

KRETZ FILES



Cut-Offs and Relays

Round 1

RF throwing Home (1B relay man, C catch tag, and back to the coach)

LF throwing to 2B (SS relay man, 2B catch, tag, and throw to 3B)

Round 2

RF throwing to 3B (2B relay man)

CF throwing to 2B (SS w/ no relay)

C and 1B working in and out (work by themselves)

Round 3

RF throwing to 2B (2B w/ no relay)

CF throwing to 3B (SS w/ relay)

C and 1B working pick-offs (work by themselves)

Round 4

LF throwing to 3B (3B w/ no relay)

CF and RF to 2B —balls in the gaps or trouble spots (SS w/ 2B as relay)

C and 1B working on bunts (work by themselves)

Round 5

RF-CF-LF throwing home with cut-off

Round 6

CF—throws all the way home and infielders go around the horn.