Forest Hills Public Schools

Administering Medication to Students

All medications to be administered or self-carried at school will require the medication/treatment consent form to be filled out and signed by BOTH the parent/guardian and a health care provider. This is required for both prescribed and over-the-counter medications.

- A Medication Treatment/Consent form must be completed and on file at school before any medication can be administered, with the exception of emergency medications, by school personnel or when self-administered by the student is permitted.
- Emergency medications such as metered-dose inhalers and emergency injectable/nasal medications require an Emergency Action Plan (EAP) AND a Medication Treatment/Consent form signed by both parent/guardian and a health care provider.
- All medications administered by school personnel must be delivered to school by the parent/guardian/adult, in the current, original container. It is the parent's responsibility to keep track and replace expired medication.
- Any change in medication, dosage, or directions will require the completion of a new Medication Treatment/Consent Form.

Self-Administration of Medication by Students:

- **Elementary Students – Grades K-6**

  The only medications that can be carried and self-administered by elementary students are metered dose inhalers and emergency injectable medications, if authorized in writing by both the student's health care provider and parent/guardian.

- **Middle School Students – Grades 7-8**

  Prescription medication may not be self-administered by middle school students with the exception of metered-dose inhalers, emergency injectable medication and diabetic medications if authorized in writing by both the student's health care provider and parent/guardian.

  Over-the-counter medication may be carried and self-administered by middle school students if authorized in writing by the student's parent/guardian AND health care provider. All medication must be in the original container that contains no more than one day's dosage.

- **High School Students – Grades 9-12**

  Prescription medication may be carried and self-administered by high school students if authorized in writing by the student's health care provider, parent/guardian and permission from the school nurse. All medication must be in the original container and contain no more than one day's dosage. This includes diabetic medication with the exception that insulin does not need to be in one day's dosage.

  Over-the-counter medication may be carried and self-administered by high school students if authorized in writing by the student's health care provider AND the student's parent/guardian. All medication must be in the original container that contains no more than one day's dosage. Any questions or concerns regarding the administration of medication should be directed to your child's school.

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