

North Georgia Stage Races

When: September 22nd

Where: East Jackson High School
1435 Hoods Mill Road
Commerce, GA 30529

Admission/Parking: \$10/car

Parking: See map on last page

Important Team Info from Coach Carter:

- No Pets Allowed
- Athletes in earlier races should stay to watch their teammates in the later races compete. Athletes in the later races should arrive in time to watch their teammates in the earlier races compete.
- All athletes should arrive at least 90 minutes prior to your race time to allow for a full warm up.
- All athletes must stay after their race to cool down (jogging, strides, BOGA)

Transportation: Athletes may ride with parents to and from the meet. A bus is available for athletes who need a ride. **The bus will depart from the front of NGHS at 6:30 a.m. sharp.** Athletes who ride the bus to the meet may ride home with their parents, provided they let Coach Carter know prior to leaving the meet. Athletes who would like to ride the bus should sign up here (**Deadline to sign up for the bus is noon on Thursday, 8/20**) - <https://forms.gle/Khb95LAFhmnURohi9>

Meet Schedule:

7:30 a.m. - Middle School Boys & Girls

8:00 a.m. - Varsity Boys & Girls 1-3

8:20 a.m. - Varsity Boys & Girls 4-6

8:40 a.m. - Varsity Boys & Girls 7-12 - Davis

9:00 a.m. - JV Combined Boys & Girls (Boys & Girls will race at same time)

Boys - Adams, Boddie, Wellington, Roebuck, Pava, Bullock, Perkerson, Gore, Dao, Kim, Sutherland, Daniels, Rogers, Krafick, Donepudi, Sepmeyer, Jeong, Gerry, Wood, Trabazo, Werrbach, Lee, Leach, Park, Hur, Navarrete, Cisneros*, Easterly, Pope, Miles

Girls - Tsuji, Bachman, Wu, Peterson, Mastropaolo, Lough, Chen, Choe, Han, Ko, Lee, Mani

Awards: Team - Top 2 JV; Top 3 Varsity
Individual - TBD

COURSE & PARKING MAPS ON THE FOLLOWING PAGES



North Georgia 2 Mile Stage Races - 2025

Hosted by East Jackson High School - Commerce, GA



Meet Schedule:

- 7:30 - Middle School Boys and Girls combined (unlimited entries)
- 8:00 - Varsity Boys & Girls (runners 1, 2, & 3 / max 3 boys & 3 girls per team)
- 8:20 - Varsity Boys & Girls (runners 4, 5, & 6 / max 3 boys & 3 girls per team)
- 8:40 - Varsity Boys & Girls (runners 7-12 / max 5 boys & 5 girls per team)
- 9:00 - JV Boys & JV Girls combined (unlimited entries)

*Restrooms: 1) front of the Performing Arts Center entrance, 2) front of EJHS main building entrance.

