

FREQUENTLY ASKED QUESTIONS

Where can I find the menu for my student's school?

Menus are found on our website, on the menu page.

Where can I find nutritionals and allergen information?

Visit the [Linq Connect Website](#), hover over school services, select school menus, enter "Mt. Diablo USD," select your school site from the drop down menu.

How much are the meals for my student to eat at school?

For the 2025/2026 School year, The California Universal Meal Program allows all students to collect one breakfast and one lunch at no cost every school day. All students are already enrolled in the program, no action is required - just get in line!

I received an email from Linq saying I have a negative balance. I thought meals are free?!

Second meals have a fee. For example, if a student collects a breakfast before school and at recess/brunch, they are both captured as breakfast. There will be a negative balance on the student's account. Mt. Diablo Unified School District has dedicated funds to cover this balance for the 2025-26 school year. You do not have to pay for it.

What if my student has a food allergy?

If your student has a food allergy, please have a doctor complete and sign [this form](#). Once complete, send it to the Food Services office. We require 10 business days to process special meal accommodations.

Are school meals healthy?

Yes! We follow strict [rules](#) from USDA that govern everything from sodium to calories and saturated fat. All of our schools offer salad bars and a variety of fresh seasonal produce with each meal. We never serve juice, flavored milk, or other sugar sweetened beverages. 80% of our grains are whole grain and 40% of our produce is organic.

Where can I find my student's eligibility?

If you did not receive an email or printed letter stating your student's eligibility, you can contact our office at 925-682-8000 ext 3775 and we would be happy to send you a copy.

Can my student get a meal while on a field trip?

Yes, however your student's teacher would need to request the meal 2 weeks prior to the field trip. This request form is located on the forms section of our website.

What if I didn't receive my student's EBT Card?

Contact SUN Bucks Helpline at (877) 328-9677 or <https://www.cdss.ca.gov/sun-bucks>.

Who can eat food left on the Share Cart/Table?

Food placed on the Share Cart/Table is intended for student use only. Adults are not permitted to take food from the Share Cart/Table.

Can adults (Teachers, Admin, Staff) eat meals for free?

The USDA does not allow adults to eat free meals, however meals may be purchased by adults.

How do adults pay for their meals?

If a staff member is planning on eating in the cafeteria, they need to set up a staff account by sending an email to foodservicessec@mdusd.org with their name and employee ID number. Then they will add funds by visiting linqconnect.com

What rules apply to food sales and fundraisers outside of the school meal program?

In California, schools must follow the [competitive foods rules](#) for any foods sold to students at school during the school day.

Have another question not covered here?

Please reach out to us at foodservicessec@mdusd.org or 925-682-8000 ext. 3775.