

# Facebook Post

Framework -> D-I-C

Subject -> Why most people do not look how they'd like to

V1

Disrupt

There is a reason why all the top athletes look so good.

Intrigue

It's not genetics, luck or even daily workouts.

It is one very important thing that most neglect which prevents them from achieving a healthy-looking body.

Results are only achieved by those who take care of the whole.

Therefore...

Click

Discover a method for a diet used by the best athletes without changing your life plans.