

When I [posted](#) on Twitter about evacuating my elderly grandmother and disabled father from Kyiv, Ukraine, I was grateful to receive many suggestions and resources. I wanted to share these with others in the same situation. NOTE: I HAVE NOT VETTED THESE RESOURCES AND CAN'T SPEAK TO THEIR CURRENCY OR VALIDITY. Please [DM me on Twitter](#) if you see errors or have other suggestions to add.

GROUPS FOCUSED ON PEOPLE WITH DISABILITIES OR SPECIAL NEEDS

[Partnership for Inclusive Disaster Strategies](#)

Contact Anna Landre: anna@disasterstrategies.org

[Fight for Right Ukraine](#)

Emergency hotline for disabled Ukrainians needing immediate assistance: +380978831508; office.frr@org.ua

[Hope for Ukraine initiative](#) of the Vulnerable People Project - evacuations and supply delivery.

Contact: HopeforUkraine@protonmail.com

[Quick Help for People in Need of Care](#): “Under the hashtag [#health4ukraine](#), a private group from Germany is now organizing special transports of mobility-impaired people, people in need of care and their relatives to safe areas, as well as the referral of affected persons from the war zone to care facilities throughout all over Germany.”

Contact: +49 151 4073 6351; health4ukraine@health-h.de

[Migrant Offshore Aid Station \(MOAS\)](#)

Contact: info@moas.eu

Avery, helping coordinate evacuations for people with disabilities. WhatsApp contact: +1 (951) 751-3978

[Leslie Templeton](#) - advocate who may be helping to coordinate evacuations of disabled people (send direct message on Twitter)

[Anthony Walker](#) - Canadian medic currently in Ukraine working to get disabled people out.

[Safebow](#): “We work directly with families and individuals to evacuate from Ukraine, prioritizing at risk populations, including children, LGBT, BiPOC, elderly, and disabled individuals.” [Form](#) for those needing evacuation. Eva Dal Canto Rosas is one of the people working with them: evadalcanto@gmail.com. Their fundraising site is [here](#).

JEWISH ORGANIZATIONS

(Many help people who aren't Jewish, but I'm not sure which)

[World Jewish Relief](#)

Contact: judith@worldjewishrelief.org

Raphael Rutman - local leader of Jewish community in Kyiv: Raphael@rutman.com

Chabad has dozens of institutions in 32 cities throughout Ukraine. They are helping people evacuate, supporting them once they're out, and helping them find a community to take them in. They are also helping people who are staying with food and medicine. While efforts are focused on the Jewish community in Ukraine, they help anyone who needs it. Message [Motti Seligson](#) or [Avraham Berkowitz](#) from Chabad on Twitter

24/7 [emergency hotline](#) for Ukrainian Jewish Community, from The Jewish Agency and The International Fellowship of Christians and Jews (in Hebrew, Ukrainian and Russian): 0800504603 (toll-free); 3800638318336; 380674927268.

[JDC emergency hotlines](#) in Ukraine, Estonia, Hungary, Latvia, Poland, Romania, Slovakia, staffed 8:00 to 20:00 local time

Shai Kidishman, handles evacuations in Ukraine for the JDC: ShaiKi@jdc.org; +972-2-655-7334 (office); +972-526-130-156 (mobile)

United Hatzolah: +972522383909. Have rescue workers with ambulances on the ground

[Zaka](#) - has rescue teams on the ground

Shmuel Schpack, Ukraine director for the Jewish Agency. WhatsApp: +972522736210

Rav Moshe Kolomitsev tries to get the elderly out of Ukraine: +436764501430

Erich Nuller is coordinating efforts by the Jewish community in Vienna to get people out of Ukraine: +436648289748 (call or WhatsApp)

FORMS FOR THOSE NEEDING TRANSPORT

[Project Dynamo](#) - Request for Ukraine Evacuation Assistance (English)

[For transport to Polish border](#) (Russian)

[For those requiring transport from the Ukraine border and within the EU](#)
(Russian/English/German/)

[Application for rides from Kyiv](#) (Russian/Hebrew)

CROWDSOURCED RESOURCES

Relocation Options for Ukrainians ([English](#), [Ukrainian](#)) - crowdsourced document managed by Citizens of our Planet. Info on border checkpoints, finding accommodation, Telegram chats for various cities, transfers, translators, legal resources, etc. for multiple countries.

[Help for People in Time of War](#) - crowdsourced site with info for those sheltering in Kyiv (bomb shelters, medicine, transport, etc.) and refugees (trains, buses, checkpoints, leaving with animals or children, etc. (Russian).

[Aid for Ukraine](#) - another resource doc about neighboring countries (English)

OTHER

[Ukraine Trust Chain](#): "We fund 100% volunteer teams in Ukraine who make urgent deliveries, including medicine, first aid, baby formula, food, clothing, and hygienic products. Teams evacuate children and seniors from the front lines — often under fire."

Facebook groups where Poles offer people transport:

<https://www.facebook.com/groups/pomocdlaukrainypl/?ref=share>

<https://www.facebook.com/groups/290696969666388/?ref=share>

<https://www.facebook.com/groups/284537289927955/?ref=share>

<https://www.facebook.com/groups/982985432423602/?ref=share>

<https://www.facebook.com/groups/573431483897290/?ref=share>

To check on family members, provide supplies, or evacuation from Kyiv or Zhytomer to the border, contact Tim Whitney at twhitney@firstnorfolk.org. He works with [Send Relief](#).

For evacuation help in Kharkiv and its vicinity, contact the Polish Center for International Aid: info@pcpm.org.pl, ewakuacja@pcpm.org.pl.

Ariel Remer has helped people evacuate. Message him on [Twitter](#).

Alex Brodski has coordinated transport and lodging for people crossing into Poland and is working with people in the Ukrainian military to get basic supplies deeper into Ukraine. Message her on [Instagram](#) or email alexandrabrodski@gmail.com.

Discord group - [Ukraine Supply](#)

paluxoleg@gmail.com - Contact that supplies medicine and first aid in Kyiv, based in Brovary

[Helplist.io](#): Bulletin board to ask locals for help

Volunteer named Roman who drove someone's elderly mother to the train station in Kyiv and put her on a train: +380 0508344149

Not sure who these folks are exactly, but was referred to them as people who could help:

Ilesia/Йеся: +380935179710

Haim/Хаим: +380633948407

[Ukraine Take Shelter](#) - “an independent platform connecting Ukrainian refugees with potential hosts and housing”

[Grupa Granica](#) - offers info and support for refugees in Poland

[Fundacja Ocalenie](#) - offers info and support for refugees in Poland

[Voices of Children](#) - Polish NGO. “We are providing non-stop assistance to affected children and families from all over the country, providing emergency psychological assistance, and assisting in the evacuation process.”

[Vitafluence](#) — Swiss/German/Kenyan startup helping Ukrainian families with autistic children connect with therapists. They found sponsors to fund the therapy sessions. Email Martin.dober@vitafluence.ai or message on [Instagram](#).

[Online form](#) from Jewish Agency/International Fellowship of Christians & Jews for medical assistance in Ukraine (Russian)

Immigration advice and free legal consultation for Ukrainians trying to find refuge in America: ailalawyer.com; ukrainelegalaid.org