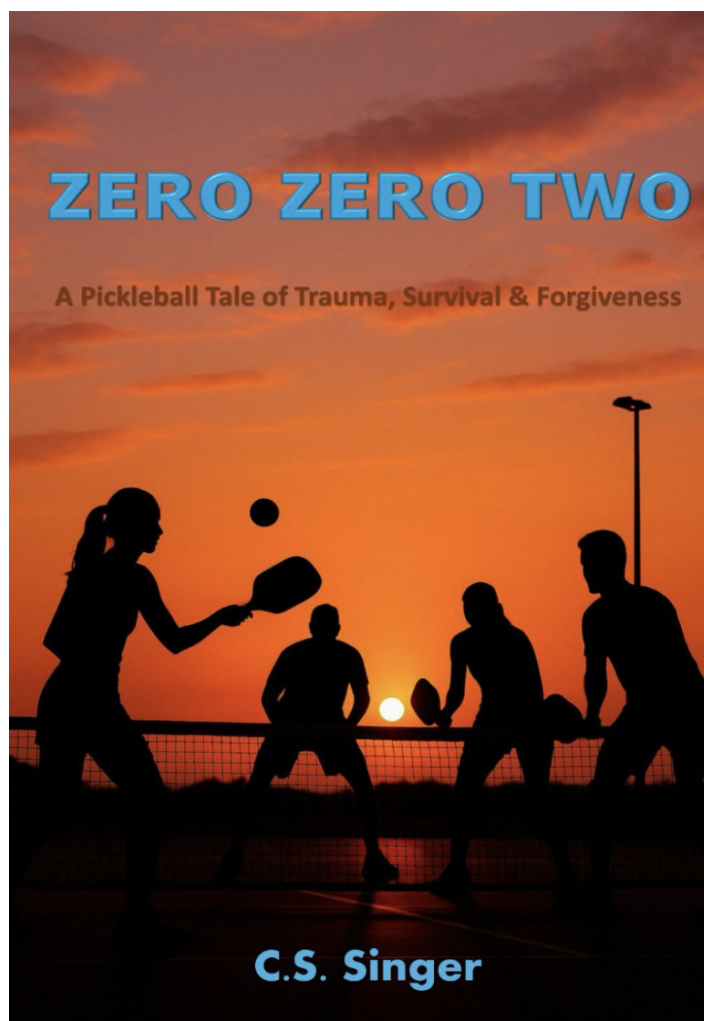


Zero Zero Two: A Pickleball Tale of Trauma, Survival & Forgiveness

by Boca Raton's Caryn Schulsinger



If you've ever stepped onto a pickleball court hoping for more than just a game—maybe a little peace, perhaps a fresh start—*Zero Zero Two* will speak to you. This heartfelt story follows a woman as she pieces her life back together through the rhythm of rallies, the kindness of strangers, and the quiet power of forgiveness. More than a sports story, it's about what happens when the game becomes your lifeline.

I just finished *Zero Zero Two: A Pickleball Tale of Trauma, Survival & Forgiveness* by C.S. Singer (Boca Raton's Caryn Schulsinger), and if you've ever felt the game heal you in ways nothing else could, this one's for you. [Read my review here.](#)

The story follows a woman who's navigating deep personal loss and emotional trauma, and somehow, through a local pickleball community, she starts piecing her life back together. The court becomes more than a playing surface—it's a space where she can breathe, connect, and slowly start to trust again.

While reading the book, I was constantly reminded that pickleball isn't just a game; it's a testament to perseverance and determination. With every serve, there's a leap of faith, a belief in what's possible. And each rally is a determined promise that you're in it until the very end, pushing your limits with every shot.

If you've ever had one of those matches where the scoreboard didn't matter—because just showing up was the win—you'll feel this book in your bones.

What I loved most was how real it felt. The characters aren't perfect, and the healing isn't linear. But it's honest. And the way pickleball is woven into that recovery? Beautiful. It's not just the backdrop—it's part of the therapy.

If you're looking for a read that goes beyond the game but still keeps pickleball at the heart of the story, give *Zero Zero Two* a shot. It made me appreciate what this sport truly offers—connection, strength, and sometimes, a way forward.

See you on the court!

Purchase on [Amazon](#) or use this QR code:

