunch and socializing 12-1, discussion 1-2:30. Free child care services provided for parents!

TVUUC ForUUm
2931 Kingston Pike

Sun. Dec. 14,
12PM-2:30

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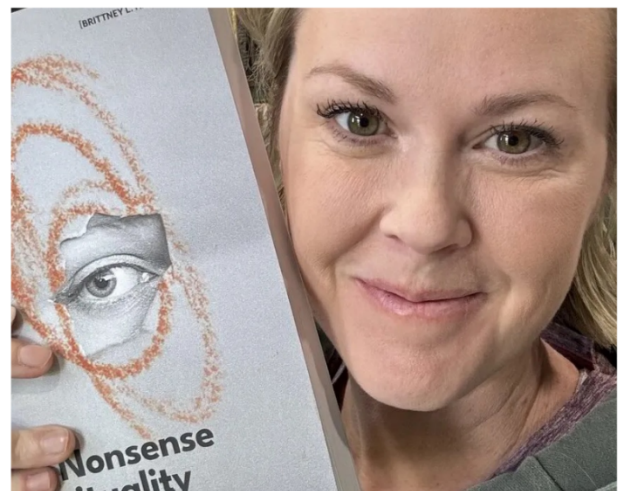


Fostering Opportunities for Reconnection, Uplift, Unity, and Meaning

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