

## Unit Overview: Past, Present Future

Grade Level:	6
Unit Length:	4 lessons
Original Lesson Authors:	Starr GreenSky and Rachelle Peterson
Lessons Adapted By:	Starr GreenSky

### Topic Overview

This unit is designed to increase Native students' resilience through learning about how Indigenous leaders from the past and present have overcome obstacles and made a positive difference in their communities. In discussing the ways in which positive Indigenous role models such as Jim Thorpe (1888-1953), Cicely Littlewolf (1982-), etc, have demonstrated resilience, students will gain an understanding of how they will be resilient in the future.

This unit also incorporates a variety of social/emotional regulatory skills such as the Zones of Regulation and follows the teachings of the Oak Tree, a staple for Southern California tribes.

### Unit Goals

Through learning about positive Indigenous role models, students will increase their resilience and sense of identity in the following areas, which correspond with the Circle of Courage:

1. **Sense of Belonging-** Students will increase their sense of relatedness by learning to trust others, share positive feedback with others, and engage effectively in collaborative discussions with peers.
2. **Sense of Mastery-** Students will expand their skills by demonstrating an understanding of the Zones of Regulation and incorporating multimedia components utilizing individual jamboard slides with presenting how they will be resilient in the future.
3. **Sense of Identity-** Students will increase their sense of identity by discussing positive Indigenous role models, acknowledging the true story of Thanksgiving, and by following the teachings of the Oak Tree, a staple for Southern California tribes.

### Assessment Type

There is no formal assessment associated with this unit. However, you could assess students on their ability to use the thinking skills associated with this unit, using a pre/post test model.

### Additional Context

This unit was delivered to sixth graders, but can be adapted for younger or older groups. The unit includes lessons delivered primarily over zoom and tele-health services due to the COVID-19 pandemic.