

BEAR CHASE

1 MILE & 5K

JULY 12th, 2025, 1 mile at 8:30AM &
5k at 9:15am.

Thank You to Our Sponsors:

Bertha-Hewitt Sports Boosters

Aksamit Transportation

Astera Health

Lakewood Health System

Wadena License Bureau

St. Cloud Scheels

Star Bank

Valley EQ & Farm

Arvig

Braaten Aggregate

BW Transmission & Repair

Diamond Tool & Engineering

Mason Brothers

Seven One Salon

Sharp's Garage

Shirley's Gas & Grocery

Todd-Wadena Electric Co-op

Heartland Tire

Buford's

Eagle Bend Farm & Lumber Supply

Neils Service Center

Northland Sports Center

Schultz Family Lumber

Walmart

Super One Foods

Course Records:

1 Mile Female Avalee Brown 5:36.1 (2024)

1 Mile Male: Kenny Miller 4:32 (2022)

5k Female: Kendra Miller 20:46 (2023)

5k Male: Kenny Miller 16:39 (2022)

This event is a fundraiser for the
Bertha-Hewitt Cross Country Team

Registration:

- 5k Run: \$30
- 1-Mile Run/Walk: \$20
- 1-Mile/5k Run Double: \$35
- On-Line Registration ends July 10th.
- After June 29th price increases \$5 per race and shirts are NOT guaranteed.
- Race Day Registration is from 7:15 a.m. - 8:00 a.m.
- ON-LINE AT: **RUNSIGNUP.COM**

Make checks payable to:
"Bertha-Hewitt Cross Country"

Send Checks to

BEAR CHASE
1436 7th Street SE
Wadena, MN 56482

For more details/questions call 218-255-3121

Or Email: Kenny.Miller@isd786.org

Course:

-Participants in both races will be shuttled out to the start line and finish in front of the school.

-1 Mile course is all paved. Flat and Fast.

-5k Course small rolling hills and fast!

Awards!

-Preregister to ensure receiving a T-shirt. (Limited sizes/quantities after June 30th.)

-Ribbons awarded to the top three finishers in each division for both races.

-Trophies to the top male and female in both races.

Name (print): _____

Gender: Male Female

Phone: _____

Address: _____

City: _____

State: _____

Zip: _____

Race: 5K Run _____

1-mile Run/Walk _____

1-Mile/5k Double: _____

Age on race day _____

Shirt Sizes: S _____

M _____

L _____

XL _____

XXL _____

Youth Sizes: YS _____

YM _____

YL _____

Age Classes

_____ 0-9

_____ 30-39

_____ 10-14

_____ 40-49

_____ 15-19

_____ 50-59

_____ 20-29

_____ 60+

Knowingly, I am entering this athletic event and hereby waive any and all claims that I may have against the race directors, committee, sponsors, for any injury that I may sustain as a result of my participation in this event. All participants under the age of 18 must have a parent/guardian signature.

Signature: _____

Date: _____

