TWIN LAKES ELEMENTARY

Giving our best every day because every child matters

5326 W. Rice Road/PO Box 159 Rathdrum, ID 83858 *Phone*: 208-687-5870 *Fax*: 208-687-5876

Principal: Tiffany Melton **Principal's Assistant**: Rob Edelblute **Admin Assistant**: Heather Mossburgh

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Dear Parent(s)/Guardian(s),

Lakeland School District's elementary school counselors provide support to students through various ways, some of which include informal check-ins, individual counseling, group counseling, and classroom lessons. Some of the areas school counselors provide support in include:

- Academic skills and goal setting
- Social skills and friendships
- Emotional regulation and coping skills
- Conflict resolution and problem solving
- Crisis response and behavioral intervention
- Other life skills and skill building
- Other areas as discussed with parents/guardians, while also following district policy

Lakeland School District Counseling Programs often utilize individual counseling and check-ins to help students maximize school and life success. Individual counseling allows students the opportunity to work on skills in a safe, small setting where they can be supported and skills can be reinforced. Please sign below if you approve of your child's participation in individual, short-term counseling and return to Justine Litzko, the office, or your child's teacher. If you have any questions or concerns, please feel free to contact me at any time. I can be reached at justine.litzko@lakeland272.org or 208-687-5870.

I look forward to working with your child this year!

Justine Litzko
School Counselor, Twin Lakes Elementary

_____ Yes, I give consent for my child to participate in individual counseling and check-ins at TLE.

_____ No, I do not give consent for my child to participate in individual counseling and check-ins at TLE.

_____ _____

Student's Name Student's Teacher

_____ _____

Parent/Guardian Signature Date