How I Feel Worksheet

Directions: finish the following sentences

I feel happiest when _____
_____.

I am dissappointed when _____
_____.

When I am depressed, I usually _____
_____.

I feel sad when_____
_____.

When I am alone, I _____
_____.

Kids my age see me as _____
_____.

Adults see me as _____
_____.

I see myself as _____
_____.