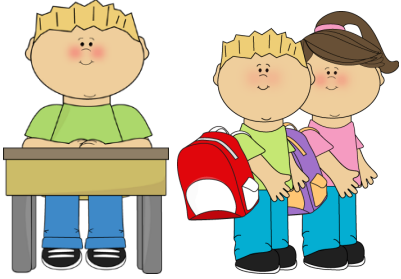
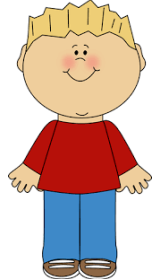


X's Reminders



In your seat or on your feet!



Have a calm body!



Use an inside voice!

