

Sport (Season)	Coach	Phone	Email
(Winter)			
Adapted Bowling	Paul Beuning	ext. 2470	beuningp@isd345.org
Alpine Skiing	Co-op w/Annandale-Dana Kjaer	320.266.2215	ldkjaer@hotmail.com
(Spring)			
Baseball	Eric Terres	ext. 2413	terrese@isd345.org
Baseball JV	Matthew Quade	ext. 2616	quadem@isd345.org
Baseball C	Corbin Schwartz		schwartzc@isd345.org
Baseball 7th	Scott Rambow		
Baseball 8th	Gregg Teisinger	ext. 2335	TeisingerG@isd345.org
(Winter)			
Basketball Boys	Jeff Paffrath	320-220-1901	
Basketball Boys JV			
Basketball C	Paul Hannig		
Basketball Boys 7th	Gregg Teisinger	ext. 2335	TeisingerG@isd345.org
Basketball Boys 8th	Jeremiah Dahl	ext. 2371	dahlj@isd345.org
(Winter)			
Basketball Girls	Mike Dreier	ext. 2684	dreierm@isd345.org
Basketball Girls JV	Joey Dreier	ext. 2416	dreieri@isd345.org
Basketball Girls C	Margaret Essler	ext. 2689	esslerm@isd345.org
Basketball Girls 7	James Faulkner	ext. 2613	faulknerj@isd345.org
Basketball Girls 8	Gregg Teisinger	ext. 2335	teisingerg@isd345.org
(Fall)			
Cheerleading	Ashton Johnson	712-209-6537	ashton.johnson531@gmail.com
(Winter)			
Competitive Cheer	Ashton Johnson	712-209-6537	ashton.johnson531@gmail.com

(Fall)			
Cross Country	Disa Daucsavage	ext. 2338	daucsavaged@isd345.org
	Keiser Freetly	ext. 2682	freetlyk@isd345.org
	Kelli Harrier		

(Winter)			
Dance Team Varsity	Jenny Ziemer		jenziemer@gmail.com
Varsity Assistant	Alexa Vallejo		
Dance Team JV	Jessica Williams		
(Fall)			
Football	Brian Westby	ext. 2680	westbyb@isd345.org
	Luke Peterson	ext. 2644	petersonl@isd345.org
	Paul Beuning	ext. 2470	beuningp@isd345.org
Football JV	Jacob Beranek	ext. 2415	beranekj@isd345.org
	Greg Macik		
	Matthew Quade	ext. 2616	quadem@isd345.org
Football C	Joey Dreier	ext. 2416	dreierj@isd345.org
	Dan Essler		esslerd@isd345.org
(Fall)			
Football 7th	Gregg Teisinger	ext. 2335	teisingerg@isd345.org
	Brad Daak		
Football 8th	Jeremiah Dahl	ext. 2371	dahlj@isd345.org
	Corbin Schwartz		schwartzc@isd345.org
(Spring)			
Golf Girls	Nick Richards	ext. 2406	richardsn@isd345.org
Golf Boys	Jeff Boonstra	ext. 2682	boonstraj@isd345.org
Golf Boys & Girls JV	Joey Dreier	ext. 2337	dreierj@isd345.org
Golf Boys & Girls MS	Erin Schoumaker Aric Harrier	ext. 2437 ext. 2706	schoumakere@isd345.org harriera@isd345.org

(Winter)			
Gymnastics	Cindy Jacobson	320.905.3206	cjacobson@isd465.org
	Mya Magnuson	ext. 2464	magnusonm@isd345.org
	Kara Jacobson		
	Haley Wolff		

(Winter)			
Hockey Boys	Zack Johnson (River Lakes)		

Hockey Girls	Andrew Marod (River Lakes)		
(Spring)			
Softball	Jacob Beranek	ext. 2415	beraneki@isd345.org
Softball JV	Holly Carlson	ext. 2458	carlsonh@isd345.org
Softball C			
Softball 7 th /8 th	Sarah/Nick Goelz	ext. 2334	goelzs@isd345.org
Special Olympics	Paula Turnquist	ext. 2427	turnquistp@isd345.org
(Fall)			
Tennis Girls	Steven Barber		spbarber@hotmail.com
Tennis Girls JV	Mike Erickson		
Tennis Girls MS	Marquis Christenson		

(Spring)			
Tennis Boys	Steven Barber		spbarber@hotmail.com
Tennis Boys MS	Marquis Christenson		

(Spring)			
Track & Field Girls/Boys	Chad Powers	est. 2694	powersc@isd345.org
	Paul Beuning Disa Daucsavage	ext. 2470 ext. 2338	beuningp@isd345.org daucsavaged@isd345.org
	Keiser Freetly	ext. 2682	freetlyk@isd345.org
Track MS Boys/Girls	Jacob Bushman	ext. 2434	bushmani@isd345.org
Track MS Boys/Girls	Andy Regnier	ext. 2435	regniera@isd345.org

(Spring)			
Trapshooting	Dean Anfinson		kandipark5@tds.net
	Troy Haverly	320.894.8541	troyhaverly@tds.net

(Fall)			
Volleyball	Tina Peterson	ext. 2471	petersont@isd345.org
Volleyball JV	Gina Macik	952-913-7428	grmacik@yahoo.com
Volleyball B	Jessica Fredrickson	ext.2467	fredricksonj@isd345.org
Volleyball C	Jess Newman		
Volleyball 7th	Shannon Grothem		
Volleyball 8th	Ashley Schoumaker	ext. 2431	schoumakera@isd345.org
(Winter)			
Wrestling	Shawn Hatlestad	320-444-5665	hatlestads@isd345.org
Wrestling JV/MS	Corbin Schwartz Troy Johnson	ext. 2347	schwartzc@isd345.org johnsont@isd345.org

Fine Arts			
Fall Musical			
Spring Play	Ben Mooberry	ext. 2659	mooberryb@isd345.org
Speech	Jason Parker	ext. 2443	parkerj@isd345.org

One Act			
HS/MS Band	Caitlin Becks	ext. 2441	becksc@isd345.org
HS/MS Choir	Jason Parker	ext. 2443	parkerj@isd345.org
Robotics	Aric Harrier	ext. 2706	harriera@isd345.org
Knowledge Bowl	Jennifer Olson	ext. 2363	olsonj@isd345.org
Visual Arts	Kari Weber	ext. 2702	weberk@isd345.org