

SWEET POTATO HASH BREAKFAST BOWLS

by Jess Sowards- The Farmer's Table

 Sweet Potato Breakfast Bowls (with NO Chrome Plate)

INGREDIENTS

3 large sweet potatoes, diced

2 red apples, diced

1 onion, diced

2 T. rosemary, chopped

5-6 slices bacon.

DIRECTIONS

Cut raw bacon and cook.

Reserve 2 T bacon fat in pan over medium.

Add potatoes and apples. Cook, stirring occasionally, until browned and partially soft, about 15 minutes.

Add onions. Continue cooking until potatoes are soft enough to be cut through and onions are soft.

Add rosemary and bacon. Mix and serve with fried egg on top.