

Mission-Human Motivators

What is painful about my current personal state?

That I'm not financially free and I'm stuck working in a factory which is closing down in a few months time. I can't go out and buy a nice car, travel the world, or buy a nice big house. I'm frustrated that I'm not the ideal body type that I want to be. My mindset is not where I want it to be. I'm worried about my future, I am indecisive, and overthink things too much. And the job that I have is mentally and physically exhausting and I feel tired all the time and I am even doing overtime so I can't help my mum out as much as I used to. I feel sad knowing that my mum is not financially free and works a job she hates. We both work very hard to keep our head above water and in the past she has struggled and has even gone without. She doesn't have many options for other jobs. She is also frustrated that she doesn't have her ideal body type. It hurts my very heart and soul like I have been stabbed or something has torn a hole inside me. My mother has looked after me for all these years and I feel responsible now to try and look after her the best I can.

What is desirable about my dream state?

I would like to be rich so I can live my dream life and buy a nice big house so I can retire my mum and she can live the life she wants and not have to worry about paying the bills anymore. I would like to travel the world with my mum. I would like to have nice cars to drive and I want to be confident and not be indecisive, overthinking things and feeling tired all the time and I would like to have my ideal body and feel happy in myself knowing I'm looking after my family.