

Meeting Minutes July 5, 2026 Group Conscience
Sisters in Sobriety Texas

Present

Shea L.	Beki P.	Amy M.	Lisa P.
Beki P.	Suzy C.	Angela M.	RP
Roberta B.	Caitlin B.	Joycee L.	Jessica D.
Suzy C.	Gail	Kate B.	TJ
Sarah M.	Dana CB	Kirsten W.	Carole L.

Opening (4:30)

RP opened with the Serenity Prayer and Tradition 6.

Reports

Secretary's Report – (RP.): Meeting minutes for June meeting read [Minutes](#)

Shea L. motioned that we accept the meeting minutes as written. Roberta B. seconded the motion.

12 Yes 0 No 0 Abstain

Treasurer's Report - (Sarah M.):[Treasurer](#)

Sarah M. presented the report for June. \$1025.1 available to distribute this month.

Roberta B. motioned that we accept the report as written. Carole L. seconded.

13 Yes 0 No 0 Abstain

GSR Report - (Suzy C.):

Shea L. presented the highlights from the GSR report.

- Results from the April NY meeting available
- District 40 hybrid meetings 2nd Tuesday at 7 pm of every month – July 14th next meeting
 - <https://meet.google.com/nmn-zuqc-xop>
- SWAARSA in October 2026 in Baytown
- Texas State Convention at the end of the month

Intergroup Rep (Kris C.):

- No report

Website Administrator (Caitlin B.):

- Tradition workshop flyer online

- Meeting chairs for 3rd quarter updated
- Please send official announcements that need to be posted online to Caitlin via text or email.

Meeting Coordinator (Shea L.): [Meeting Coordinator](#)

- Need hosts for 2 meetings: Saturdays at 6 pm and Sundays at noon
- Host/Co-Host training on July 12th
- Traditions workshop on July 11 7-9 pm CST

Chips Report (Kirsten W.): In June we mailed out 53 chips including 9 desire chips

Literature Delegate (Dallas D.): No update.

TFC Committee Liason (Roberta B.)

No update this month

Agenda:

1. Old Business

- a. Update from workshop committee – Shea L.
 - i. Planning the 4th workshop at 6 pm on Oct 17th – Practicing Principles In All Our Daily Affairs
 - ii. This will be a panel discussion with Q&A.
- b. Update from the Saturday Speaker meeting committee – Roberta B.
 - i. We are looking for a host for these meetings on Saturday at 6 pm. Until we get an individual willing to host the speaker series, we will run it as a topic meeting.
 - ii. The speaker series can be intimidating for folks.
 - iii. We will remove this as a standing agenda item going forward.

2. New Business

- a. How do we enable better discussion in the GC – Shea L.
 - i. The changes we have made to specify the motions clearly and ensuring that folks can participate multiple times if everyone else has spoken has improved the nature of our meetings. We can now remove this topic.
- b. Discussion regarding the use of the chat feature by co-hosts. Specifically, co-hosts should refrain from posting messages in the chat before it is officially opened. When the chat is opened, it is intended for sharing phone numbers only, not personal opinions. - Sarah M.
 - i. How do we train cohosts to not cross talk in meeting chats. Certain individuals continue this behavior despite gentle guidance.
 - ii. We will reiterate in cohost training

- iii. When we need to speak to individuals, we will speak directly and in-private
 - iv. As hosts, we can delete these messages (better to do this after a discussion first)
 - v. If certain individuals continue this pattern despite repeated discussions, as hosts, we can choose to not ask them to co-host.
- c. Extend the meeting to an hour and a half and start at 4 pm CST. – Roberta B.
 - i. Sometimes agenda items have been moved multiple times because we run out of time in the GC.
 - ii. In AA, it is good to take time to get through agendas since this gives us all time to think through our thoughts and do right by the group.
 - iii. An hour and a half every month for a business meeting feels burdensome and might not work for all who want to participate
 - iv. We could continue to start at 4.30 pm and stop at 5.45 pm
 - v. Another home group schedules the meeting for an hour and allows for a 15 minute extension if needed for an urgent topic in any month.
 - vi. Motion: Start the GC meetings at 4 pm and schedule it for an hour. Any individual can make a motion during the meeting to extend it by 15 minutes if urgent topics need to be discussed.
 - vii. 11 Yes, 0 No, 0 Abstain
- d. Add Lord's prayer and St. Francis Prayer to options to end meeting – Roberta B.
 - i. Would like to start and end with a prayer and the Lord's prayer especially has been said in AA meetings from the beginning
 - ii. Feedback from our last group inventory was that this prayer made some folks feel excluded and that's why we dropped the Lord's prayer from our meetings.
 - iii. AA is not affiliated with Judeo-Christian practices, and this prayer is seen as connected to Christianity. When we decided to take the Lord's prayer from the end of our meetings, we were trying to focus on unity, inclusivity and with AA general services. There are many meetings not held in TX that do not end with the Lord's prayer.
 - iv. Inclusivity is important, we want to help as many women stay sober as possible.
 - v. Appreciate the way we end our meetings now with step 3 and step 7 prayers.
 - vi. Anything we say is a prayer and folks can choose to not recite a prayer that they don't like.
 - vii. We will table this discussion to next month.

Moved to next meeting

- e. Add Lord's prayer and St. Francis Prayer to options to end meeting – Roberta B.
- f. How do we want to use the Plain Language Big Book? – Roberta B.
- g. Remove the "If you have had a drink" from the script. Script is already too long and we cant deny a drunk from attending the meeting. – Roberta B.

Close with a declaration of unity. (RP.)